

October 7<sup>th</sup>, 2019

The Health and Wellness Committee met in the High School office to have their first meeting of the year. Chairman of the Wellness Policy, Alissa Kelley called the meeting in to order. Lisa Miller seconded.

Meeting started at 12:25.

1. Tonya White made a motion that we look in to more al a carte items for High School lunches. She said that to keep kids from leaving and eating off campus, we should offer a variety of things that they would like to eat. Pizza, subs, etc. Taylor Kelley seconded the motion. Motion carried. Tonya will speak with lunchroom about choices that are within the guidelines.
2. Taylor Kelley asked why the vending maching in the hallway that had juice was taken away. There was no clear answer on why. She stated that she has heard a lot of students want another option at lunch besides milk or water.
3. Alissa Kelley brought up the importance of the staying healthy during flu season. Wash hands, cover cough, stay home if not feeling well or running a fever. Get flu shots and encourage others to do the same.

Lisa Miller made a motion to adjourn the meeting. Taylor seconded. Meeting adjourned at 1:00. Next meeting in Feb.