

## Counseling and Psychiatric Resources

<p><b>Crane, Katherine, M.S., LPC, NCC</b> Human Kind Wellness Counseling 1101 Ridge Rd., Suite 236, Rockwall, TX 75087</p>	<p style="text-align: center;"><a href="http://www.humankindtx.com">www.humankindtx.com</a></p> <p>Free 15 Minute Phone Consult - 214-864-3116</p> <p>Currently, Human Kind offers:</p> <ul style="list-style-type: none"> <li>• Individual and group psychotherapy</li> <li>• Online parenting and wellness courses</li> <li>• Individual and group mindfulness courses</li> <li>• Individual and group yoga classes</li> </ul>	<p>214-864-3116 or 972-948-6772</p>
<p><b>Foote, Cari, MA, LPC-S, LMFT-S</b> EMDR Certified, Child &amp; Adolescent 203 S. Fannin Street Rockwall, TX 75087</p>	<p style="text-align: center;"><a href="http://www.professionalcounseling.us">www.professionalcounseling.us</a></p> <p>Offer services for all ages, with evening and weekend appointments available. The rate for a 55 minute counseling session is \$100 and intake appointments are \$140.00. Some lower cost counseling rates are available. Drug and Alcohol Assessments are \$150 and must be paid by cash, money order or credit card. Home Studies are \$450.00. In network for most insurance plans and employee assistance programs and several payment sources.</p>	<p>830-693-0530</p>
<p><b>Underwood, Pare, MA, LPC</b> Heath Counseling 201 Laurence Dr. STE 203 Heath, TX 75032</p>	<p style="text-align: center;"><a href="http://Heathcounseling.com">Heathcounseling.com</a></p> <p>Offer personal and private remote counseling, monthly memberships, and in-home counseling intensives.</p>	<p>972-961-9570</p> <p>Flexible hours</p>
<p><b>ChangePoint Counseling</b> 11803 Classic Lane Suite A Forney, Texas 75126</p>	<p style="text-align: center;"><a href="http://www.changepointcounseling.com">www.changepointcounseling.com</a></p> <p>Multiple insurances accepted.</p>	<p>972-552-5559</p> <p>Office Hours: Monday through Thursday from 8:00 a.m. to 7:00 p.m. and Friday 8:00 a.m. to 3:00 p.m.</p>

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<p><b>Vrana, Pam, MS, LPC-S</b>          Adolescent and Family          Counseling          101 S. Fannin St. Suite          111 Rockwall, TX</p>	<p style="text-align: center;"><a href="http://Pamvrana-lpc.com">Pamvrana-lpc.com</a></p> <p>Available to see clients in the evening          and on weekends.          Free phone consultation.          Sessions are \$90 for 50 minutes.          Payment is due at the time services are          rendered. I accept cash, check,          credit/debit, HSA and some EAP          insurance. I will provide you with a          receipt if you wish to file with your          insurance company.</p>	<p style="text-align: center;">214-546-4216</p>
<p><b>Cini Abraham, M.D.</b>          Psychiatry and Neurology          2249 Ridge Road          Rockwall, TX 75087</p>	<p style="text-align: center;"><a href="http://www.rockwallpsychiatry.com">www.rockwallpsychiatry.com</a></p> <p>Specialize in child, adolescent and adult          psychiatric care.</p>	<p style="text-align: center;">469-402-3600</p>
<p><b>Dr. Gloria Brun, M.D.</b>          Child &amp; Adolescent          Psychiatry          5604 Wesley St Ste 101          Greenville, TX 75402</p>		<p style="text-align: center;">903-454-9404</p>
<p><b><i>The Lakewood Group</i></b>          2237 Ridge Road, Suite          101          Rockwall, TX 75087</p>	<p style="text-align: center;"><a href="http://www.lakewoodgroup.net">www.lakewoodgroup.net</a></p> <p>The Lakewood Group has provided          Rockwall, Texas, and the surrounding          area with professional mental health          services for over 30 years. The          Lakewood Group includes          psychologists with specialized training          in treating patients and families and a          psychiatrist that treats adult patients          that need medication or therapy.</p>	<p style="text-align: center;">972-771-3969</p> <p>The business          office is available          from 8:30 to 12:00          &amp; 2:00 to 4:30          Monday –          Thursday, and          8:30 to 12:00 &amp;          2:00 to 4:00          Fridays.</p>

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<p><b>Bommarito, Chris, Ph.D.</b>          Licensed Psychologist          Children and Adolescent          Therapy          661 Justin Road          Rockwall, TX 75087</p>	<p style="text-align: center;"><a href="http://www.drbommarito.com">www.drbommarito.com</a></p> <p>If you do not use insurance the charge for the initial session is \$175. Each session thereafter is \$160.</p> <p>Dr. Bommarito is a preferred provider for the following insurances:</p> <p style="text-align: center;">Blue Cross Blue Shield          MediCare          TRICARE</p> <p>Dr. Bommarito files your insurance for you, and you are only expected to pay your copay or deductible if applicable at each session.</p>	<p style="text-align: center;">972-771-2545</p> <p style="text-align: center;">Office Hours          Monday through          Thursday          10:00 a.m. to 6:30          p.m.</p>
<p style="text-align: center;"><b>Baylor Psychiatric          Referral Service</b></p>		<p style="text-align: center;">1-800-828-8880</p>
<p style="text-align: center;"><b>Child and Adolescent          Mental Health Services</b></p>		<p style="text-align: center;">214-333-7046</p>
<p style="text-align: center;"><b>Counseling Institute of          Texas (Garland)</b>          3200 Southern Dr. Ste. 100          Garland, TX 75403</p>	<p style="text-align: center;"><a href="http://www.citexas.com">www.citexas.com</a></p> <p>Sliding scale: \$25 Students, \$45 and up for Staff</p> <p>Medicaid and North Star Insurance, Bilingual Intake and Therapy, Sex and Abuse Treatment, Play, Marital Anger Management All Ages</p>	<p style="text-align: center;">972-271-4300</p> <p style="text-align: center;">Hours: M-Th          9-9pm          F-S 9-4pm</p>
<p style="text-align: center;"><b>Dallas Child Guidance          (Mesquite)</b>          120 W. Main St. Suite 220          Mesquite, TX 75150</p>	<p style="text-align: center;"><a href="http://www.childrenandfamilies.org">www.childrenandfamilies.org</a></p> <p>Low cost insurance, North Star, and Medicaid. Bilingual Intake, and Therapy, Individual, Family, and Play Therapy. Ages 4 and up</p>	<p style="text-align: center;">214-351-3490</p> <p style="text-align: center;">1-866-695-3794</p> <p style="text-align: center;">Open M-F          8:30-5:30pm</p>

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<p><b>Elevate Healthcare</b> 2427 Baker Drive Mesquite, TX 75150</p>	<p><a href="http://www.elevatehealthcare.us">www.elevatehealthcare.us</a></p> <p>Partial hospitalization and intensive outpatient behavioral health treatment programs. Children and adolescents 5-17. Art Therapy, Pet Therapy, Play Therapy, Music, Yoga and nutrition. Accept all insurances, sliding scale, and self pay discounts. Free assessment 5 days a week.</p>	<p>469-917-9201</p>
<p><b>Family Place</b> PO Box 7999 Dallas, TX 75029</p>	<p><a href="http://www.familyplace.org">www.familyplace.org</a></p> <p>Education, assistance, counseling, and parenting classes for past and present victims of domestic abuse. All services are free.</p>	<p>214-559-2170 Crisis: 214-941-1991</p>
<p><b>Hickory Trail Hospital</b> 2000 N. Old Hickory Trail Desoto, TX 75115</p>	<p><a href="http://www.hickorytrail.com">www.hickorytrail.com</a></p> <p>Hickory Trail Hospital provides inpatient and day programs for children, adolescents, adults and senior adults. Payment Plan, Most Major Insurance, No Medicaid unless 20 yrs and under or Out of State Region . Bilingual Intake, Ages 5 and up.</p>	<p>972-298-7323</p>
<p><b>Youth Advocate Programs, Inc.</b> 210 West Tenth Street, Ste. 201, Dallas 75208</p>	<p><a href="http://www.yapinc.org">www.yapinc.org</a></p> <p>Counseling Services—Behavioral Health, Ages 4+ youth. Office or in home services available. Open M-F 8-4pm</p>	<p>214-821-6505</p>
<p><b>Adapt Mobile Crisis Team</b></p>	<p>Open 24 hours a day, will come to school to help with risk assessment for suicide, bilingual intake, will provide resources.</p>	<p>1-866-260-8000</p>

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<p><b>Hunt County Children's Advocacy Center</b>  <b>Crisis Center of Northeast Texas</b>          2604 Lee Street          Greenville, TX 75401</p>	<p style="text-align: center;"><a href="http://www.ccnetx.org">www.ccnetx.org</a></p> <p>Forensic Interviews (ages 2 - 17) - abuse/assault          Trauma-focused Cognitive Behavioral Therapy provided to child victims and non-offending caregivers.          Community Education and Prevention          Love and Logic parenting classes          Victim Assistance          *all services free of charge</p>	<p style="text-align: center;">903-454-9999</p>
<p><b>Youth 180</b>  <b>North Oak Cliff Center</b>          201 S. Tyler St.          Dallas, TX 75208</p> <p><b>Administrative Office</b>          7777 Forest Lane, Suite C-410          Dallas, TX 75230</p>	<p style="text-align: center;"><a href="http://www.youth180tx.org">www.youth180tx.org</a></p> <p>Truancy Intervention          DUI, Alcohol &amp; Substance Possession (ages 15 - 25)          Anger &amp; Conflict Management (ages 10 - 17)          Theft Intervention (ages 10 - 17)          Substance Use Treatment (ages 13-17)</p> <p>Building Resilience for Life's Challenges (ages 6 - 18)          Positive Directions for Families - Free Family Education Program 2 hour session for youth(ages 11 - 17) and their parents once a week for 10 weeks</p>	<p style="text-align: center;">972.566.4680          214.942.5166</p>
<p><b>Rockwall Counseling and Wellness</b>          1024 Ridge Rd.          Rockwall, TX 75087</p>	<p style="text-align: center;"><a href="http://www.rockwallcounselingandwellness.com">www.rockwallcounselingandwellness.com</a></p> <p>Individual counseling, Counseling for anxiety and depression, couples counseling, counseling for adolescents and their families, parenting counseling, play therapy, grief counseling, and more.</p>	<p style="text-align: center;">(972) 742-7038</p> <p>Hours vary between therapists.          Appointments available 7 days a week.</p>

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<p><b>CTC Dallas-Rockwall</b> 500 Turtle Cove BLVD Rockwall, TX 75087</p>	<p><a href="http://www.dallasctc.com/rockwall">www.dallasctc.com/rockwall</a></p> <p>Accept most major insurance plans and offer out-of-network services. In the event that your insurance does not cover behavioral health or has a high deductible reduced rate sessions are offered.</p> <p><b>PRIVATE PAY RATES:</b> Licensed Professional Counselors / Licensed Clinical Social Workers / Licensed Marriage &amp; Family Therapists start at \$170 for your first session and \$140 for each appointment thereafter.</p> <p>Licensed Professional Counselor - Interns / Licensed Master Social Workers are licensed under the supervision of Alyce Messer, LCSW-S, Jett Cutter Roberts, LPC-S, Melissa McLemore, LPC-S or Megan Carley, LCSW-S and offer reduced rates starting at \$50 per session.</p>	<p>(972) 865-8782</p> <p>Monday – Friday: 8AM – 8PM</p> <p>Saturday: 8AM – 2PM</p> <p>Sunday: Closed</p>
<p><b>Heartfelt Christian Counseling</b> 3705 Lakeview Pkwy Ste. 205 Rowlett, TX 75088</p>	<p><a href="https://heartfeltcc.com">https://heartfeltcc.com</a></p> <p>Christian counseling Accepts insurance and self-pay plans.</p>	<p>(972) 996-2242</p>
<p><b>Lake Pointe Counseling Center</b> 701 E Interstate 30 Rockwall, TX 75087</p>	<p><a href="http://www.lakepointe.org/counseling">www.lakepointe.org/counseling</a></p> <p>Christian Counseling</p>	<p>469-698-2250</p>
<p><b>Grief and Loss Center</b> 4316 Abrams Rd Dallas, TX 75214</p>	<p><a href="http://mygriefandloss.org/">http://mygriefandloss.org/</a></p> <p>Grief support services</p>	<p>214-452-3105</p>
<p><b>Journey of Hope Grief Support Services</b></p>	<p><a href="https://johgriefsupport.org/">https://johgriefsupport.org/</a></p> <p>Grief support services</p>	<p>(972) 964-1600</p>