K-2 MENTAL HEALTH THOUGHTS

Kelso School District Mental Health

My child is happy to be back at school a couple days a week The social interaction and not staring at a screen is important Parent/Caregiver



In person is great My Kinder is doing fantastic on campus and wearing a mask. He loves going in person, struggles a little going 5 days without going back Parent/Caregiver



My kindergartener loves being back in school part time.

Parent/Caregiver



Mt kids were both so excited for the in person days. They have provided an important mental and social boost.

Parent/Caregiver



Our kids really enjoy being in school, and are enjoying seeing their teacher and their friends

Parent/Caregiver



My daughter enjoys school. She needs in person learning not only because she is hands on. But she also needs the one on one with teachers and fellow students.

Parent/Caregiver



Child VERY happy to be with teacher & class in person. Child has been in organized daycare/preK for years and remote was let down -not teacher fault!

4.0

5 *****4 *****3 *****2 *****1 *****

Parent/Caregiver

My son is so happy to be back at school even if only two days a week, and we are so grateful to be able to do so. I have noticed a significant improvement in his listening and behavior at home since returning. It was really hard on him to not see his peers/teacher *Parent/Caregiver*

4.0

He cant wait to be back in school full-time

Parent/Caregiver

4.0

5 ★ ■ 3 ★ ■ 2 ★ 1 ★ ■

My 2nd grader lights up on in person days! We need more. When is enough, enough. We are ruining our little's with online learning. Parent/Caregiver

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Socialization for a kindergartner making friends and socialization is a key part to learning other than the academics and being fully remote doesnt.

4.0

5 *****4 *****3 *****2 *****1 *****

My daughter seems to be a little happier to be back in school even if it is only for 2 days a week Her spirit has perked back up a little and she is excited to have some social interaction. Parent/Caregiver

3.9

5 ★ 4 ★ 3 ★ 2 ★ 1 ★ ■

He loves being back in school. I think its really going to have a negative effect on him mentally if he has to go back to full online learning.

3.9

Parent/Caregiver

Parent/Caregiver

His behavior on the days he's in school are far better than the days he is in front of a computer. He gets very emotional with all of the screen time and very frustrated with navigating the online classroom set up. Most days he spends crying trying to stay caught up. Parent/Caregiver



What works well is having her in class and having social interaction. We appreciate the district opening to hybrid and allowing her to learn. Being in class makes her want to participate more from home with zooms *Parent/Caregiver*



It's great! I can't wait for her to be in person full time Social skills!

Parent/Caregiver



The whole structure of the online and in person hybrid is frustrating The edgeunity isn't a great program at all for my kids. Doesn't help/teach them much at all. It's hurtful for both my kids mental health to miss school Parent/Caregiver



Kids need true social interaction & hands on education. Trying to learn from the kitchen counter isn't ideal for any student, especially Elem school. Seems many people are really struggling to maintain success with remote learning as the programs/internet don't always cooperate.

Parent/Caregiver



We're doing a lot better with breaks from each other. This is so important to the mental health of our kids. This quarantine has taken a toll on everyone's lives and mental health. Parent/Caregiver



The days my child is home now are possibly even more challenging because she wants to **be in school** School is just as much social skills as it is learning math and language arts Parent/Caregiver





The days there are no in person school The children miss being there.

Parent/Caregiver

My child told me this morning that he would rather go to school in person for 10 hours a day than do 4 hours of school at home on the **computer.** His attitude has improved. He came home from the first day of school in person and I haven't seen him so excited to go back. Parent/Caregiver

WE NEED FULL IN PERSON PERIOD, Our children need an education. For those that want to stay remote the options available to them. Let the kids back in school they are suffering educationally, mentally, physically. Parent/Caregiver

Overall mental health the kids are suffering

My kids are suffering and having a hard time with being motivated to do the online schooling. We are good at being their parents, not their teachers Parent/Caregiver

Full in person learning To grow as a person

Parent/Caregiver

Education is lacking Social engagement is weak

Parent/Caregiver

My child does not like remote learning so the more in person days the better for her as she needs the ability to socialize a lot more. socialization is important being able to be near people and actually talk to them rather then just another video on a screen Parent/Caregiver



Another challenge is getting my child to sit infront of a computer. He needs social interaction with kids and teachers and a structured school environment to thrive. Parent/Caregiver



My 2nd grader is sooo excited for school her 2 days a week. The sad face and frustration sets in the other 3 days. Its sad really Parent/Caregiver





Covid has made it hard on my son because he only goes to school 2 days a week, it's hard to make friend in that amount of time. Social

make friend in that amount of time. Social interaction is important for kids, to make friends that will be in school with for years to come.



3.4 ★★★☆☆ (29 ♣) 5 ★ 4 ★ 3 ★ 2 ★ 1 ★

My second most important challenge is the lack of social interaction my kindergartener is getting. Kindergarten is an important stage in a child's life that helps shape their social interaction with the world properly.

Parent/Caregiver





Part in person is the only thing my son looks forward to when it comes to school. Remote learning is difficult I can't get him to sit at the computer Social skills are vital for us first grader, although I wish in person learning was four days at minimum, at least there's two Parent/Caregiver





Im not a teacher	Social development is lost
Parent/Caregiver	





These poor kids will continue to suffer if we can't get them at school more. Teachers are awesome and can teach way better than I can! The online learning has taken the joy out of learning for my kid and she needs a class Parent/Caregiver





I wish they could attend more than two days because my first grader is having a hard time adjusting each week.

Parent/Caregiver





Lack of social connection Children need to be with others to grown and learn better Parent/Caregiver



Not having the small groups/pe/music on the off days has been challenging. On the off days she is at home she feels as if she is completely disconnected from her class by not having that visual/social interaction.

Parent/Caregiver





My child is so sad. He wants to play with his friends and sit next to other kids on the bus Its important for his social skills and if they cant play together and have to feel alone they shouldn't be there Parent/Caregiver





The biggest benefit of the hybrid model that I see is increased socialization for kids (huge for our younger students) and relief for parents. I don't see increase in participation happening until we increase time at school. Parents seem to have reached their fill.

Staff - Certificated





I feel there is undue stress on staff this year. The same C's of compassion, communication, and common sense should apply to how staff is treated. We are putting our own health at risk to do our jobs. Jobs that we love and feel called to do. I would like to see more compassion and grace for staff Staff - Certificated	3.3 *********(1&)	5 ★ 4 ★ 3 ★ 2 ★ 1 ★
Socially speaking, the in person hybrid model is a success! Kids love being at school and seeing teachers and friends. It is so very important to keep the hybrid and increase time for in person learning. Staff – Certificated	0.0 公公公公公(0&)	5 ★ 4 ★ 3 ★ 2 ★ 1 ★
Online learning is very hard for my student Not going to school is taking a toll on my child's mental health Parent/Caregiver	3.6 ★★☆☆☆(2&)	5 ★ 4 ★ 3 ★ 2 ★ 1 ★
My child's well being Children need to be in school, need the social interaction, two days a week is not enough. And what are they really retaining when they go two days? Parent/Caregiver	3.8 ★★☆☆☆(3♣)	5 ★ 4 ★ 3 ★ 2 ★ 1 ★
Teachers are being asked to teach in two different modes and take on numerous new roles without having enough time to plan/prep for everything. This shows a disregard for teachers' well-being; there is no way to complete everything during the school day so I have to take things home nightly. Staff - Certificated	3.9 ★★☆☆☆(4♣)	5 ★ 4 ★ 3 ★ 2 ★ 1 ★