

# Mohave Valley ESD

## Student Wellness Policy Evaluation/Review

Review of the school's implementation of the Wellness Policy JL will be part of each school's Site Council responsibilities as charged by the Governing Board in its annual direction to school Site Councils.

Using the attached form, the Site Council will review and/or evaluate the school's implementation of the current policy, providing evidence for each area indicated within the policy. Recommendations for changes will be given as a result of the review, which may be implemented at the school level informally or as part of the school's improvement plan, or recommended for change at the district policy level via meeting with the Superintendent.

Results of the survey/review will be made available to parents through a variety of means which may include the school's website, district website, school site council and/or PTA meeting presentation, school newsletter, district newsletter, etc.

# Mohave Valley ESD

## Student Wellness Policy Evaluation/Review

School: \_\_\_\_\_

Date Completed: \_\_\_\_\_

Completed by (names): \_\_\_\_\_

Yes No 1. Policy Review

The District's Wellness Policy (JL) has been reviewed prior to completing this review.

Yes No 2. Nutrition Guidelines- Cafeteria Food Service

Does the school cafeteria follow all Nutritional Guidelines as established by the USDA in the sale of food during the school day?

Evidence:

Yes No 3. Nutrition Guidelines- School Fundraising

Does the school follow all Nutritional Guidelines as established by the USDA for the sale of food during the school day?

Evidence:

Yes No 4. Nutrition Education

Is the school providing nutrition education for students/families through PE, regular classrooms, county programs, etc?

Evidence:

Yes No 5. Physical Activity

Does the school providing opportunities for physical activity for all students through PE Classes, Free Choice Recess, Structured Activities at Recess, After School Activities, Providing Community Information (AYSO, Little League, ASA Softball, Pop Warner) etc.?

Evidence:

Yes No 6. Physical Activity as Punishment

Does the school discourage the use of physical activity as punishment, or discourage withholding the participation of PE class as punishment?

Evidence:

Yes No 7. Community Use of Facilities

Does the school encourage community access to and student and community use of facilities outside the normal school day?

Evidence:

As a result of our review, we recommend the following changes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Use reverse side if more room needed*

Principal Signature/Date: \_\_\_\_\_