

West Washington School Corporation

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LOCAL WELLNESS POLICY

ADOPTED MAY 15, 2006

The West Washington Board of School Trustees believes that good nutrition and physical activity are important for academic achievement. The District supports participation in the National School Lunch and Breakfast Program and, in accordance with federal law, establishes this wellness policy. To promote student wellness, the District supports goals in the following four areas:

NUTRITION EDUCATION

1. Nutrition education will be included whenever West Washington's health education curriculum standards and guidelines are written and revised.
2. Nutrition education will be offered in lunchroom as well as in classrooms through coordination between the foodservice and instructional staff.
3. Students in grades K-12 will receive nutrition education to support their adoption of healthy eating behaviors.
4. Schools will link nutrition education activities with the coordinated school health program.

PHYSICAL ACTIVITY

1. Students will be given opportunities for physical activity during the day through physical education classes, daily recess periods for elementary students or the integration of physical activity into the academic curriculum.
2. Students will be given opportunity for physical activity through a range of before/after-school programs including but not limited to, intramurals, interscholastic athletics and activity clubs.
3. Schools will encourage parents and guardian to support their children's participation in physical activity, to be physically active role models, and to include physical activity in family activities.
4. Schools will promote lifelong physical activity among students.

FOODS AND BEVERAGES ON SCHOOL CAMPUSES

1. All food available for sales to students including vending machines, student stores, and fund raisers should offer food choices that provide the opportunity for students to select products that reflect healthy and nutritional principles.
2. All food sales in West Washington School must comply with state and federal child nutrition program regulations.

3. All beverage and food vending machines in the School that are available to students shall provide at least 50% healthy beverages and 50% healthy foods. The following definitions apply to this policy:
Healthy beverages: water, milk, fruit drinks with at least 50% fruit juice, vegetable drinks, and 100% fruit juices.
Healthy foods: any food item that does not have more than 30% total calories from fat, more than 10% of the recommended daily value for one of the following nutrients: vitamin A, vitamin C, calcium, iron, protein, or fiber.
4. Prices for all beverages and food items sold to students will be offered at comparable prices for comparable size packages.

OTHER SCHOOL-BASES ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS

1. The West Washington School will provide a clean, safe, enjoyable meal environment for students.
2. The West Washington School encourages all students to participate in school meals programs and will protect the identity of students who eat free/reduced price meals.
3. The West Washington School will schedule lunch times as near the middle of the day as possible.
4. The West Washington School will ensure that school fundraising efforts are supportive of healthy eating.

The Superintendent is responsible for developing procedures to implement this policy.

Legal Reference: PL 108-265

- Review schools wellness policy

- go over discuss any changes/suggestions
- go over if policy is being followed and if it is complying with Federal Public Law 108-265 and IC 5-22-15-24(c)
- make changes to be submitted to school board for approval

~~Drug~~ Drug-free Schools Committee

- Develop a drug free ^{plan} that:
 - requires collection & report of drug related activities in the school
 - addresses ways to eliminate drug related behavior in schools

- is is
on
up
- Oversee implementation of of the school plan
 - Oversee the implementation of the curriculum under IC 20-30-5-11

AIDS Advisory

- give materials on source, transmission & prevention AIDS to members
- Identify & study educational materials & resources on AIDS that are available for use in schools
- Determine if ed. materials & resources are based on sound medical principles
- Recommend materials & resources on AIDS that reflect standards of community

WITHDRAWAL FROM SCHOOL

EXIT INTERVIEW

Under Indiana law, any student who is at least sixteen (16) years of age but is not yet eighteen (18) years of age, may withdraw from school prior to graduation after an exit interview with the student's parent or guardian is conducted with the appropriate school employee.

The Board of School Trustees for West Washington School Corporation designates the following school personnel to conduct the exit interview of a student enrolled at the specified school who wishes to withdraw from school:

West Washington Junior/Senior High School	Principal
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LEGAL REFERENCE: I.C. 20-8.1-3-17

Date Adopted: April 20, 1992