**P.E./GYM RULES**

* **BE ON TIME TO CLASS!**
  -No excuse for being tardy.
* **BE APPROPRIATE!**
         -Attitude and Effort (dress, language, participation, safety, respect, etc.) according to school policy.
* **HAVE FUN!**
     -Enjoy time in class and grow as an individual.

**P.E./GYM PROCEDURES**

* **QUICKLY AND QUIETLY CHANGE INTO P.E. APPROPRIATE CLOTHES AND SHOES!**

-We have minimal time so be quick to prepare for class.

* **WAIT PATIENTLY IN DESIGNATED AREA AND LISTEN FOR INSTRUCTIONS TO START CLASS!**

-No horseplay! Patiently wait for warm-up instructions to start class.

* **ONCE INSTRUCTIONS ARE GIVEN, PARTICIPATE TO THE BEST OF YOUR ABILITY IN ALL ACTIVITIES!**

-Listen to the teacher at all times and try your best in whatever is planned for

the class!

* **SUPPORT YOUR TEACHER AND CLASSMATES AT ALL TIMES!**

-Have a positive attitude and help out whenever you can!

* **WHEN ACTIVITY IS FINISHED, HELP PUT EQUIPEMENT AWAY!**

-It’s your responsibility to put all equipment away neatly and properly.

* **WAIT TO BE DISMISSED!**

-Quickly change out of P.E. clothes and wait to be dismissed for next class.