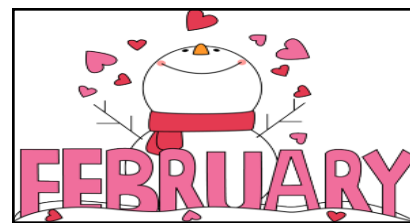


~ COPENHAGEN CENTRAL SCHOOL ~



Newsletter
January, February



Volume 54, Issue 3 January 1, 2017

From the Desk of the Superintendent:

Dear District Residents:

I'd like to share with you a few pieces of news about our district.

2017-2018 School Budget

Over the next four months, the Board of Education and administration will be creating a budget that will be fiscally responsible and continue to offer the students of CCS the quality education that has become expected. Again, it will be a challenge to meet the high standards that have been set with continued declining resources. Although the projections again this year do not look good, it is our hope that the state will live up to its' constitutional responsibility of providing a quality education for all students in New York State. I will be keeping you up to date as we move through the budget season; and if you have any questions or concerns, please do not hesitate to call me.

NEW Mobile App/Mobile Friendly Website

Beginning in mid January we will be launching new communication tools in an effort to increase parental/community engagement through the use of technology. It is an effort to help share all the great things that are happening at CCS. We recognize that a majority of our web audience accesses our website from mobile devices. We want everyone to have a responsive environment that adapts to any device he or she chooses to access from. We feel that this forward thinking design will ensure easy access to necessary information, resources and documents. We hope that these new communication tools will provide our school community with consistent and accurate information by allowing us to publish on several platforms using one interface. We hope to simplify the task of communication by reducing the number of products we use in delivering this important information.

We encourage our CCS community to download the free mobile app in the [Google Play](#) or [iTunes](#) and immediately receive accurate, up to the minute, information concerning our school right from your iPhone, Android or tablet device. School information such as events, sports scores, safety alerts, cafeteria menus, and other pertinent information can also be accessed from our new mobile friendly website with our same web address www.ccsknights.org.

I hope everyone finds these new communication tools useful and if there is ever anything you would like to see on our website or app, please let us know. As always, thank you for your continued support of our district.

Sincerely,

Scott N. Connell



~ Inside this Issue ~

Principally Speaking
Mrs. Ratliff's Message-
Classroom Connection
Library News
National Honor Society
Elementary Counseling
HS Counseling Center
Mobile App
Music Department
Winter Sports Rosters
Fall Sports Wrap Up
Menus

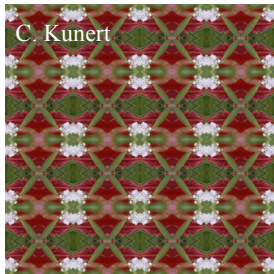
Board of Education

- Lynn A. Murray, President
- Alfred E. Tomaselli, Vice President
- Troy W. Buckley
- Koreen G. Freeman
- Keith Lee
- Robert F. Stackel
- Gabrielle M. Thompson

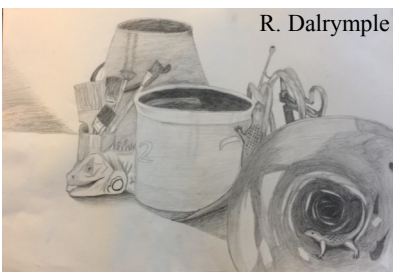
Administration

- Scott Connell, Superintendent
- Nadine O'Shaughnessy, Building Principal
- Pamela L. Ratliff, PK-5 Principal
CSE Chairperson
- Dale R. Munn, Jr. Business Official

Principally Speaking



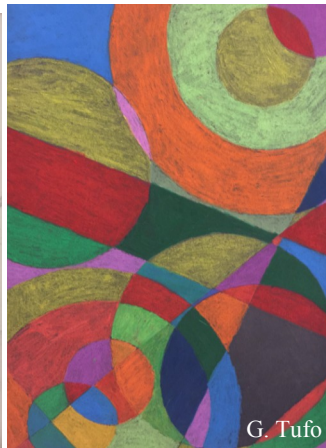
C. Kunert



R. Dalrymple



A. Berghorn



G. Tufo

Resilience

According to the American Psychological Association, resilience is “the ability to adapt well to adversity, trauma, tragedy, threats or even significant sources of stress [which] can help our children manage stress and feelings of anxiety and uncertainty.” Without resilience, one can not overcome the hard things in life. Our children need to learn how to be resilient, and in many ways that means they need to experience small hardships under our guidance so that they will know how to handle large hardships later in life. After all, it’s the struggle that makes us strong. Some tips to help your children develop resilience include:

1. Don’t accommodate every need.
2. Avoid eliminating all risk.
3. Teach them to problem solve.
4. Teach your kids concrete skills.
5. Avoid “why” questions.
6. Don’t provide all the answers.
7. Avoid talking in catastrophic terms.
8. Let your kids make mistakes.
9. Help them manage their emotions.
10. Model resiliency in your own daily behavior.

For more information about resilience, go to <http://psychcentral.com/lib/10-tips-for-raising-resilient-kids/00017272>

OR <http://www.apa.org/helpcenter/resilience.aspx>

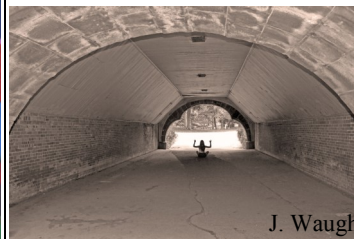
BOCES Names “Students of the Quarter”



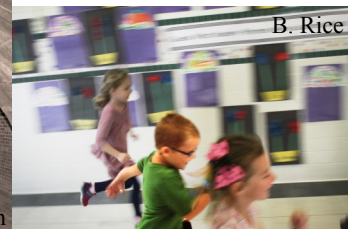
BOCES
Pursuing Excellence

Howard G. Sackett and Bohlen Technical Centers have named their “Students of the Quarter.” Each instructor is allowed to select one student who has exhibited “outstanding qualities” in their program.

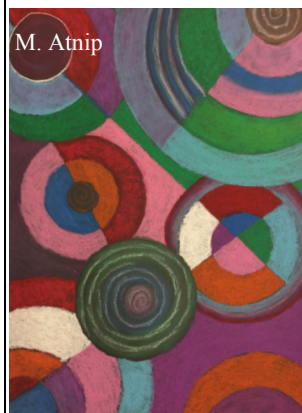
This quarter **Ashley Bridge** was selected for her high academic achievement, great effort, great citizenship and positive influence on the class in Automotive Technology II. Congratulations, **Ashley!**



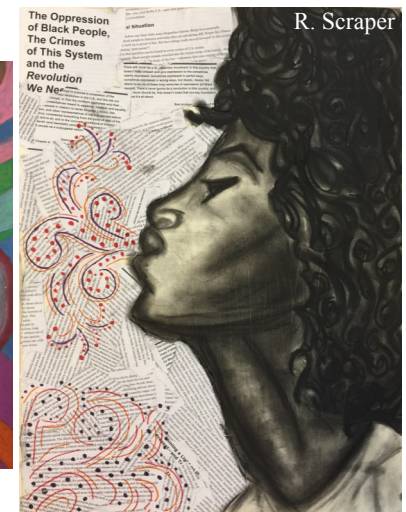
J. Waugh



B. Rice



M. Atnip



R. Scraper

The Importance of Attendance in School

According to a report from Johns Hopkins University, “**Students need to attend school daily to succeed.** The good news of this report is that being in school leads to succeeding in school. . . . and absence of even two weeks during one school year matters. Attendance also strongly affects . . . graduation and dropout rates.” For more information, go to

<https://ct.global.ssl.fastly.net/media/W1siZiIsIjIwMTQvMDgvMTUvMjE1dnkya3BzOF9GSU5BTENocm9uaWNBYSnNlbRlZWlzbVJlcG9ydF9NYXkxNi5wZGYiXV0/FINALChroni>

A Message from Mrs. Ratliff...

Welcome 2017!



As we prepare to ring in 2017, let's look back at how elementary students finished out 2016!



Kudos to Mrs. Graves, Miss Hall, and their talented cast and crew for their production of *Dinosaurs Before Dark*. Both performances were well attended and everyone involved did an amazing job!

Connected learning experiences popped up throughout the elementary as 2016 neared its end. Among these experiences 2nd graders connected with classrooms from schools within our region asking and answering questions to guess a *Turkey Disguise*.



The North Country Family Health Center's Mobile Dental Clinic is up and running. What a great way for students to brighten their smiles!

Looking forward to great things in 2017!

Our Wee Knights Preschool Program begins Jan. 4th. Please call Mrs. Shambo for more information!



**HEALTHY
PLAYGROUND
MAKEOVER**
sweepstakes

Want to help us win an extreme playground makeover? It only takes a moment to enter each and every day!

<http://www.togethercounts.com/healthy-playground-makeover>

CLASSROOM connection

Pre-K

Ms. Macaluso

I hope everyone had a relaxing, joyous Christmas and New Year!

We will continue to stress letter sounds, number recognition through 20, counting, fine motor skills, social skills, and countless other skills. Please know that at any time if you have any questions, concerns, etc., you can always call or e-mail me, and I will be happy to provide you with whatever information you need.

We continue to make modifications to our program to meet the diverse needs of our class. Our two main centers will be Math and Literacy. Other centers will be more self-directed, and students will be developing other skills, such as fine motor through activities such as arts and crafts, puzzles, file folder games, etc. Our themes will revolve around winter and Valentine's Day. We will also be working through our module, Families and Communities. The modules are presented according to New York State guidelines. We think students will find this module to be most interesting and informative. February, already a short month, will be even shorter with our Mid-winter break the third week of the month. Our themes will probably extend into March as a result. I am looking forward to the rest of the year. Thank you, parents, for your continued support. Last year I would add an article to each of my newsletters providing interesting and helpful information regarding ways of understanding and helping your pre-kindergartener as he/she goes through the year. I hope you find them helpful.

Early Reading Strategies for Children and Parents As a parent, you can lay the foundation for learning and reading readiness in your child by implementing some of the following reading strategies and activities.

A Four-Year-Old's Development: Milestones and Achievements

This article should give you a good idea of what to expect physically, intellectually, emotionally, and socially during this stage of your four-year old's development.

Four-Year-Old's Development: Physical

At age 4, most children can run well and are capable of more complex physical tasks, such as hopping on one foot, performing a standing broad jump, or throwing a ball overhand. Four-year-olds are proficient with crayons, pencils, and other drawing/writing implements. They can also use scissors (albeit not particularly well). At this age, children are usually self-sufficient in attending to bathroom needs, and can wash and dry their face and hands without adult supervision. They can also dress themselves for the most part (although ties and other complicated articles of clothing may present a bit of a problem).

Four-Year-Old's Development: Intellectual

Most four year olds have mastered a vocabulary of well over 1,500 words, and are capable of speaking in complete sentences. They can also draw simple, recognizable objects. Children at this age are highly imaginative and just learning to generalize, which leads to them asking endless questions. At this age, many children develop a dramatic streak.

Four-Year-Old's Development: Emotional

Four-year-olds often engage in "bad" behavior in an effort to test boundaries and authority. As they become more confident and sure of themselves, their attitude often manifests as defiant. At age 4, most children are capable of understanding and making decisions, and will be more amenable to reason than younger children. Allowing four-year-old children to make their own choices within a controlled environment is a good way to maintain control while still giving them a sense of freedom.

Four-Year-Old's Development: Social

At age 4, children are generally more sociable and enjoy the company of other children. They'll often engage in cooperative play on their own, and may engage in loosely-organized group games, such as tag. Four year old children are talkative and versatile, capable of adapting to a number of social situations. While these achievements are an important part of any four-year-old's development, it's important to remember that the specifics may vary from child to child. Some may achieve these milestones earlier, while others may

come into them later. If you have any questions or concerns about your four-year-old's development, you should bring them up with your child's doctor or teacher.

Kindergarten

Mrs. Scholler/Mrs. Mulvaney

The month of December was very busy with daily Read Alouds, daily review of kindergarten words, ELA skills and math lessons. In addition, we are working on number formation and measurement. Please continue to read with your child every evening and point out Kindergarten words in the books you read.

We would like to thank GLD **Tree Farm** for a fun time and for their generosity. The Kindergartners had a great time selecting trees for the classrooms, a snack, a wagon ride and a craft.

It was nice to see so many of you at our Christmas Craft Day!! The students made several Christmas keepsakes to be cherished for years to come. It was fun a morning for the kids and adults alike.

Universal Screening was completed in December for Response To Intervention model. If your child will begin receiving additional support, you will be notified. Your child may become Tier 1, which is extra support in the classroom and progress monitoring by the classroom teacher. Students in Tier 2 or Tier 3 will work outside of the classroom, with a reading teacher.

Thank you for all of your support with the math homework that is sent home daily. The children are moving nicely through the math modules and doing well with the skills we are introducing. Module 3 is 32 lessons, so we will spend most of December and into January working on this module, **Comparison of Length, Weight, Capacity and Numbers 1-10**. In addition, we will be working on oral counting through 50 and recognizing numbers through 20.

In ELA, we will be working on the following Read Aloud modules: Farms and then Native Americans. The children

are all encouraged to participate during the questions at the end of each Read Aloud to check for understanding. Please remind your child to participate in answering questions. We will be working on Unit 5 of ELA Skills after Christmas Break. We will be manipulating sounds to make and change three letter words, begin reading simple phrases and sentences and working on correct letter formation.

The month of January will be very busy with reading and math modules, daily review of Kindergarten words and counting aloud to 50. We will begin our goal of counting aloud to 75. The school year is now half way done and our kindergartners are preparing for first grade. In addition, we are reading simple phrases and simple sentences in ELA.

We will celebrate Valentines Day, as well as the 100th day of school in the month of February. More information will be sent home about our Valentines Day party as it approaches. **We will be sending home a class list in the beginning of the month. The completed valentines should be sent to school by Friday, February 10 to allow adequate time to sort them in the classroom.** Our classroom Valentine's Day Party will be on February 14. Reminders for supplies will be sent home the week prior. Thank you for your continued support.

In math we will be working on Module 4, Number Pairs, Addition and Subtraction to 10. We will be doing a lot with number bonds and decomposing bigger numbers to help with addition and subtraction. This module is 41 lessons, so we will be working on this in March, as well.

We are moving right along with Read Aloud and will be going into Kings and Queens after we finish up Native Americans. We will also continue with our ELA skills lessons and will be getting into our readers. The children will be bringing home stories to practice at home. Any additional support/review will be very beneficial

with re-reading these stories.

Please continue to work on shoe tying at home. It is so much easier with changing shoes multiple times throughout the day, if the children can independently complete this task.

Grade 1

Mrs. Hefferon and Ms. Strianese

Happy New Year! Hope everyone is well-rested from your vacation. This month spelling begins. A list of five words comes home on Mondays and the tests are on Fridays. The words will be sight words that have been introduced.

The first grade is starting its read aloud unit on the human body. This can make for some interesting conversations! Ask your child what he/she has learned.

We completed our first science unit on Balance and Motion. The students are excited about our investigations!

We are continuing to write simple sentences. We are reinforcing a capital letter at the beginning, a period at the end, and spacing between words.

Remember there is outside play on Fridays and the children must have snow pants, boots, hats, and mittens.

February is Fairy Tale month. We will be reading familiar and not-so-familiar fairy tales.

Please continue to encourage daily reading and practice of the basic addition facts to ten. Practice with word recognition, comprehension skills and math facts will increase fluency and confidence.

First graders often mispronounce words. Please correct their pronunciation when you notice mistakes. Mispronunciations can become bad habits. They may interfere with their ability to spell correctly.

Look for information about our Valentine's Day party to be coming home soon.



Grade 2

Mrs. Zehr and Mrs. Day

Mrs. Day and Mrs. Zehr would like to wish you a Happy New Year!

Math Facts- As the New Year begins, let's keep working on learning those math facts. A little bit every night helps build those skills.

Spelling- Continue looking for the spelling lists on Mondays. Do not throw the old lists away. These can be reviewed throughout the year. Often kids learn words for just one week and then forget them the next week. Also, our spelling lists are soon going to go from 10 words to 15 words.

Vocabulary Study begins in January. A set of flashcards will be sent home on Mondays. A test will follow on Fridays. More information will be sent home soon.

Later in January- Flat Stanley will be ready to go traveling again. Every student will be sending Stanley off for an adventure, so start thinking of a friend or relative who would like to have fun helping your child with this fun project.

Valentine's Day -It is hard to believe we are writing to you about a Valentine's Day Party. Your child should be coming home with a list of students to help address all those valentines. The party will be held on Feb. 14th. Please send in a cardboard 2qt. milk or juice carton so that your child can make a mailbox.

Want to Know What's Happening in Our Classroom... For an update on what is happening in our rooms each week, look for the weekly letter that goes home every Friday. It is a good resource for our parents.

***Please remember, as the weather gets colder and we start to get snow, to send in winter clothing. We will be going outside as long as it is not too cold.



Grade 3

Mrs. Muncy and Mrs. Virkler

Happy New year from Third Grade! December was full of wonderful crafts and projects that represented the different holidays celebrated around the world. They tied in great with our on-going research about communities across the globe. Thank you so much to everyone who sent in supplies and participated in our fun Craft day. It was much appreciated and the kids had a lot of fun!

In January, we will continue to learn about ancient Rome in Social Studies, through a web quest and challenge where students earn "denarius" to add to their Roman shields. Students will also continue to delve into our FOSS kit on measurement where they learn about what it means to be a scientist, how collaboration helps us grow and learn, and gain a further understanding of the metric system.

In math this month, third graders will continue to learn how to multiply and divide, along with learning about area in module 4. Students are working on making sure they have included all the requirements for each question, and have answered every step that the question is asking. We have been emphasizing the continued following of specific directions. Please continue to read and practice math facts nightly with your child. Many students are moving right along with their math facts and gaining "ice cream scoops" quickly.

The whole elementary will be taking part in a Snow Tubing Day in Mid January! This is always a fun and exciting day for the students.

As always, let us know if you have any questions or concerns. Have a wonderful month!



Grade 4

Mrs. L'Huillier and Mrs. Farney

Happy 2017! In fourth grade, we are looking forward to the exciting learning, as well as the familiar routines, that a new year will bring to our classrooms.

Our Mystery Readers have been very enjoyable, and will hopefully continue. Thank you to all the family members who have spent time reading wonderful books to the boys and girls!

It has been great to learn about Magnets in Science. The hands-on experiments, teamwork, and scientific thinking has been amazing. In ELA, our Middle Ages unit has been very interesting, and learning about long division in Math has gone very well.

Fourth graders have also enjoyed going to the new Maker Space in the Library. The STEM type of activities challenge students to think, create, and solve problems in new ways.

Thank you for your continued support with sending in snow-clothes. It's fun to go outside and go sledding every day!



Bowling Club

Bowling Club will start Wednesday January 4th- March 15th and is open to students 6-12 grade. We will leave after school and go to Pla-mor Lanes in Watertown. The cost is \$3.00 per week. We will be back in time for students to catch the late bus. This year there will be free weekly drawings for food/drinks available at the bowling alley. Sign-up sheets will be posted in the main office every week. This is a great way for students new to the area or for the students who don't play sports to get out and socialize with others. Any questions please feel free to email Dora Dorchester at ddorchester@ccsknights.org or call me at school after 3:00. I'm looking forward to a great season!!



Library News

On November 3rd, over 50 parents and students from the Copenhagen community came together in the school library for its fall Family Literacy Night. Families had the opportunity to participate in board games, storybook Bingo, or they could check out the new library Makerspace activities.

The students really enjoyed creating their own "I spy" in a bottle. Everyone was treated to a snack of cheddar apple pie mix and each child was allowed to select a paperback book to take home.

The library staff would like to express a very sincere thank you to our volunteers: Rebecca Sullivan, Bethany Freeman, Shawna, Courtney & Collin Johnston, Keisha Tuttle and Rebecca Scholler. We would also like to recognize Copenhagen Central School's *Designs by Knight* student operated business for their donation of an embroidered hoodie which was awarded as one of our door prizes.



Book Fair Reflection

Our annual Scholastic Book Fair was, once again, a great success. Many thanks go out to the CCS community for their tremendous support. The book fair profits are used to support the library's Reading is Fundamental (RIF) Program.

We would like to thank our volunteers who gave so generously of their time to assist with this year's fair. They include: Kathy Doolittle, Ruth Huntley, Jill Micek, Marcia Mundy, Judy St. Louis, Kayla Schulz, Rebecca Sullivan, Betty Swain and Shawna & Jay Johnston.



NATIONAL HONOR SOCIETY NEWS



The Copenhagen Central School George S. O'Brien Chapter of the National Honor Society will induct new members on March 8th, 2017 in the school cafeteria at 6:00 PM. We look forward to inducting some exceptional new students to this honorable organization. For questions regarding National Honor Society please see the CCS Website or contact Mrs. Krisha Greene kgreene@ccsknights.org.

Also note.. The National Honor Society Recognition Program hosted by the Jefferson-Lewis School Board Association will take place on March 29, 2017 at 6:00 PM in the auditorium of the Watertown High School. This is a wonderful event for all National Honor Society graduating seniors and is mandatory for CCS Senior Honor Society members to attend. Transportation to and from this event will be provided for our NHS members. Parents are welcome and encouraged to attend. Admission charge for the program is \$4.00 each for NHS members and family members wishing to attend. Mrs. Greene will be collecting RSVP's and payment in February.

Elementary Counseling

Copenhagen Central School

Careers on Wheels

Career development in elementary grades revolves around awareness. We were fortunate to host a Careers on Wheels day and great community support. The students were so excited and curious about all the different vehicles in the parking lot. The volunteers were so gracious and shared tons of information with our students. The students came away full of knowledge that they couldn't wait to share with each other and their teachers. I hope they shared with you at home as well! Thanks to Groff's Towing, Powis Construction, Copenhagen Fire, Lewis County Search and Rescue, 10th Mountain Division, ABay Coast Guard Station, NYDOT, NY State Troopers, Selley's Lawncare, and Kennell Farms for the time donated to our school. Another thanks to Kim Vogt, Designs by Knight, and Vito's Gourmet for providing meals for our volunteers.



The Great Kindness Challenge

January 23-27 2017

The Great Kindness Challenge is a week celebrated around the United States devoted to performing as many acts of kindness as possible. Last year over 5 million students participated and performed over 250 million acts of kindness! Copenhagen students will be joining students across the country to increase kindness and respect at our school and in our community. If you are interested in volunteering some of your time to help make this week amazing, please contact me. Look for more information soon!



Christina Petersen, School Counselor

✉ cpetersen@ccsknights.org

☎ (315) 688-4411



COUNSELING CENTER NEWS



College Acceptances

Scholarships and Awards

Aidan Church, son of Rob Church and Michelle Johnson, has been accepted at **Mohawk Valley Community College (MVCC)** in the Electrical Engineering Technology program. Congratulations!

Ryan Ferrell, grandson of Debra Bleakley and James Bleakley, and son of Laura and Ryan Ferrell, has been accepted at **Mohawk Valley Community College (MVCC)** in the Liberal Arts & Sciences—Psychology program. Congratulations!

Jonna Kloster, daughter of John and Christy Williams and John Kloster, has been accepted at **Herkimer County Community College** in the Liberal Arts & Sciences—Mathematics program, and at **Southern Union State Community College** in an undeclared program. Congratulations!

Cassandra Kunert, daughter of Prudence and Joseph Greene of Copenhagen and Chris and Lori Kunert of Lowville, has been accepted at **Russell Sage College** in the Political Science program. Congratulations!

Cassandra Kunert, daughter of Prudence and Joseph Greene of Copenhagen and Chris and Lori Kunert of Lowville, has been selected to receive the **Russell Sage College Trustee Excellence Award** in the amount of \$72,000 (\$18,000 per year) in recognition of her accomplishments. Congratulations, Cassandra!



Wendy's High School Heisman Award

Maci Spaulding, daughter of Roxanne Spaulding and Thomas Spaulding, has been selected as a **Wendy's High School Heisman Award State Finalist**. The Wendy's High School Heisman Award recognizes outstanding high school seniors nationwide who excel in athletics, academics and community leadership and has recognized exceptional student athletes for more than two decades. The program continues to provide a platform where students are acknowledged and rewarded for their hard work and also inspired to continue their success. Congratulations Maci!

BOCES

"Student of the Quarter"


Congratulations to Ashley Bridge, who was awarded the BOCES "Student of the Quarter" honor for the first quarter of the 2016-2017 school year:



H. G. Sackett Technical Center recognized Ashley for being selected in "Student of the Quarter" program in recognition of her high academic achievement, great effort, great citizenship and positive influence on the class in Automotive Technology II.



January 2017 Regents Exam Schedule

Tuesday, January 24	Wednesday, January 25	Thursday, January 26	Friday, January 27
8:15 AM	8:15AM	8:15 AM	8:15AM
Global History & Geography Physics	Living Environment Chemistry	U.S. History and Government Earth Science Geometry (Common Core)	Algebra II (Common Core)
12:15 PM	12:15 PM	12:15 PM	
English Language Arts (Common Core)	Algebra 2/Trigonometry (2005 Learning Standard)	Algebra I (Common Core)	

January Regents exams are offered to students who must retake an exam to earn a passing grade, or choose to retake the Regents for a higher score.

HOBY AMBASSADOR



Hugh O'Brian
Youth Leadership

(Left) Madison Freeman, daughter of Kerry and Lisa Freeman, has been selected as Copenhagen's HOBY Ambassador. Madison will have the opportunity to take part in a weekend leadership seminar at Utica College this spring with other HOBY Ambassadors from around the state. **(Right) Alicia Berghorn**, daughter of Tim and Kim Berghorn, was selected as our Alternate HOBY Ambassador and will also be attending the HOBY Youth Leadership seminar. Madison and Alicia each wrote an essay about leadership as part of their applications for HOBY. **Congratulations Madison and Alicia!**





More Counseling Center News...



Sophomores to visit BOCES and JCC

On December 6th several instructors from the Howard G. Sackett Technical Center visited Copenhagen to meet with all sophomores in their Consumer and Financial Management (CFM) class. This presentation introduced sophomores to the vocational programs offered at BOCES. On January, 10th, they will have the opportunity to visit the Technical Center to learn more about two programs. The students will then visit JCC in the afternoon. Any parent wishing to come along on the visit is encouraged to contact Mrs. Gillette in the Counseling Center. This spring, sophomores will need to decide whether they will choose to attend BOCES for a vocational program next year or stay at CCS for more college preparatory courses. The courses presently offered at the technical center are as follows:

- Applied Business Technology;
- Auto Body Technology;
- Automotive Technology;
- Business Computer Technology;
- Carpentry;
- Cosmetology;
- Criminal Justice;
- Culinary Arts;
- Early Childhood Education;
- Electrical Wiring Technology;
- Environmental Conservation & Forestry;
- Gas & Diesel Mechanics;
- Medical Careers;
- New Vision: Health Career Exploration (Seniors);
- Nursing Assistant;
- Veterinary Practices;
- Visual Communications.

If you would like more information, please call Mrs. Gillette in the Counseling Center at 688-2573 or Mallory Sullivan-Douglas, Coordinator of Work Based Learning Programs at the Technical Center at 377-7300.

“Parents: Check Your Kid’s Texts”

(CNN) - “If you think you are tech savvy all because you know what “LOL” means, let me test your coolness.

Acronyms are widely popular across the Internet, especially on social media and texting apps, because, in some cases they offer a shorthand for communication that is meant to be instant.

So “LMK” - let me know - and “WYCM” - will you call me? - are innocent enough. And it helps for a parent to know that “PIR” means parent in room, which could mean the teen wants to have a conversation about things that his or her mom and dad might not approve of.”

Read more on this CNN article and view a list of 28 acronyms and what they mean on the following link:

<http://www.cnn.com/2014/12/08/living/internet-acronyms-every-parent-should-know>.

Attention Parents of Juniors

Parents of Juniors are asked to call the Counseling Center to schedule a meeting with Mrs. Gillette. The purpose of the meeting is for all three parties, (parent, student, counselor) to review the students’ plans for after graduation, whether it be college, workforce, or military. We will review your child’s grades and assessment scores (PSAT, ASVAB, ACT Plan) to help in selecting the best post-secondary choices. Mrs. Gillette is available to meet during or after school. The meetings generally take 30—45 minutes, and are most often scheduled during the students’ study hall period. Please call Mrs. Prince at 688-2573 to schedule your appointment.



More Counseling Center News...



June Regents

June Regents Exams will be administered on Tuesday, June 13th, through Tuesday, June 20th. Please mark your calendars!



Scholarships for Seniors and College Students

The Norbert L. Gazin Scholarship is open to students who: (1) were born in Lewis County or living in Lewis County at the time of birth, (2) resident of Lewis County for the past five years; (3) will be/are a graduate of a Lewis County High School, (4) have no felony convictions. Any student interested should stop by or call the Counseling Center (688-2573) for an application after February 1, 2017. Applications are due back to the Counseling Center by mid-March 2017 (no exceptions). Current college students must have a cumulative transcript enclosed with application.

Seniors, continue to research scholarships!

Junior Year is the Time to Begin YOUR College Search

Careful preparation before your senior year can take a lot of the worry out of choosing the college that's right for you. Here are some guidelines to help you along in that search.

- **February:** Talk to Mrs. Gillette about college entrance requirements. Make sure the classes you're planning to take your senior year are academically challenging. Colleges like to see as many solid classes as possible on your transcript. What do you hope to get out of a college education? While "undecided" is the most common major among college freshman, it is a good idea to start researching colleges to see what's available. Meanwhile, check with the counseling office about spring dates for the ACT and SAT I.
- **March:** Register for April, May, or June standardized test dates. Check with colleges to see which tests they require. You may need to take both the SAT I and the ACT as well as SAT II subject tests. Watch for information which can help you prepare for these tests. Registration Deadline for the April 8th ACT is March 3, 2017.
- **April:** If you took the PSAT last fall, you will be getting plenty of mail from colleges. Start to really consider what different schools have to offer and how closely they match your interests. If you haven't heard from some schools you're interested in, call them and ask for information. Deadline for the May 6th SAT is April 7, 2017.
- **May:** Start to organize your search. You may want to keep a separate folder of material from each college you're considering. On a single piece of paper, make a comparative chart of the most important offerings at each school. Start another chart listing critical deadlines for applications and financial aid. Deadline for the June 10th ACT is May 5, 2017. Deadline for the June 3rd SAT is May 5, 2017.



Workforce 2020

On Thursday, November 3rd, over 100 local employers performed mock interviews with students across the north country. After a few weeks of updating resumes, researching companies, completing job applications, and perfecting interviewing skills, our CCS seniors were ready to meet with employers. They did great and received positive feedback from employers!



Above Left to Right: Carlos Huerta-McDonald and Brian Rice review their resumes with various Lewis County and Jefferson County program/business representatives. Ashley Bridge waits her for her turn to be the same. **(Right)** Noah Ramer listens and learns interview techniques from a company representative.



Above Left to Right: Cassandra Kunert reviews her resume and interview skills. **Right:** Tiana Witham and Hallie Freeman learn more about local opportunities from local business representatives.

Christmas Sharing

On Monday, December 12th, student volunteers accompanied Mrs. Gillette to the Lowville Elks Lodge to help sort food and pack boxes all to help a program called Christmas Sharing. The program, involving donations from many local companies and community members provides boxes of food and often gifts for those in need during the holidays. This year, over 700 children in Lewis County are being served. If you find that you would benefit from such assistance, be sure to contact Nicole Grandjean, Cafeteria Manager, to learn more about our CCS BackPack program.



Top Left: Student volunteers start off by sorting food products for the Christmas Sharing food boxes, a beneficial community program. Students shown above (all seniors) are: Cassandra Kunert, Carlos Huerta-McDonald, Ethan Atnip, Noah Ramer, and Brian Rice. **Top Right:** Carlos, Noah and Cassandra (background) work together to pack the many donation boxes. **Bottom Left:** Cassandra, Noah, Carlos, Brian and Ethan (background) get ready to bag canned goods. **Bottom Center:** Brian, Noah, Carlos and Cassandra bag more donated items for the food boxes. **Bottom Right:** Cassandra, Carlos and Ethan get ready to close up the packed boxes for delivery—job well done! Thank you to our students volunteers!



RISE/College Access Challenge Grant Field Trip to Syracuse University and LeMoyne College

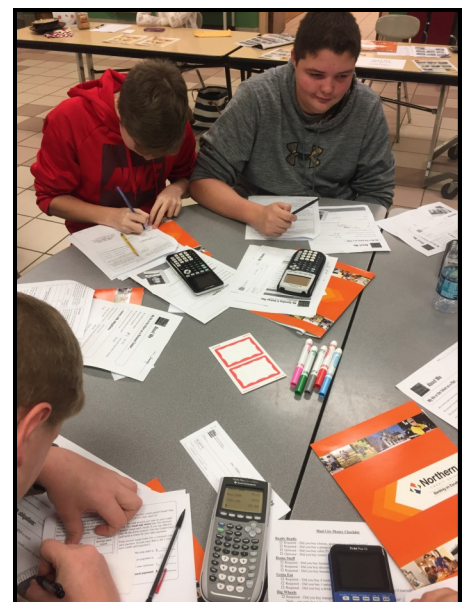
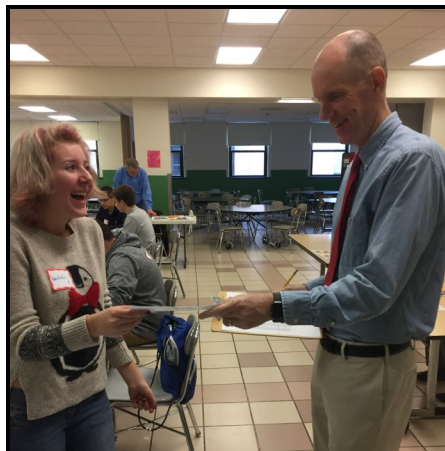
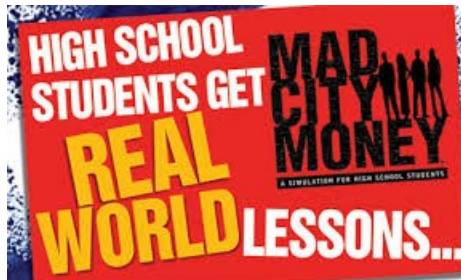
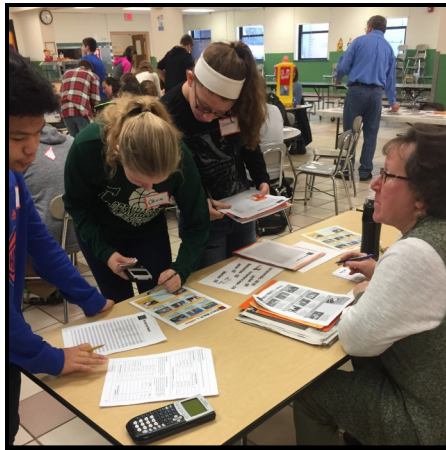
On Thursday, December 1st, high school students had the opportunity to visit Syracuse University and Le Moyne College campuses. Students learned about academic programs, admissions requirements, and viewed dorm rooms and classrooms while touring the campuses. Any student interested in visiting campuses should see Mrs. Gillette in the Counseling Center. Students are shown below at Syracuse University (below LEFT) and Le Moyne College (below RIGHT, BOTTOM row), where they were given a campus tour by a student guide and met for student informational sessions.



Mad City Money™

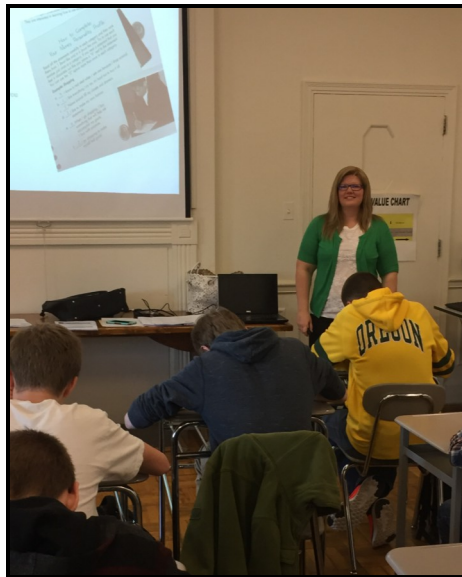


On Wednesday, November 16th, Cornell Cooperative Extension Association of Jefferson County in conjunction with Fort Drum Rural Initiative for STEM Excellence (RISE) and Copenhagen Central School hosted a money management simulation for students called Money City Money™. The goal was to help teens be money savvy and we believe this real world simulation helped the district to meet this goal. Pictured below are students participating in the various simulations.

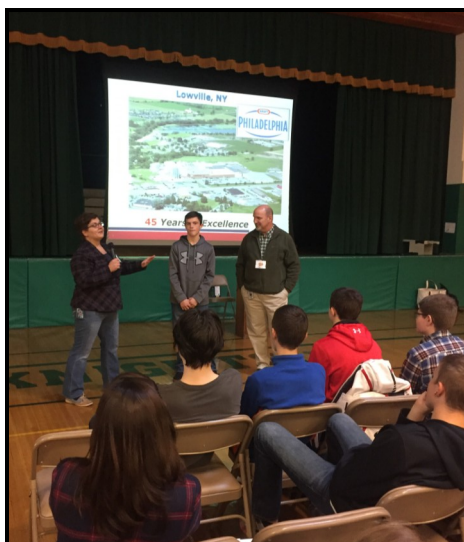


Career Week and FUTURES! DAY

All CCS students participated in **Career Week** programs from November 14th through November 18th and on Friday, November 18th, all High School Students participated in a **FUTURES DAY**. Activities during **Career Week** included: door decorating contest, Health Careers 101 presentation by Santina Baker from the Fort Drum Regional Health Planning Organization, career research projects for grades 6-9, Dress for Success Day contest, Career Jeopardy, Mad City Money™ simulation, and a Career on Wheels presentation. The FUTURES! Program involved the following presentations: **Hot Jobs!** by Cheryl Mayforth of The WorkPlace, **How to Get Hired and Not Fired!** by Amanda Jackson and Tom Kotasek of Kraft Heinz Foods, **STEM Careers Presentation** by Dr. Andy Wolfe, Interim Dean-College of Engineering, SUNY Polytechnic Institute, and **Financial Survival in the Real World!** by Rochelle Runge, Financial Educator at Cornell Cooperative Extension. Some photos of the week's events are shown below.



Presenters for **FUTURES!** Included (above Left): Cheryl Mayforth, The WorkPlace; Rochelle Runge, Cornell Cooperative Extension, Dr. Andy Wolfe, SUNY Polytechnic Institute, (below Left) and Amanda Jackson and Tom Kotasek from Kraft Heinz Foods. (Below Right) Lukas Sullivan and Brigitte Gillette has the same career in mind when they “dressed for success.”



Quarter 1 Honor Roll

High Honor Roll

(94.5—100)

Grade 6: Xander Bogert,
Alyssa Fitzpatrick

Grade 7: Owen Bogert

Grade 8: Mandalynn Atnip,
Peyton Walker

Grade 9: Keyan Deom

Grade 10: Olivia Aubin,
Alicia Berghorn, Taylor
Ridsdale, Emily Scholler

Grade 11: Caleb Moser

Grade 12: McCaffrey Carroll,
Ashley Gardner, Cassandra
Kunert, Noah Ramer, Dylan
Rose, Dustin Snyder, Maci
Spaulding, Hope Woodruff

Honor Roll

(89.5—94.4)

Grade 6: Joseph Ferguson,
Kaitlyn Goutermout, Cadence
Mitchell, Madalyn Munn, Grady Pe-
tersen, Aubree Smykla, Taryn
Twombly

Grade 7: Chase Aubin, Charli

Carroll, Mahkayla Cole, Tayte Deom,
Courtney Johnston, Hailey Martin,
Joseph O'Brien, Emily Rose,
Jonathan Smith, Cole Souva, Duncan
Zubrzycki

Grade 8: Allison Best, Meaghen
Fitzpatrick, Lucas Graves, Darby
Murray, Riley Pierce, Cody Powis,
Ariana Rivera-Corona, Lukas Slate,
Brooke Smykla, Anna Spaulding,
Shareef Stokely, Garrett Tufo, Allison
Villeneuve

Grade 9: Samantha Aubin,
Shannon Aubin, Olivia Buckley, Riley
Dalrymple, Mason Davis, Johnathan
Fitzpatrick, Joshua Gardner, Chelsey
Hancock, Adam Hermanson, Logan
Patterson, Shyla Rumble, Morgan
Smith, Emma Spaulding

Grade 10: Tristan Cole, Madison
Freeman, Roderic Galster, Alexandra
Steele, Aaron Tan-Alberto, Ashley
Young

Grade 11: Stephanie Aubin,
Olivia Carroll, Hailey Ferguson, Jacob
Graves, Kiersten Hancock, Zachary
Herbert, Lukas Sullivan, Gon Tomas,
Hailey Tweedy, Sarah Wilder

Grade 12: Ethan Atnip, Erica
Culver, Jenna Doolittle, Hallie
Freeman, Katlin Hayden, Alysa
Herzig, Dawson Moser, Brian Rice,
Andrea Travis-Millet, Brandon
Weiler, Tiana Witham

Merit Roll

(84.5—89.4)

Grade 6: Destiny Cheek,
Emma Johnson, Joshua
L'Huillier, Hayden McAtee,
Dylan Petrie, Halynn Russell,
Faith Staplin, Aliza Villeneuve,
Garret Walker

Grade 7: Brooke Berghorn,
John Boardman, Madison
Buker, Andrew Carroll, Tyler
Chereshnoski, Piper Cousins,
Raegan Dalrymple, William
Ellis, Brianna Evans, Ethan
Howard, Tanion Jacobs, Jewel
Williams, Onnika Wood

Grade 8: Joshua Freeman,
Noah Lepper, Alexandria
Marolf, Emily Mathous, Clayton
Parkin

Grade 9: Olivia Breyette,
Alista Daneault, Joshua

Hayward, Keegan Morrow,
Jacob O'Brien, Ben Ramer,
Tanner Souva, Connor Staplin,
Drew Witham

Grade 10: Matthew

Breyette, Dempsey Carroll,
Morgan Clarke, Kimberlena
Dolan, Logan Marcinko,
Courtney Micek, Samuel
Robinson, Jory Wood

Grade 11: Cody Buckley,
Connor Carroll, Emily Frith,
Alexandra Greene, Noah
Guthart, Sophia Martin, Derek
Micek, Skylar Muncy, Jeronimo
Ortiz, Storm Sears, Spencer
Strife, Andrew Widrick, Cody
Zubrzycki

Grade 12: Ashley Bridge,
Ryan Ferrell, Kylie Guyette,
Jonna Kloster



Bulls Eye!!



CCS Set To Launch

New Website & Mobile App in **January!!**

In an effort to meet the changing needs of our community, CCS is excited to announce major changes to our website and communication platforms. We are going Mobile!! We recognize that the majority of our parents, students and community members use mobile devices view our website and stay connected through our social media posts. In an effort to improve the functionality and design of this, we have partnered with Apptegy, an education technology company based in Little Rock, Arkansas, to design and migrate to a new platform for communication and information in the New Year! We feel that this forward thinking design will ensure easy access to necessary information, resources and documents.

What you need to know:

- Our website address remains the same - www.ccsknights.org
- Our App is FREE and available for both [Android](#) & [Apple](#) Phones & Tablets
- The App is available today and the website launch is set for Mid-January
- Both our Website and our App will provide information on upcoming events, sports scores, safety alerts, cafeteria menus, and much, much more.
- These changes will not affect the automated phone calls that alert you to such things as snow delays or closings.

Once you have downloaded our app, be sure to allow notifications, when prompted, to stay informed on everything that is news at CCS! It is our goal to utilize these new communication tools to provide our school community with consistent and accurate information.

We welcome your feedback and questions.
Please contact [Mrs. Rowsam](#) in the Technology Office (315-688-4031)
at your convenience.

Upcoming Music Events:

- High School Bi-County Chorus (Stephanie Aubin and Taylor Ridsdale) Friday, January 27th (Rehearsal) and Saturday, January 28th (rehearsal and performance at 2 PM), South Jefferson High School
- Elementary (5/6) Bi-County Band (Kaitlyn Goutermout, Leah Clemons, and Cadence Mitchell) Tuesday, January 24th (Rehearsal) and Saturday, January 28th (rehearsal and performance at 2 PM), South Jefferson High School
- **Combined Band Concert with Lyme Central School (Grades 5-12) Monday, March 6th**
- **I.A.M. Concert** (Pre-K-5th grade) Thursday, March 16th at 6 PM in the CCS Gym – Chorus I (5th/6th graders) also performs at this event
- **Choral Coffeehouse** (Grades 7-12) Tuesday, March 21st at 6 PM in CCS Cafeteria
- **NYSSMA Solo Festival** (Solo Level 5-6 – optional for grades 9-12) – April 7th and 8th in Carthage
- **Spring Bi-County Festival** (Senior Band and Junior High Chorus, students TBA): April 28th and 29th
- **CCS Musical ‘Once On This Island’**: May 5th and 6th at 7 PM
- **Spring Band Concert (Grades 4-12) Wednesday, May 17th**
- **Spring Choral Concert (Grades 4-12) Tuesday, May 23rd**
- **In-House NYSSMA Solo Festival** – TBA late May, solo level 1-4, optional for grades 6-12
- **Memorial Day Parade (Marching Band students)**: Monday, May 29th
- **Dairy Parade, Fireman Parade, and Flag Day Parade (Marching Band students)**: Dates and times TBA!
- **High School Graduation (7-12 band students and alumni)**: Sunday, June 25th (rehearse at 1:00 and ceremony at 2:00)



CCS Musical Production 2017

Once on this Island **May 5th & 6th, 2017**

**Grade 7-12 Auditions for Once on this Island are after school
Monday, January 23rd and Tuesday, January 24th**

Students have 2 options:

- 1. Audition for the chorus 2. Audition for a specific role**

Students: you might not get that specific role, but you're showing that you're interested in having a supporting or leading role in the show!

A Grade 7-12 permission slip will be distributed in January

Audition materials have already been shared with students via email/google drive.

E-mail Ms. Hall at chall@ccsknights.org with any questions

6th Grade Students Audition for Once on this Island: January 25th from 3:20-4:50

6th graders will be invited to participate in the following numbers:

We Dance

One Small Girl

Mama Will Provide

Why We Tell the Story

6th grade students will be in the chorus and perform with 7th-12th grade students.

A 6th grade permission slip will be distributed in January.

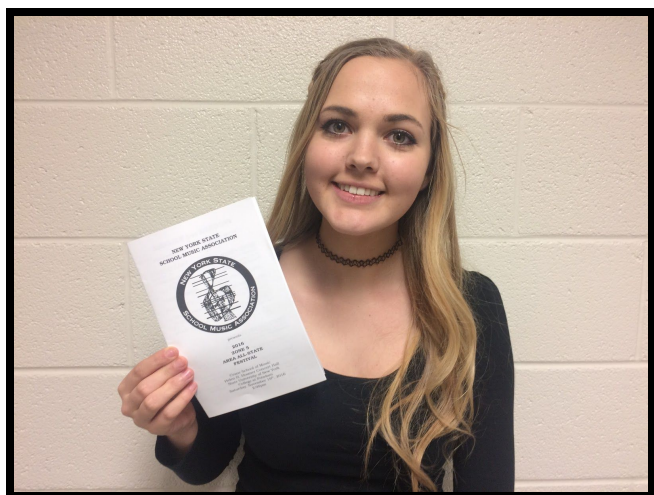
Students of Note!

Sophomores Taylor Ridsdale, Emily Scholler and Allie Steele represented Copenhagen in the Bi-County Select Vocal Ensemble! These girls auditioned in Watertown for this special bi-annual group and performed with the group at Indian River! They did a wonderful job representing Copenhagen and met many new friends from around the North Country!



6th Grade Students Kaitlyn Goutermout, Madalyn Munn, Halynn Russell and Faith Staplin represented Copenhagen in the Elementary Bi-County Chorus! The girls spent an entire day at Indian River rehearsing with at least 125 students from around the north country. Way to go, ladies!

8th grader Allie Villeneuve and 7th graders Jaaven Kloster-Proctor, Chase Aubin, and Owen Bogert represented Copenhagen in the Junior High Bi-County Band! They performed at the Fall Bi-County Festival. Congratulations, students!



Congrats to Junior Jayden Waugh who participated in Area All-State Chorus on November 18th and 19th! Jayden earned a spot in the choir by earning a high grade on her Level 6 NYSSMA solo last year! She traveled to SUNY Potsdam to rehearse with the top students from Jefferson, Lewis and St. Lawrence Counties! Great job, Jayden!

2016-2017 Winter Rosters

VARSITY BOYS

COACH: Logan Spaulding

21 - Dustin Snyder (Senior)
20 - Dawson Moser (Senior)
33 - Dylan Rose (Senior)
50 - Ryan Ferrell (Senior)
12 - Gonzalo Tomas (Junior)
40 - Noah Guthart (Junior)
3 - Cody Buckley (Junior)
44 - Jacob Graves (Junior)
11 - Zach Herbert (Junior)
24 - Christian Rivera-Corona (Junior)
5 - Jeronimo Ortiz (Junior)
15 - Jory Wood (Sophomore)
23 - Keegan Morrow (Freshman)



JV BOYS

COACH: Scott Randall

#3 Aaron Tan-Alberto (10th Grade)
#44 Conner Brown (9th Grade)
#23 Max Amos (9th Grade)
#5 Johnny Fitzpatrick (9th Grade)
#40 Gunnar Freeman (9th Grade)
#12 Tucker Carroll (9th Grade)
#11 Michael Holbrook (9th Grade)
#21 Keyan Deom (9th Grade)
#30 Michael Goodman (9th Grade)
#33 Lucas Graves (8th Grade)
#10 Cody Powis (8th Grade)

VARSITY GIRLS

COACH: Natalie Scott

ASST. COACH: Charity Smykla & Tamie Muncy

**MGRS: Aubree Smykla, Alyssa Fitzpatrick,
Paetyn Vogt, Brenten Mattis, Lane Lyndaker**

13 - Maci Spaulding (Sr., Guard)
24 - Hope Woodruff (Sr., Forward)
11 - Kylie Guyette (Sr., Guard)
12 - Ashley Gardner (Sr., Guard)
30 - Hallie Freeman (Sr., Forward)
23 - Katie Best (Jr., Forward/Center)
21 - Alexandra Greene (Jr., Guard/Forward)
14 - Hailey Tweedy (Jr. Guard)
22 - Olivia Carroll (Jr., Guard)
20 - Madison Freeman (Soph., Guard/Forward)

JV GIRLS

COACH: Charity Smykla

10 - Brooke Smykla (8th Grade)
14 - Meaghan Fitzpatrick (8th Grade)
13 - Allison Best (8th Grade)
24 - Morgan Smith (9th Grade)
12 - Olivia Buckley (9th Grade)
33 - Olivia Aubin (10th Grade)
11 - Morgan Clarke (10th Grade)



VARSITY WRESTLING

COACH: Neil Freeman

Connor Carroll - Junior
Dempsey Carroll - Sophomore
McCaffrey Carroll - Senior
Brandon Chartrand (BR) - Freshman
Aidan Church - Senior
Riley Dalrymple - Freshman
Dan Eisel (BR) - Senior
Jake Galster - Sophomore
Josh Greenwood (BR) - Sophomore
Adam Hermanson - Freshman
Jacob O'Brien - Freshman
Logan Patterson - Freshman
Hunter Hayes - Sophomore
Justin Sage (BR) - Freshman
Levi Spinner - Sophomore
Drew Witham - Freshman
Cody Zubrzycki - Junior

VARSITY CHEER

COACH: Jennifer Spaulding

Olivia Breyette - Freshman
Arianna Rivera-Corona - 8th Grade
Katlin Hayden - Senior
Andrea Travis-Millet - Senior
Emily Scholler - Sophomore
Robyn Scraper - Senior
Anna Spaulding - 8th Grade
Emma Spaulding - Freshman
Tiana Witham - Senior



MODIFIED WRESTLING

COACH: Gerald Snyder

Bryant Carter
Colton Church
Josh Freeman
T.J. Jacobs
Josh Gardner
Josh Hayward
Jaaven Kloster-Proctor
Clayton Parkin
Duncan Zubrzycki
J.J. Evans



Golden Knights Fall Sports Wrap-up



Varsity Girls Soccer Coach Katherine Stackel



The Varsity girls' soccer team finished out the fall campaign with an overall record of 8-9-1 and finished third in the B Division with a 5-8-1 record. Key wins were recorded against Indian River, Thousand Islands, and General Brown. Losing seven starters (six seniors and our foreign exchange student) off the 2015 squad made this year a rebuilding season for everyone involved. Throughout the season, the girls worked to improve their individual skills, fitness level, and overall knowledge of the game. Many of our losses were a result of inexperience and our overall youth. Upon entering the Class D sectional tournament as a 7th seed, the Knights recorded a 1-0 win over Fabius Pompey and a 1-0 loss to Sackets Harbor in the quarterfinals. The team had some very good opportunities to score in the Sackets game, but could not finish off any of its chances.

Senior midfielder Maci Spaulding (11 goals, 1 assist) was selected as a Frontier League All Star as well as a Section III All Star. Maci was selected to play in the Exceptional Senior game on November 2, representing the B Division at midfield. Good luck to our seniors Ashley Gardner, Maci Spaulding, and Hope Woodruff. Thank you for all of the great times throughout the years. You will be greatly missed.

Special thanks to Jill Micek for her continued work with the goalkeepers and help around the pitch. Renee Eisel did a great job with the scorebook once again. Maddy Munn was our manager and brought us water in her little wagon each practice. I appreciated the help that Allison Best and Raegan Dalrymple gave the team as ball girls on home games. Thank you to the parents, fans, and everyone who came to our games. Thanks to the administration and custodial staff for all of their work throughout the summer and fall months. It is truly an honor to work as a coach at Copenhagen.

Varsity Boys Soccer Coach Scott Randall



The Copenhagen Boys' Varsity Soccer team finished their 2016 season with a record of 15-4. The boys had a notable season finishing 2nd in the Frontier League regular season as well as 1st in the Frontier League Playoffs. The team drew the 4th seed in the Section 3 Tournament and won their First Round game against Cincinnati with a score of 4-0. The boys went on to win the Quarterfinal game against Belleville-Henderson 3-0. The season ended with a 4-0 loss to a talented Poland team in the semifinals. Key wins came against league rival and champion Lyme 4-2 in the second half of the season and three wins against a tough Lafargeville team. This year's team was again young but experienced. They worked hard and didn't lose their focus and drive after some tough losses early in the season. They continued to improve throughout the season, and surprised some teams at the end. After starting with a 2-3 record, this team capped off the season going 13-0 before losing to top seed Poland. This is a testament to the team's returning leaders as well as the younger players' capacity for improvement.

Team scoring was led by junior Frontier League All-Star Cody Buckley (28 Goals, 10 Assists) and freshman Honorable Mention Keegan Morrow (6 Goals, 2 Assists). Senior Ethan Atnip, who added 2 Goals and 3 assists was also named as Frontier League All-Star, as well as junior Zach Herbert (7 Assists) and senior Kenneth Rivera-Corona (4 Goals). All-Star senior goalkeeper Dustin Snyder posted 9 shutouts throughout the season and had 83 saves. Other notables on defense included Sophomore Jake Galster (1 Goal, 1 Assist) receiving Frontier League Honorable Mention. Other team members included:

Christian Rivera-Corona (1 Goal, 2 Assists)	Connor Carroll	Cody Zubrzycki
Jacob Graves	Dempsey Carroll (1Goal, 1 Assist)	Dakota Petrie (1 Assist)
Hunter Hayes (2 Goals)	Drew Witham (2 Goals, 2 Assists)	Jeronimo Ortiz
Jacob O'Brien	Noah Guthart (1Assist)	Gonzalo Tomas

This season's successes can be attributed to the hard work and dedication that the boys put into this past off-season. Time spent in the gym, in the weight room, and summer leagues really paid off for this group. I am proud of the way they played throughout the season and I look forward to working with the underclassmen in the future. Seniors Dustin Snyder, Ethan Atnip, and Kenny Rivera-Corona have left a positive legacy on the program and we sincerely appreciate their efforts.

Varsity Boys Soccer con't.

Thank you to assistant coaches Troy Buckley and Jill Micek for your dedication and hard work. Another thank you goes out to managers Hayden McAtee, Duncan Zubrzycki and Logan Munn, and scorekeeper Renee Eisel. I would like to extend a special thank you to all parents and family members for your support throughout the season.



Modified Girls Soccer **Coach Charity Smykla**



The girls 2016 modified soccer team ended their season with an 8-2 overall record. Starting the season with only 11 girls, made the season one full of obstacles and sacrifices, but in the end this team worked hard to pull together and work hard every game! Their willpower and determination went unmatched throughout the entire season; between injuries and illness, most games were played with 10 girls. Leading the team with goals this year was Ale Marolf with 7, followed by Allison Best with 4. Assist leaders were Allison Best and Ale Marolf with 6, followed by Allison Villeneuve with 4. Our defenders Abbi Carroll, Mandalynn Atnip, Jordyn Nevills, held our back line all season; along with Emma Spaulding and Olivia Buckley in goal, only letting 4 goals through. I would like to thank the managers Aubree Smykla, Alyssa Fitzpatrick, Claire Jones, and Madi Carroll, for all of their hard work and dedication to the program!



Modified Boys Soccer **Coach Gerald Snyder**



What a wonderful and joyful soccer season! As a coach, I cannot remember a season that I have enjoyed more. The boys played awesome and the games were a treat to watch. As a team, the boys registered 10 wins and only 1 loss. The loss came from a couple of unfortunate calls and a couple of defense errors. It was exciting for me as a coach to watch the young soccer players mature so quickly and also feed off the older players.

Twelve different boys scored goals during the season ...great teamwork! Adam Hermanson led the way with 12 goals. The team out scored the opponents 33 to 7 with 6 shutouts. Our goal keepers, Tucker Carroll and Lucas Slate, were outstanding in the goal. Our defense, using a diamond, was solid all season with TJ Jacobs, Josh Freeman, Colton Church and Lucas Graves. Lucas Graves was a one-man wrecking machine; he received many high praises from other team coaches on how well he played and that he let nothing go by him.

We finished the season with a nice party at CiCi's Pizza in Evans Mills donated by Mr. and Mrs. Kilpatrick. The boys had a great time. Thank you both again.

Thank you to all parents and friends that came and watched the games and supported the team all season. A big thank you goes to my assistant coaches, Scott Jacobs and Travis Castor, for your valuable knowledge of the sport, keeping the scorebook and working with the players on a one-to-one basis. A special thank you to Jill Micek for all that she did working with the goal keepers; it paid off big time this year.....a job well done.

Lastly, a huge thank you goes to my team. I am so proud of each and every one of you for the sportsmanship you showed, how hard you played the games, and the teamwork you all displayed on and off the field.

Sarah Wilder, a C.C.S. Junior, Competes in **Frontier League Swim Championships**

Sarah Wilder competed in the Frontier League Swim Championships at Indian River on Saturday, October 22, 2016. She placed 1st (tied with Sarah Kilburn of Watertown) in the 100 freestyle event with a time of 56.84 and 2nd in the 100 backstroke event with a time of 1:07.11.



Are you drinking enough water?



MOST of us aren't. The health benefits of drinking enough water are fantastic!

Drinking Enough Water Can—

- Banish Headaches
- Improve your Mood
- Relieve Fatigue
- Boost Your Energy Levels
- Relieve Constipation
- Flush Out Toxins
- Improve Digestion
- Promote Weight Loss
- Prevent Kidney Stones
- Boost Your Immune System
- Improve Your Complexion
- Alleviate Back Pain
- Regulate Body Temperature



How much is enough?

Your Weight in LBS/2= Ounces of H₂O to DRINK DAILY.

ex.) A person weighing 140 lbs. should drink 70 oz. of water each day.

PESTICIDE NOTIFICATION



New York State Education Law Section 409-H, effective July 1, 2001, requires all public and non-public elementary and secondary schools to provide written notification to all parents, guardians, faculty, and staff regarding the potential use of pesticides periodically used throughout the school year.

The Copenhagen Central School District is required to maintain a list of parents, guardians, faculty, and staff who wish to receive 48-hour prior written notification of certain pesticide applications. The following pesticide applications ARE NOT subject to prior notification:

- a school remains unoccupied for a continuous 72 hours following an application
- anti-microbial products
- nonvolatile rodenticides in tamper resistant bait stations in areas inaccessible to children

- nonvolatile insecticidal baits in tamper resistant bait stations in areas inaccessible to children
- silica gels and other non volatile ready-to-use pastes, foams, or gels in areas inaccessible to children
- boric acid and disodium octaborate tetrahydrate
- the application of EPA designated biopesticides
- the application of EPA designated exempt materials under 40CFR1 52.25
- the use of aerosol products with a directed spray in containers of 18 fluid ounces or less when used to protect individuals from an imminent threat from stinging and biting insects including venomous spiders, bees, wasps and hornets

In the event of an emergency application necessary to protect against an imminent threat to human health, a good faith effort will be made to supply written notification to those on the 48-hour prior notification list.

If you would like to receive 48-hour prior notification of pesticide applications that are scheduled to occur in your school, please complete the form below and return it to Superintendent, P.O. Box 30, Copenhagen, NY 13626 or by fax to 315-688-2001.

Copenhagen Central School—Request for Pesticide Application Notification

Name: _____

Address: _____

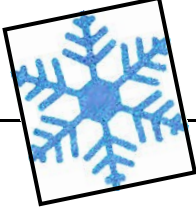
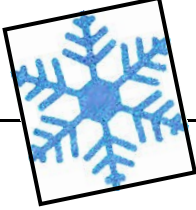
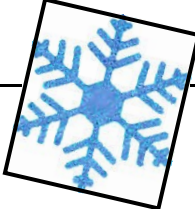
Daytime Phone: _____

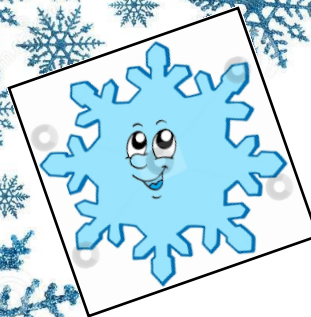
Evening Phone: _____

E-mail Address: _____

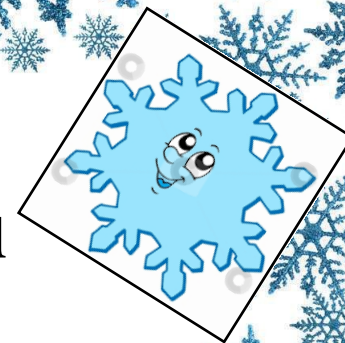
Please feel free to contact the Superintendent, pesticide representative at Copenhagen Central School District Office, P.O. Box 30, Copenhagen, NY 13626; phone 315-688-4411 or fax 315-688-2001 for further information on these requirements.

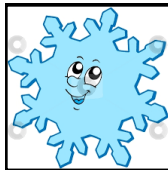

C.C.S. JANUARY 2017 BREAKFAST

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 NO SCHOOL	3 F- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Hashbrowns and Sausage	4 A - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Egg and Bacon Breakfast Boat	5 B- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Banana Bread Slice • Pop-Tart w/ Cheesestick	6 C - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • 6 pk. Mini Chocolate donuts	7
8 	9 D – Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Breakfast Pizza • MinniCinnis	10 E - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Plain Bagel • Frudel	11 F - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Pancakes on a Stick • French Toast	12 A - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Cinnamon Rolls • Waffles	13 B - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Breakfast Wrap • Strawberry Mini bagels	14
15	16 NO SCHOOL Martin Luther King Day	17 C - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Hashbrowns and Sausage • Cheese Omelet	18 D - Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Egg and Bacon Breakfast Boat • Pancakes	19 E- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Banana Bread Slice • Pop-Tart w/ Cheesestick	20 F- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • 6 pk. Mini Powdered donuts • Mini Pancakes	21
22	23 A- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Breakfast Pizza • MinniCinnis	24 B- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Plain Bagel • Frudel	25 C- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Pancakes on a Stick • French Toast	26 D- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Cinnamon Rolls • Waffles	27 E- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Breakfast Wrap • Strawberry Mini bagels	28 
29	30 F- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Breakfast Sandwich • Blueberry Muffins	31 A- Assorted Juice, Milk, Fruit, Choice of 1: • Cereal w/ Toast • Hashbrowns and Sausage • Cheese Omelet				



C.C.S. January 2017 Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Fresh Fruit and Fruit Cups Served Daily.	2 NO SCHOOL	3 F-Meatball Sub <u>or</u> Cheese Pizza Roasted Broccoli Roasted Chickpeas	4 A-French Toast Sticks w/ Sausage Celery Sticks Baby Carrots	5 B-Fish Sandwich <u>or</u> Pepperoni Pizza Oven Fries Coleslaw	6 C-Pan Pizza Tossed Salad Baked Beans	7
6-12: Sandwiches, Anytimers, and Individual Salads offered daily unless otherwise stated.	9 D-Chicken Patty on Roll Sweet Potato Fries Green Beans	10 E-Buffero Chicken Wraps <u>or</u> Cheese Pizza Celery Sticks Three Bean Salad	11 F-Breaded Chicken in a Basket Mashed Potatoes Baby Carrots Dinner Roll New Item	12 A-BBQ Rib on Roll <u>or</u> Pepperoni Pizza Baked Beans Roasted Broccoli	13 B-Bosco Sticks w/ marinara Tossed Salad Corn	14
K-5: Sandwiches and Anytimers offered M, W, F unless otherwise stated.	16 NO SCHOOL Martin Luther King Day	17 C-Stuffed Crust Pizza Tossed Salad Roasted Mixed Veg. K-5: Only Choice	18 D-Taco in a Bag Refried Beans Corn Dinner Roll	19 E-Chicken Alfredo over Rotini <u>or</u> Pepperoni Pizza Roasted Broccoli Sliced Carrots	20 F-Country Pork Steaks Mashed Potatoes Green Beans	21
ASSORTED MILK OFFERED DAILY	23 A-Toasted Cheese Sandwich Tomato Soup Roasted Broccoli	24 B-Sloppy Joe on Roll <u>or</u> Cheese Pizza Oven Fries Coleslaw	25 C-Chicken Fajita Wrap Refried Beans Corn	26 D-Buffero Chicken Pizza <u>or</u> Pepperoni Pizza Celery Sticks Baby Carrots	27 E-Ham and Cheese Panini Baked Beans Tossed Salad New Item	28
	30 F-Chicken Bacon Wrap Roasted Broccoli Corn	31 A-Macaroni and Cheese <u>or</u> Cheese Pizza Diced Beets Stewed Tomatoes				

Copenhagen Central School
P.O. Box 30
Copenhagen, NY 13626
Address Service Requested

U.S. Postage Paid
Non-Profit
Permit No. 2
Copenhagen, NY 13626



SCHOOL DISTRICT TAX CODE

The New York State personal income tax form calls for a school district tax code.
The code for those living in the Copenhagen Central School District is #129.

Lewis County Sheriff Definitions for Travel Restrictions

The following is a list of definitions that the Lewis County Sheriff's Office uses in the actual event or likelihood that adverse weather can cause problems affecting travelers in Lewis County.

Definitions currently used for travel restrictions in Lewis county

The following are categories of restrictions used:

1. **Travel Advisory:** Means that caution is advised since hazardous driving conditions could be encountered. (Schools can be open.)
2. **No Unnecessary Travel:** Means that hazardous driving

conditions do exist and no unnecessary travel should take place—This is a matter of individual's judgment. (Schools can be open).

3. **Roads closed except for essential emergency travel:** This is a State of Emergency declared by either the Sheriff or the chief executive of a municipality. A very hazardous driving condition exists and can threaten life and/or property. Limited to travel that is essential for protection and preservation of life and/or property such as travel by:

A. Medical personnel

B. Fire, law enforcement and emergency services personnel

C. Government officers and personnel rendering services connected with emergency such as highway and road personnel

D. Any vehicle or person on their way to and from performing an immediately essential act associated with the preservation of life or property

E. (Schools are closed)

