

TECC BREAKFAST NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Biscuit Jelly Packet Fresh Apple Slices Chocolate Milk 1% White Milk 1% Apple Juice	3 Pancake on a Stick Syrup Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	4 Cereal Graham Crackers Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	5 Cinnamon Sugar Oatmeal WG Pop Tart Fresh Apple Slices Chocolate Milk 1% White Milk 1% Apple Juice	6 Cereal Whole Grain Toast Jelly Packet Banana Chocolate Milk 1% White Milk 1% Apple Juice
9 Cereal Chocolate Elf Grahams Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	10 Cheesy Scrambled Eggs Whole Grain Toast Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	11 Cereal Whole Grain Toast Jelly Packet Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	12 WG Pancakes SYRUP Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	13 Cereal Graham Crackers Banana Chocolate Milk 1% White Milk 1% Apple Juice
16 Cereal Whole Grain Toast Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	17 Trix Yogurt Graham Crackers Orange Smiles Chocolate Milk 1% White Milk 1% Apple Juice	18 Cereal WG Pop Tart Red Grapes Chocolate Milk 1% White Milk 1% Apple Juice	19 Cereal Graham Crackers Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice	20 Breakfast Frudel Banana Chocolate Milk 1% White Milk 1% Apple Juice
23 NO SCHOOL !!	24 NO SCHOOL !!	25 NO SCHOOL !!	26 NO SCHOOL !!	27 NO SCHOOL !!
30 Cereal WG Pop Tart Apple Wedges Chocolate Milk 1% White Milk 1% Apple Juice				

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