



DEPEW UNION FREE SCHOOL DISTRICT

District Offices
5201 S. Transit Road
Depew, New York 14043-4335
www.depewschools.org

Jeffrey R. Rabey, Ph.D.
Superintendent of Schools
(716) 686-5105
Fax (716) 686-5101

Susan B. Frey
Assistant Superintendent
for Curriculum, Instruction,
and Personnel
(716) 686-5129
Fax (716) 686-5101

Susan Arena
Business Administrator
(716) 686-5110
Fax (716) 686-5112

December 1, 2016

Dear Parents and/or Guardians:

It is with great pleasure and enthusiasm that I write this letter. In September, the Depew Union Free School District was one of 16 school districts across the nation to receive the Carol M. White Physical Education Program (PEP) grant. This grant is awarded to help districts initiate, expand, or enhance physical education programs including before school, after school, and in summer programs for students K-12. Grant recipients must implement programs that help students make progress toward meeting their state's standards for physical education.

To ensure that Depew UFSD is following PEP guidelines, the Department of Education has developed three performance measures for all grantees:

- **Measure 1.1** - The percentage of students served by the grant who engage in 60 minutes of physical activity
- **Measure 1.2** - The percentage of students served by the grant who meet the standard of a healthy fitness zone as established by the assessment of the Presidential Youth Fitness Program (PYFP) in at least 5 out of 6 fitness areas
- **Measure 1.3** - The percentage of students served by the grant who consume fruit two or more times per day and vegetables three or more times per day

This data will be obtained during specific data collection periods at each grade level over the next three years. For each data collection period, students will be asked to complete an electronic nutrition survey and Fitnessgram testing during Physical Education class. In addition, students will be required to wear a *Polar Active* activity monitor on their wrist for the entirety of their data collection window (see schedule on reverse side). Students in grades K-5, will wear the monitors for 4 consecutive days, while students in grades 6-12, will wear the monitors for 7 consecutive days. The monitors will measure daily activity, track movement, give instant feedback with an animated figure, show target and achieved time in moderate to vigorous activity zones, and display steps and calories. Rest assured, all data collected is completely anonymous and will not be tracked back to your child at any time. All data will be reported to the grant administrators in the form of graphs or charts and no names will be used.

This grant provides our district and community with a great opportunity to promote physical activity and healthy lifestyles for our students. I am looking forward to this new chapter in our programming and I am excited about the impact it will have on the students of Depew. If you have any questions or concerns regarding the information contained in this letter, please contact my office at 716-686-5083.

Sincerely,

Stacy M. Ribbeck
PEP Grant Coordinator

Measure 1.1 Data Collection

2016-2017

Grade Level	Baseline Data	Data Collection 1	Data Collection 2
K-2	Feb. 2-7, 2017	Mar. 31-Apr. 5, 2017	May 18-23, 2017
3-5	Jan. 13-18, 2017	Mar. 9-14, 2017	May 11-16, 2017
6-8	Jan. 23-31, 2017	Mar. 16-24, 2017	May 25-June 2, 2017
9-10	Jan. 3-11, 2017	Feb. 27-Mar. 7, 2017	Apr. 1-9, 2017
11-12	Dec. 14-21, 2016	Feb. 9-17, 2017	Apr. 18-26, 2017