

What to do when Susie has the sniffles ???

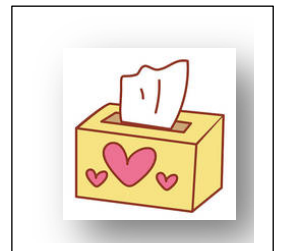


This year we can't fall back on "it's just a cold or sniffles". If a student is congested and has a runny nose they should stay home. If someone has allergies, unless it's been identified by the doctor, and your school has documentation of this, it needs to be checked out due to Covid having so many similar symptoms. Please refer to the MDH [Decision Tree](#), and know that each situation may need individual assessment. You may contact the COCO team Via Email covid19@newcountryschool.com with questions.

When must my child stay home?

Your child **MUST** stay home if they have at **least one symptom** from the list:

- Fever of 100.4 degrees Fahrenheit or higher
- New cough, or a cough gets worse
- Difficulty or trouble breathing
- New loss of taste or smell



Your child **MUST** stay home if they have at **least two symptoms** from this list, even if they do not have any symptoms from the first list above:

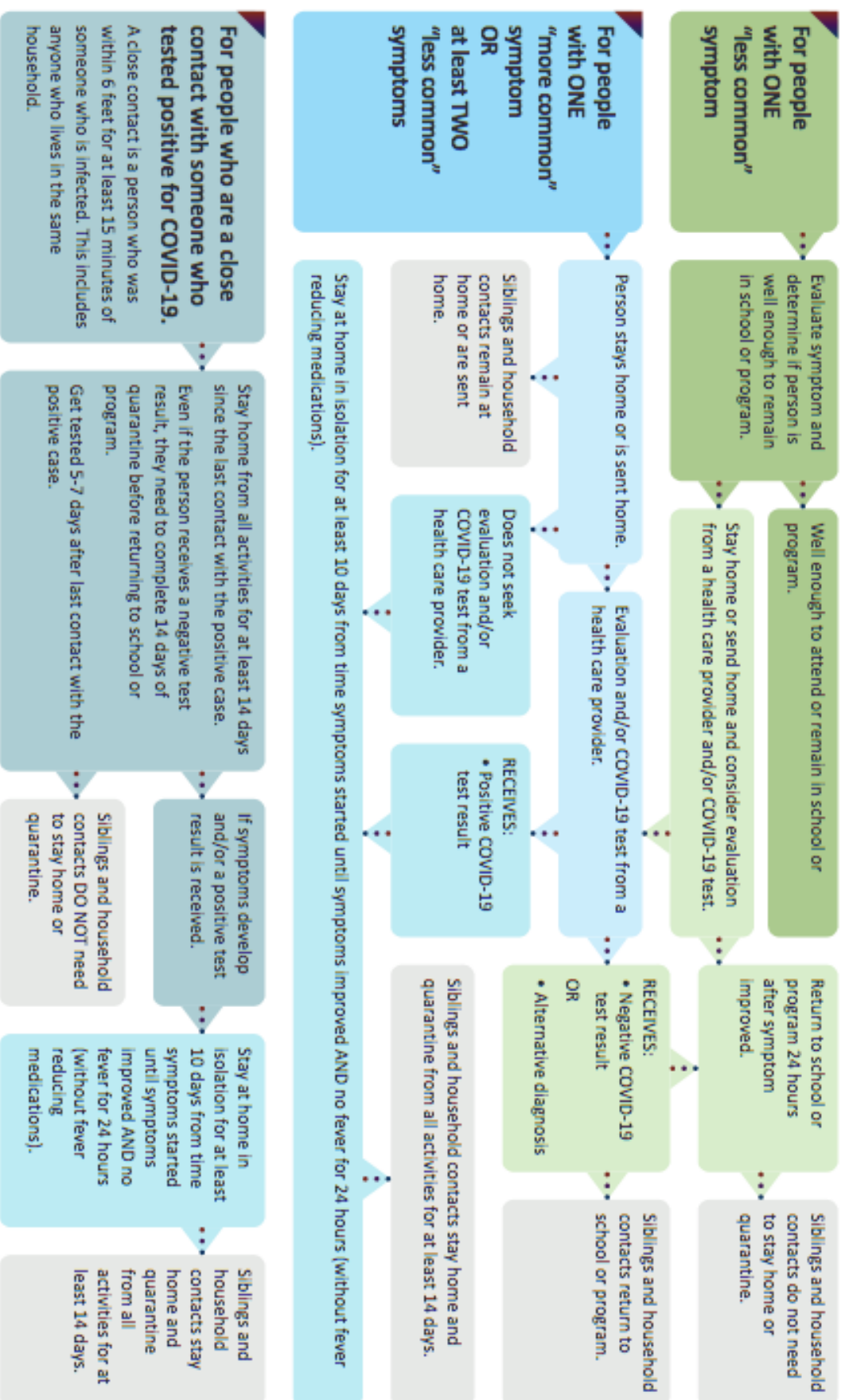
- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue (being very tired)
 - New or severe headache
- New nasal congestion or runny nose



COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs

Follow the appropriate path if a child, student, or staff person is experiencing the following symptoms consistent with COVID-19:

- More common: fever greater than or equal to 100.4° F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell.
- Less common: sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.



For people who are a close contact with someone who tested positive for COVID-19.
A close contact is a person who was within 6 feet for at least 15 minutes of someone who is infected. This includes anyone who lives in the same household.

Stay home from all activities for at least 14 days since the last contact with the positive case.
Even if the person receives a negative test result, they need to complete 14 days of quarantine before returning to school or program.
Get tested 5-7 days after last contact with the positive case.

If symptoms develop and/or a positive test result is received.
Siblings and household contacts DO NOT need to stay home or quarantine.

Stay at home in isolation for at least 10 days from time symptoms started until symptoms improved AND no fever for 24 hours (without fever reducing medications).

Siblings and household contacts stay home and quarantine from all activities for at least 14 days.



STAY SAFE MN

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Contact health.communications@state.mn.us to request an alternate format. | 8/31/2020