

SILEX SCHOOL OCTOBER 2016 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 omlete or cereal & toast hamburger, sweet potato fries, broccoli, peaches water & milk	4 bagel or cereal & toast chicken quesadilla, shredded lettuce, peas, pineapple water & milk	5 biscuit & gravy or cereal & biscuit chicken nuggets, tator tots, coleslaw, oranges, water & milk	6 breakfast burrito or cereal & toast country fried steak, mashed potato w/gravy, mixed fruit water & milk	7 scramble egg or cereal & toast pizza, salad, applesauce cup, cookie, water & milk
10 omlete or cereal & toast chicken sandwich, french fries, mix vegetable, peaches water & milk	11 danish or cereal & toast taco boats, shredded lettuce, corn, pineapple, water & milk	12 biscuit & gravy or cereal & biscuit chicken nuggets, potato salad, baked beans, orange slices, water & milk	13 pancake on a stick or cereal & toast sloppy joe, tator tots, green beans, mix fruit, water & milk	14 scramble egg or cereal & toast toasted ravioli, salad mix, carrot sticks, baked apples, water & milk
17 omlete or cereal & toast hamburger, sweet potato fries, broccoli, peaches, water & milk	18 muffin or cereal & toast nachos, shredded lettuce, black beans, pineapple, water & milk	19 biscuit & gravy or cereal & biscuit bbq turkey burger, french fries, coleslaw, orange slices, water & milk	20 bagel or cereal & toast hot dog, chip, carrot sticks, applesauce cup, water & milk EARLY OUT!!!	21 NO SCHOOL FALL BREAK!!!
24 omlete or cereal & toast chicken sandwich, french fries, mix vegetable, peaches water & milk	25 cinnabun or cereal & toast burrito, shredded lettuce, red beans, pineapple, water & milk	26 biscuit & gravy or cereal & biscuit chicken nuggets, fried rice, egg rolls, orange slices, water & milk	27 pancake on a stick or cereal & toast pork fritter, potato salad, green beans, mixed fruit, water & milk	28 scramble egg or cereal & toast pasta w/meatsauce, salad, peas, applestick, water & milk
31 omlete or cereal & toast hot dog, tator tots, baked beans, peaches, water & milk				
This institution is an equal opportunity provider.				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on this menu				