

Clark Pleasant Community School Corporation
Physical Education
2nd Grade
Essential Learnings Scales

2.4.1 Participate in an active physical education class to maintain the intensity and duration for improved physical fitness.

4-Exceeds a vigorous level of physical activity through self-motivation.

3-Engages in vigorous physical activity.

2-Engages in physical activity, but discontinues when activity becomes too vigorous.

1-Lacks participation in health-enhancing physical activity.

0-Does not participate in health-enhancing physical activity.

indicators of vigorous activity:

- red face
- heavy breathing
- dry mouth
- rapid heartbeat
- sweating

2.5.2 Demonstrate and apply rules and directions for an active class.

4-Always demonstrates responsible personal and social behavior and encourages others

3-Demonstrates responsible personal and social behavior independently.

2-Demonstrates responsible personal and social behavior with class prompt.

1-Demonstrates responsible personal and social behavior with individual prompt.

0-Never exhibits responsible personal and social behavior.

indicators of responsible personal and social behavior:

- wears tennis shoes
- ready position
- follows rules of games/activities
- respects equipment
- respects each other
- actively participates
- follows safe procedures