

# November 2020

## NPCS Cafeteria

### News

### Meal Prices

#### Breakfast

Adults -\$1.55

Students- FREE

#### Lunch

Reduced- No charge

K- 5<sup>th</sup>- \$1.95

6<sup>th</sup>-12<sup>th</sup>- \$2.40

Extra Milk- \$0.35

Adult - \$3.30

K-8<sup>th</sup> grade must take at least ½ cup of Fruit or Veggies at each meal

9<sup>th</sup>-12<sup>th</sup> must take 1 cup of Fruit or Veggies at each meal

Menu is subject to change pending availability

USDA AND NPCS ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2. Cereal Bars (53)  Ham & Cheese Sandwich W/ Chips (95) Carrots	3. Muffins (63)  Spaghetti With Garlic Bread(91) Salad	4. French Toast (60)  Stromboli W/ Yogurt (92) Celery & PB	5. Bagel W/ string Cheese (53)  Chicken Pot Pie (68) Broccoli
9. Yogurt & Grahams (66)  Chicken Sandwich W/Fries (94) Carrots	10. Pancakes (43)  Beef Enchiladas (60) Salad	11.  <b>NO SCHOOL</b>	12.  <b>NO SCHOOL</b>
16. Muffin (63)  Hamburger W/ Tots (91) Broccoli	17. U.B.Rs (67)  Chicken Fajita & Spanish Rice Bowl (99) Black Beans Cauliflower	18. Bagel W/ String Cheese (53)  Biscuits & Gravy (89) Carrots	19. Cereal Bar (53)  Chicken Caesar Salad W/ Breadstick (113)
23. Pancakes (43)  Chicken Wraps W/ Chips (108) Celery & Hummus	24. Breakfast Bar (65)  Ham, Scallop Potatoes, Sweet Potatoes, Rolls (127)	25.  <b>NO SCHOOL</b>	26.  Thanksgiving <b>NO SCHOOL</b>
30. French Toast (60)  Chicken Teriyaki Rice Bowl (91)			