

Hello! Please complete the warm up and one of the two options listed for P.E. class today. Each option has videos linked when you click on them.

Use this link to fill out a google form sheet on what has been completed for the day.  
[https://docs.google.com/forms/d/e/1FAIpQLScnFn\\_zJu-5Lojcos4pKgdsU9lxyrVSkedwQdoUo3iNp0n6pA/viewform](https://docs.google.com/forms/d/e/1FAIpQLScnFn_zJu-5Lojcos4pKgdsU9lxyrVSkedwQdoUo3iNp0n6pA/viewform)

Thank you!  
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<u>WARMUP</u>	<u>OPTION 1</u>	<u>OPTION 2</u>	
Walk/Jog around your house 3 times!	1) <a href="#">Toss and Catch (sock ball)</a> 2) <a href="#">Bullseye 1 min. Challenge</a>	<a href="#">The Wonder Woman Superhero Workout</a>	