

Mustang Nurse News

Prepared by Your RSU 57 District Registered Nurses

Dear RSU 57 Community,

Thank you for your continued help in keeping our schools safe by completing the COVID-19 Pre-Screening tool every morning and keeping your child(ren) home when they are feeling unwell. We understand that having to make arrangements for sick children can be a hardship for many families. We thank you for your continued support.

As with the start of any new school year, there are many tasks that need to be completed to plan for a successful school year. Please be sure the following documents have been completed by the parent/guardian and signed by your child's medical provider if applicable:

- **Provide an up-to-date immunization record (Pre-k, K, grade 7, grade 12).**
 - Even if your child is learning remotely this year, they are still enrolled as a student within RSU57 and need to meet all of the same requirements as an in-person learner.
- **Turn in a completed annual student health questionnaire.** It is important to have the most updated information should your child need medical care during the school day.
- **Provide orders from your child's medical provider if applicable** (each document should be signed by you and the provider)
 - **Asthma Action Plan** (any student with a diagnosis of Asthma)
 - **Allergy and Anaphylaxis Emergency Plan** (Any student with a life-threatening allergy (food, insect, latex, etc.)
 - **Medication orders / parental permission to administer**

Please be advised that all medication must be brought into school by a responsible adult, in its original labeled container. A 21 day supply of medication can be dropped off unless it is labeled as a controlled substance under the Controlled Substances Act, in which only a 5 day supply can be stored at school.

News Updates & Headlines

- [COVID-19 Pre-screening Tool for School Attendance](#)
- [What is Quarantine?](#)
- [What is Isolation?](#)
- [Please Wear a Mask - How to properly wear a mask](#)
- [Traveling around the Holidays? - Keep Maine Healthy FAQ's](#)

RSU 57 Resources Available

- [RSU 57 Website](#)
- [RSU 57 Community Resources](#)

Out-of-District Resources

- [COVID-19 Community Care Support Service](#)
- [Trick or Treating: Halloween Checklist for Parents \(MeCDC\)](#)
- [Halloween: Other Activities \(MeCDC\)](#)

Healthy Ideas and Tips

What Can you do?

- Get flu shots for the family.
- Practice proper handwashing to prevent the spread of ANY illness.
- Wear a Mask
- Social Distance
- [Planning to travel around the holidays? Book your return to Maine COVID-19 testing NOW if traveling out of the exempt States.](#)

Contact us!

Do you have more questions? Contact your school nurse!

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