

Lee County Nutrition & Physical Activity Report Card In review of the 2021-2022 SY

The Lee County School District is dedicated to providing nutritious and well-balanced meals to all students and faculty providing multiple physical activity opportunities as a means of helping our students reach proficiency.

We currently provide meals to approximately 918 students each day.

Our Food Service Staff currently consists of 9 full-time cook/bakers, 3 school managers, 3 part-time substitutes and 1 School Food Service Director that oversees the program.

The Lee County School District currently participates in the following Federal Food Service Programs:

Community Eligibility Program (CEP) - Free meals to ALL students
National School Breakfast Program
National School Lunch Program
Afterschool Snack Program (ASSP)
Summer Food Service Program
Fresh Fruit & Vegetable Program

Community Eligibility Program (CEP) CEP began at the start of the 2011-12 school year. The Lee County School District is currently in the 11th year of the program. This program provides a free breakfast and lunch to all children in the school district, regardless of parent/guardian income. Our claiming percentage is over 100%, therefore every reimbursable meal that we serve is reimbursed at the free rate. The reimbursement rates are currently \$2.35 for breakfast, \$3.90 for lunch, and \$1.00 for each after school snack served. Adult meals and a la carte items are available for purchase in the cafeterias as well. Adult meal prices are currently \$3.00 for breakfast and \$5.00 for lunch.

Healthy Hunger-Free Kids Act of 2010 The Lee County Child Nutrition Program is accredited in meeting the Healthy, Hunger-Free Kids Act (HHFKA) 2010 provisions. The Federal nutrition standards have been implemented in stages to ensure that meals are healthier, well-balanced, and provide students the nutrition they need to succeed at school. A student must take a minimum of a fruit or vegetable at breakfast and lunch to complete their meal.

Seamless Summer Option Due to the COVID-19 pandemic schools were allowed to operate under the Seamless Summer Option in the 2021-22 School Year. This allowed for a higher

reimbursement per meal, which was desirable for the lower number of meals served and the rising cost of foods and supplies. The Seamless Summer Option allows schools to serve any child 18 and under without submitting a household income application. The table below provides a synopsis of our 2021-22 Seamless Summer Option.

Federal Reimbursement	\$644,505.78
Participating Campuses	2
Total Breakfast Served	64,573
Total Lunch Served	107,851

Smart Snacks in Schools A la carte items are priced and made available to students during breakfast and lunch. Any item that can be counted as a meal component of a reimbursable meal can be sold under the federal breakfast and lunch programs. This would include any extra item that is on our breakfast or lunch menu. We also sell water, 100% fruit juices, and other items that are “Smart Snack” compliant. “Smart Snack” compliant items are to be “whole grain-rich” grain products or have the first ingredient as a fruit, vegetable, dairy, or protein food or be a combination food that contains at least ¼ cup of fruit and/or vegetable. All items must also meet several nutrient requirements in calorie, sodium, fat, and sugar limits. All school may sell plain water, unflavored or flavored low fat and fat free milk, and 100% fruit or vegetable juice. There are also limits on portion sizes for beverages in schools with the exception of water. Beyond this, the standards allow additional “no calorie” and “lower calorie” beverage options for high school students only. All schools in our district must wait at least 30 minutes after the last lunch period ends to sell only those items that meet the nutritional guidelines. Thirty minutes after the school day ends no nutritional guidelines must be followed. The standards do not apply during non-school hours, on weekends, and at off-campus fundraising events.

After School Snack Program (ASSP) Lee County Elementary and Lee County Middle High School are currently approved to participate in the After School Snack Program. The ASSP allows children that participate in afterschool educational or enrichment activities in an organized, structured and supervised environment to have a snack after school. The program offers a free light snack to those children that are enrolled in these activities. The table below provides a synopsis for our 2021-22 After School Snack Program.

Federal Reimbursement	\$4,438.00
Number of Sites	2

Number of Snacks Served	4,438
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Summer Food Service Program (SFSP) The SFSP was created to ensure that children in low income areas could continue to receive nutritious meals during their summer vacations. All children 18 years of age or younger can receive free meals. We offer a combination of breakfast, lunch, and snacks in several locations in our community including the schools, public library, churches, and parks. The SFSP took place in the months of June, July and August of 2022. The table below provides a synopsis of our 2022 Summer Food Service Program.

Federal Reimbursement	\$14,839.22
Number of Sites	3
Number of Meals Served	4,032

Fresh Fruit & Vegetable Program (FFVP) Elementary schools that represent a State’s highest free and reduced price enrollment are eligible to participate in the FFVP and are given priority for being selected due to their high need level. The purpose of the program is to increase fresh fruit and vegetable consumption in Elementary School students. Lee County Elementary has received this grant for several years and was awarded \$25,800.00 for the 2021-22 school year.

Assessment Tools The school district and individual schools complete the assessment tool on the Alliance for a Healthier Generation website at <https://schools.healthiergeneration.org/> to complete their annual assessment on nutrition and physical activity for their locations. The results are used to make improvements to their wellness policies, district, and schools. Each school has completed their annual assessments and have developed action plans that speak to their school.

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(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (833) 256-1665 or (202) 690-7442; or

(3) email: program.intake@usda.gov.

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