

Copenhagen Central School

**Requirements for Students to Self-Administer/Self Carry Medication
During the School Day or at School Sponsored After School Events**

Dear Parent/Guardian:

Date: _____

Student Name _____ Teacher _____ Grade _____

If school nursing personnel receive a request from a parent/guardian and licensed prescriber to permit a student to carry and self-administer their own prescribed medications, such decisions will be made on an individual basis and in accordance with the following criteria:

- The health care problems are severe enough to self-carry (particularly asthmatic or allergic conditions)
- The **licensed prescriber** has provided an order directing that the student be allowed to carry their medication and self-administer
- The **parent/guardian** has requested permission for the student to self-carry, self-administer
- The **parent/guardian** assume responsibility regarding the monitoring of the student on an ongoing/daily basis to ensure that the student is carrying and taking the medication as ordered
- The **student** demonstrates compliance in consistently and responsibly taking their own medication
- The **student** assumes the responsibility for carrying properly labeled medication in original container on his/her person or keeping in school or physical education locker.
- The **school nurse** has completed a nursing assessment which documents the student's competence in self-carry, self-administration. Sample criteria attached – see page 2

This privilege may be reassessed or revoked if the student cannot consistently and responsibly take their own medication.

Thank you in advance for your cooperation,

School Nurse: _____ School: _____
Phone #: _____ Fax: _____

Determination of Self- Directed Students

Criteria for Consistently and Responsibly Taking Medication

The student:

- Recognizes his/her medication
- Knows how much medication he/she takes
- Know what time his/her medication is needed during the school day
- Knows why he/she takes this medication
- Knows what happens when he/she does not take their medication
- Knows when to refuse to take his/her medication when appropriate
- Knows how to self-administer medication from original labeled pharmacy container or original OTC container (or is able to direct staff member to assist)