



Lebanon Public Schools

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Dear Students, Parents and Guardians,

I am writing to let you know that shortly after I sent a letter to you earlier this afternoon, we learned that a student at Lyman Memorial High School has tested positive for COVID-19. I consulted with Uncas Health District to ensure appropriate measures are taken. The student was last in school on October 29th. Students and staff members who may be close contacts with this student are being contacted and told to quarantine for 14 days.

Out of a strong concern for the safety of our students, staff members and families, Lyman Memorial High School will be in Distance Learning for the next two weeks. Conditions permitting, the high school will return to either Hybrid or In School instruction on Monday, November 16. While Lyman is in Distance Learning, all in person student activities, including sports, are postponed. Events that can be rescheduled for a later date will be rescheduled. Other events may need to be canceled.

There are no known close contacts at Lebanon Middle School and Lebanon Elementary School. These schools will remain with In School instruction for the time being.

COVID-19 Reminders

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge everyone to discuss the following preventive measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Be sure to also wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maximize social distancing between yourself and others when outside of your home.

Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- Fever (100.4° Fahrenheit or higher)
- Chills or shaking chills
- Uncontrolled new cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell

For additional information on COVID-19 symptoms, please see:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

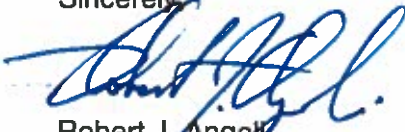
Staff and students exhibiting any of the above symptoms, or feeling ill, should call their medical provider to report their symptoms and ask about testing prior to seeking in-person care at a clinic, physician's office, or hospital.

For more information on what to do if you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see:

<https://portal.ct.gov/-/media/SDE/COVID-19/Addendum-5-Interim-Guidance-for-Responding-to-COVID-19-Scenarios-in-CT-School-Districts.pdf>

Let's keep one another safe and healthy.

Sincerely,



Robert J. Angel
Superintendent of Schools

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