

MAY 2023

HAMILTON COMMUNITY SCHOOLS

LUNCH



School Information: *Menu subject to change
*This institution is an equal opportunity provider.



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

Chicken strips
Baked Beans
Carrots
Fruit
Milk

1

TUESDAY

Chicken Sandwich
Broccoli
Side Salad
Fruit
Milk

2

WEDNESDAY

Quesadilla
Peppers
Carrots
Fruit
Milk

3

THURSDAY

Pulled pork
Cauliflower
Green Beans
Fruit
Milk

4

FRIDAY

Pizza
corn
Peas
Fruit
Milk

5

Corn Dogs
French Fries
Baked Beans
Fruit
Milk

8

Meatball Subs
Corn
Carrots
Fruit
Milk

9

Fiestadas
Peppers
Side Salad
Fruit
Milk

10

Popcorn Chicken
Broccoli
Mixed Veggies
Fruit
Milk

11

Hotdog (cookout) Weather permitting
Chips
Carrots
Pickle
Fruit
Milk

12

Mac and Cheese
Carrots
Broccoli
Fruit
Milk

15

Chicken Drumstick
Mashed potatoes
Corn
Fruit
Milk

16

Pizza burger
Carrots
Peppers
Fruit Milk

17

Lasagna Bstick
Side salad
Peas
Fruit
Milk

18

PBJ Picnic Weather Permitting
Carrots
Celery
Fruit
Milk

19

Salisbury Steak
Mashed potatoes
Corn
Fruit
Milk

22

Max Sticks
Side Salad
Broccoli
Fruit
Milk

23

Taco
Peppers
Refried Beans
Fruit
Milk

24

Burrito
Carrots
Celery
Fruit
Milk

25

Pizza
Carrots
Cucumbers
Fruit
Milk

26

NO SCHOOL

29

Chefs Choice

30

Chefs Choice

31

