

Riverton Parl

Monday	Tuesday	Wednesday
<p style="text-align: right;">1</p> <p>Bacon/Egg/Cheese Biscuit CEREAL VARIETY JUICE VARIETY fresh fruit variety Poptart Variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">2</p> <p>CHICKEN BISCUIT Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">3</p> <p>Blueberry Muffin, WG Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>
<p style="text-align: right;">8</p> <p>BREAKFAST PIZZA Poptart Variety JUICE VARIETY fresh fruit variety CEREAL VARIETY graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">9</p> <p>Pancake on a stick-blueberry Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">10</p> <p>Donut Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety cheese stick Poptart Variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>
<p style="text-align: right;">15</p> <p>Bacon/Egg Pizza Poptart Variety JUICE VARIETY fresh fruit variety CEREAL VARIETY graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">16</p> <p>PANCAKES W/SYRUP Poptart Variety CEREAL VARIETY JUICE VARIETY Raisins-Local fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">17</p> <p>Scrambled Eggs, Local Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety Sausage Links2 Biscuit, WG strawberry milk-fat free White Milk-1% chocolate milk-fat free</p>

		View Nutrients	
22	23	24	
CHICKEN BISCUIT Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety HashBrowns-RP strawberry milk-fat free White Milk-1% chocolate milk-fat free View Nutrients	Breakfast Bagel Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free View Nutrients	View Nutrients Jiffy & Syrup Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free View Nutrients	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and menu planning for a child with a medical condition or food allergy. Ingredients and menu items are provided for informational purposes only. Consult your healthcare professional for assistance in planning for or treating medical conditions.

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Thursday	Friday	Nutrients Avg
<p style="text-align: right;">4</p> <p>Mini Cinnis Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">5</p> <p>BISCUIT/GRAVY CEREAL VARIETY JUICE VARIETY Fruit Cocktail Poptart Variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p>Calories 498 Sodium 575 mg Carbohydrate 91.87 g 73.8% Saturated Fat 3.42 g 6.2%</p>
<p style="text-align: right;">11</p> <p>Good Gravy Pizza Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">12</p> <p>BISCUIT/GRAVY Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety Apricots graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p>Calories 501 Sodium 595 mg Carbohydrate 88.65 g 70.7% Saturated Fat 3.74 g 6.7%</p>
<p style="text-align: right;">18</p> <p>Waffle Stix & Syrup Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety strawberry milk-fat free White Milk-1% chocolate milk-fat free</p> <p>View Nutrients</p>	<p style="text-align: right;">19</p> <p>Apple Frudel Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety Raisins-Local graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free</p>	<p>Calories 488 Sodium 516 mg Carbohydrate 90.24 g 73.9% Saturated Fat 3.01 g 5.5%</p>

	View Nutrients	
25	View Nutrients	26
Good Gravy Pizza Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety APPLESAUCE graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free View Nutrients	Donut Variety Poptart Variety CEREAL VARIETY JUICE VARIETY fresh fruit variety cheese stick graham Crackers Variety-Local strawberry milk-fat free White Milk-1% chocolate milk-fat free View Nutrients	Calories 506 Sodium 570 mg Carbohydrate 91.48 g 72.4% Saturated Fat 3.51 g 6.3%

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d Nutritional Analysis software should not be used for and does not provide menu
 ms are subject to change or substitution without notice. Please consult a medical