

## RIVERTON PARKE LUNCH

Monday	Tuesday	Wednesday	Thursday
1	2	3	4
<p>Pizza Variety SPANISH RICE Broccoli, Frozen-Local JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free Corn, Frozen-Local</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Bosco Sticks-Pepperoni Peas, Frozen-Local JUICE VARIETY GArden spinach salad Smoothie Cup Cottage Cheese-Lowfat Sugar cookie, WG fresh fruit variety Taco Nachos strawberry milk-fat free chocolate milk-fat free White Milk-1%</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Chicken Wrap-local Romaine and Tomato Mix fresh fruit variety JUICE VARIETY SPANISH RICE Carrots-Local Smoothie Cup Cottage Cheese-Lowfat Canned Fruit Variety strawberry milk-fat free White Milk-1% chocolate milk-fat free Taco Nachos</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Chili Uncrustable PB Sandwich fresh fruit variety JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat Taco Nachos Canned Fruit Variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
8	9	10	11
<p>Maxi sticks (Bosco) Tossed Salad W/Romaine JUICE VARIETY Carrots-Local Smoothie Cup Cottage Cheese-Lowfat fresh fruit variety Sugar cookie, WG strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Chicken Nuggets-Local Taco Nachos GArden spinach salad JUICE VARIETY Tomato Wedges Smoothie Cup Cottage Cheese-Lowfat Raisins-Local potato chip variety fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>BBQ RIB/BUN GREEN BEANS-HS JUICE VARIETY potato wedges-variety Leaf Lettuce/Tomato Cherry Crisp Smoothie Cup Cottage Cheese-Lowfat fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free Taco Nachos</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>	<p>Sweet/Sour Chicken Taco Nachos Broccoli/Cheese JUICE VARIETY Smoothie Cup fresh fruit variety Cottage Cheese-Lowfat SPANISH RICE strawberry milk-fat free White Milk-1% chocolate milk-fat free Chocolate Chip cookie, Local</p> <p style="text-align: center;"><a href="#">View Nutrients</a></p>
15	16	17	18
<p>Fish Sandwich Carrots-Local JUICE VARIETY Smoothie Cup</p>	<p>Taco in a Bag Taco Nachos refried beans Black bean and corn salsa</p>	<p>Pizza Variety Tossed Salad W/Romaine Breadstick, WG with Sauce fresh fruit variety</p>	<p>Quesadilla-Variety Green Pepper Strips Carrots-Local fresh fruit variety</p>

<p>Cottage Cheese-Lowfat Baked Beans fresh fruit variety potato chip variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>fresh fruit variety JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat Cinnamon Puff strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat Sugar cookie, WG strawberry milk-fat free White Milk-1% chocolate milk-fat free Taco Nachos</p> <p><a href="#">View Nutrients</a></p>	<p>JUICE VARIETY Taco Nachos Royal Brownie Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>
<p style="text-align: right;">22</p> <p>Spaghetti w/meat sauce, local Romaine and Tomato Mix WG Garlic Toast fresh fruit variety JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p style="text-align: right;">23</p> <p>Pork BBQ Sandwich Taco Nachos Sweet Potato Puffs Baked Beans fresh fruit variety Oatmeal Cookie JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p style="text-align: right;">24</p> <p>Lasagna Roll up GArden spinach salad Carrots-Local JUICE VARIETY Smoothie Cup Breadstick, WG with Sauce Cottage Cheese-Lowfat fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free Taco Nachos</p> <p><a href="#">View Nutrients</a></p>	<p style="text-align: right;">25</p> <p>Bacon Cheeseburger Taco Nachos Leaf Lettuce/Tomato French Fries-Local fresh fruit variety graham Crackers Variety-Local JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis soft planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change professional for assistance in planning for or treating medical conditions.

Friday	Nutrients Avg
<p>5</p> <p>Chicken/Noodles Mashed Potatoes JUICE VARIETY GREEN BEANS-HS fresh fruit variety Wheat Roll/Jelly Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 796 Sodium 1367 mg Carbohydrate 126.28 g 63.5% Saturated Fat 3.99 g 4.5%</p>
<p>12</p> <p>HAM/CHEESE/BUN potato wedges-variety Chocolate Chip cookie, Local JUICE VARIETY Smoothie Cup fresh fruit variety Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>Calories 826 Sodium 1384 mg Carbohydrate 118.73 g 57.5% Saturated Fat 7.14 g 7.8%</p>
<p>19</p> <p>Chicken Patty/Bun-Local Mashed Potatoes/Gravy RP GREEN BEANS-HS fresh fruit variety</p>	<p>Calories 752 Sodium 1307 mg Carbohydrate 115.34 g 61.4% Saturated Fat 4.49 g 5.4%</p>

<p>JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	
<p>Country Style Beef Patty Mashed potatoes/Gravy-Local Broccoli/Cheese Wheat Roll/Jelly fresh fruit variety JUICE VARIETY Smoothie Cup Cottage Cheese-Lowfat strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p><a href="#">View Nutrients</a></p>	<p>26</p> <p>Calories 765 Sodium 1147 mg Carbohydrate 105.23 g 55.0% Saturated Fat 6.05 g 7.1%</p>

ware should not be used for and does not provide menu or substitution without notice. Please consult a medical