

Clark Pleasant Community School Corporation  
Physical Education  
5th Grade  
Essential Learnings Scales

5.3.1 Participate in health-enhancing physical activity.

- 4-Exceeds a vigorous level of physical activity through self-motivation.
- 3-Engages in vigorous physical activity.
- 2-Engages in physical activity, but discontinues when activity becomes too vigorous.
- 1-Lacks participation in health-enhancing physical activity.
- 0-Does not participate in health-enhancing physical activity.

5.5.2 Perform activities safely and follow rules.

- 4-Always demonstrates responsible personal and social behavior and encourages others
- 3-Demonstrates responsible personal and social behavior independently.
- 2-Demonstrates responsible personal and social behavior with class prompt.
- 1-Demonstrates responsible personal and social behavior with individual prompt.
- 0-Never exhibits responsible personal and social behavior.

indicators of responsible personal and social behavior:

- wears tennis shoes
- ready position
- follows rules of games/activities
- respects equipment
- respects each other
- actively participates
- follows safe procedures