

Silex School February Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 biscuit & gravy or cereal & biscuit chicken nuggets, vegetable egg roll, fried rice, oranges water & milk	2 breakfast burrito or cereal & toast bbq turkey burgers, tator tots, carrot sticks, mixed fruit cup, water & milk	3 scramble egg or cereal & toast pasta w/meat sauce, salad, green beans, applesauce, water & milk
6 omlete or cereal & toast hamburger, sweet potato fries, broccoli, peaches, water & milk	7 breakfast sandwich or cereal & toast tacos, black beans, shredded lettuce, pineapple, water & milk	8 biscuit & gravy or cereal & biscuit chicken nuggets, mashed potato w/gravy, oranges water & milk	9 pancake on stick or cereal & toast loaded potato soup, grilled cheese, carrot sticks, mixed fruit water & milk	10 scramble egg or cereal & toast pizza, salad, apple slices, slush cup water & milk
13 omlete or cereal & toast chicken sandwich, french fries, mixed vegetable, peaches water & milk	14 muffin or cereal & toast burrito, corn, shredded lettuce, pineapple, water & milk	15 biscuit & gravy or cereal & biscuit chicken nuggets, tator tots, peas, mandarin oranges water & milk	16 granola bar or cereal & toast sloppy joe, potato salad, green beans, mixed fruit cup water & milk	17 scramble egg or cereal & toast hot dog, chip, carrot sticks, apple slices water & milk EARLY OUT!!!!
20 NO SCHOOL!!!!	21 cinnamon roll or cereal & toast nachos, black beans, shredded lettuce, pineapple water & milk	22 biscuit & gravy or cereal & toast bbq beef rib, coleslaw, peas, breadstick, oranges water & milk	23 bagel or cereal & toast salisbury steak, mashed potato w/gravy, mixed fruit water & milk	24 scramble egg or cereal & toast toasted ravioli, salad, carrot sticks, applesauce, water & milk
27 omlete or cereal & toast chicken sandwich, french fries, mixed vegetable, peaches water & milk	28 danish or cereal & toast chicken quesadilla, shredded lettuce, cherry tomatoes, pineapple, water & milk			
"This institution is an equal opportunity provider."				
*Additional vegetable, fruits, grains or 2nd main course items may be available daily that is not listed on menu				