



**INTERVAL HEALTH HISTORY FOR SPORTS PARTICIPATION
COPENHAGEN CENTRAL SCHOOL**

Prior to the start of tryout sessions or practice at the beginning of each season, a health history review for each athlete must be conducted unless the student received a full medical examination within 30 days of the start of the season.

PART A: TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE

Student: _____

Age: _____

Grade (check): ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12

Date of Birth: ____/____/____

Sport: _____

Level (check): ☐ Varsity ☐ JV ☐ Frosh ☐ Jr. High

Date of last health appraisal: ____/____/____

Limitations: ☐ Yes ☐ No

PART B: TO BE COMPLETED BY THE PARENT OR GUARDIAN

Note: "Yes" to any of these questions does not mean automatic disqualification from the athletic activity indicated in PART A above. However, it may require a review and approval by the school physician before the student can report to practice or tryouts.

HISTORY SINCE LAST HEALTH APPRAISAL:

- | | |
|---|--|
| 1. Allergies (Bee Sting/Medications/Food/Latex, etc.) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Does the student carry an Epi-pen® for a life-threatening allergy? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Any illness lasting longer than two weeks (ie. Mono) | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Currently taking any new daily medications | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Any injuries requiring medical attention | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| (ie. Head injury/concussion, fractures, surgeries, long-term illness) | |

PART C: TO BE COMPLETED BY PARENT OR GUARDIAN

Describe the condition or situation that caused any questions in PART B to be answered "YES".



PART D: PARENTAL PERMISSION

I, the undersigned, clearly understand these questions are asked in order to decide if my child can safely participate on the athletic team named in PART A of this form. The answers are correct as of this date and he/she has my permission to participate.

SIGNED: _____ DATE: ____/____/____

PLEASE RETURN TO THE SCHOOL HEALTH OFFICE

PART E: TO BE COMPLETED BY THE SCHOOL HEALTH OFFICE

Sports Participation:

☐ Approved ☐ Referred to School Physician

Signed: _____ Date: ____/____/____
School Health Office

If referred to the School Physician:

☐ Requalified ☐ Disqualified

Signed: _____ Date: ____/____/____
School Physician