

What Do the School Counselors Do?

Guidance Curriculum

Classroom guidance lessons for every class
Small Groups
School Leadership Teams

Responsive Services

Individual and Group Counseling
Assist and provide support in times of crises
Refer families in need of assistance
Consult with outside agencies
Communicate with parents
Provide support & feedback to parents, students, staff and community stakeholders
Facilitate School Wide Programs

Individual Student Planning

Assist students in goal setting
Interpret standardized test results
Consult with staff and parents to determine how to best meet needs of a student

System Support

Continuous learning through professional development
Program evaluation and data analysis
Provide parent involvement opportunities
Provide professional development for staff
Standardized Testing Coordinator
Leadership Team
Community Outreach Programs:
Junior Auxiliary
Food for Kids
RSD Human Service Worker



Understanding the role of our School Counselors

Our role as school counselors is to help remove barriers that may be standing in the way of children being the best students that they can be. Some of the ways we accomplish this task in the Russellville School District :

We are available to meet with students one on one when they have an emotional or social issue that is taking their attention away from their classroom activities.

- During our classroom guidance lessons we offer concepts such as:
 - * Following the rules
 - * Being responsible
 - * Friendship skills
 - * Handling emotions
 - * Expressing themselves
 - * Study skills
 - * Personal safety skills
- We offer small group counseling. Through stories, games, role-plays, and solution focused activities, we work to increase the students' comfort level with each particular topic.
- We consult with teachers, parents and administrators to offer recommendations to help your child achieve to their greatest potential.



Vision Statement: To partner with one another, as well as with educators, families, and the community to provide a safe environment, while empowering the whole child to become a successful, productive member of society.



School Counseling Program Kindergarten—Fifth Grade

ELEMENTARY COUNSELORS

Center Valley: Robin Johnson 479.968.4540

Crawford: Tracey Skaggs 479.968.4677

Dwight: Jennifer Fuller 479.968.3967

London: Kathy Steffy 479.293.4241

Oakland Heights: Jullie Kirkpatrick 479.968.2084

Sequoyah: Trecia Willcutt 479.968.2134

UE5G: Mary Ann Tallent 479.968.2650

RSD SCHOOL COUNSELING MISSION STATEMENT

The Russellville School District Counseling program supports, provides services to, and develops skills in every child, every day.

The RSD School Counseling Program is based on the following American School Counselor Association Mindsets and Behaviors for Student Success:

MINDSETS

1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
2. Self-confidence in ability to succeed.
3. Sense of belonging in the school environment.
4. Understanding that post secondary and life-long learning are necessary for long-term career success.
5. Belief in using abilities to their fullest to achieve high-quality results and outcomes.
6. Positive attitude toward work and learning.

BEHAVIOR

Learning Strategies:

1. Demonstrate critical thinking skills to make informed decisions.
2. Use time-management, organizational and study skills.
3. Apply self-motivation and self-direction to learning.
4. Apply media and technology skills.
5. Set high standards of quality.
6. Identify long- and short-term academic, career and social/emotional goals.

Self-Management Skills:

1. Demonstrate ability to assume responsibility.
2. Demonstrate self-discipline and self-control.
3. Demonstrate ability to work independently.
4. Demonstrate perseverance to achieve long-and short-term goals.
5. Demonstrate ability to overcome barriers to learning.
6. Demonstrate effective coping skills when faced with a problem.
7. Demonstrate personal safety skills.

Social Skills:

1. Use effective oral and written communication skills and listening skills.
2. Create positive and supportive relationships with other students.
3. Demonstrate empathy.
4. Demonstrate ethical decision-making and social responsibility.
5. Use effective collaboration and cooperative skills.
6. Demonstrate advocacy skills and ability to assert self, when necessary.
7. Demonstrate social maturity and behaviors appropriate to the situation and environment.

RSD Elementary Counseling Program

Classroom Guidance Curriculum

Kindergarten-4th Grade

Academic Development

School Success

- Long Term/Short Term Goals
- Listening
- Following Directions
- Test Taking Strategies
- Time Management
- Problem Solving
- Teamwork

Career Development

Career Awareness

- Long Term/Short Term Goals
- Teamwork
- Conflict Resolution
- Career Day
- Career Exploration

Social/Emotional Development

Life Skills

- Personal Safety
- Bullying
- Healthy Choices
- Conflict Resolution
- Internet Use and Personal Safety
- Friendships
- Peer Pressure
- Character Education

5th Grade

Academic Development

School Success

- Long Term/Short Term Goals
- Attendance
- Daily Planner Use
- Listening
- Time Management
- Study Skills
- Teamwork
- Family/School Connection

Career Development

Career Awareness

- Manners
- Long Term/Short Term Goals
- Teamwork
- Conflict Resolution
- Career Exploration

Social/Emotional Development

Life Skills

- Personal Safety
 - Bullying
 - Healthy Choices
 - Conflict Resolution
 - Internet Use and Personal Safety
 - Friendships
 - Peer Pressure
 - Character Education
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