

Food Allergy Classroom Ban Sample Letter

Dear Parents,

We are asking for your help in providing a safe learning environment to all students. While any food can cause an adverse reaction, the American Academy of Allergy, Asthma and Immunology lists eight types of foods that account for 90% of all reactions:

•Eggs
•Fish

•Milk
•Shellfish

•Peanuts
•Wheat

•Tree Nuts
•Soy

One or more students in your child's grade level has a severe food allergy to one of the foods listed above. It is important that foods containing these substances are strictly avoided in order to prevent a life-threatening allergic reaction.

Any exposure to food allergens may cause a life threatening allergic reaction that requires emergency medical treatment. To reduce the chance of this occurring, **we ask that you do not send any of these food items to school with your child if they will be shared or eaten in the classroom during scheduled classroom parties.** If you child has eaten foods or foods containing products from the above list before coming to school, please be sure that your child's hands and face are washed before riding the bus or entering the school. As an extra precaution, children in your child's classroom will be asked to wash their hands before *and after* they eat. A "food allergy" table will be available in the lunch room for all students who are not eating these products during lunch. Peanuts and nut containing foods will not be served in school lunch. As always, students will not be allowed to share or trade food during snack or lunch time.

Many parents enjoy contributing treats and baked goods to the class on special occasions. Because of known and unknown food allergies, on those occasions please refer to our wellness policy. **Please do not bring food to share in the classroom without first contacting the classroom teacher.**

We appreciate your support to help ensure the safety of our students. Please complete and return the bottom of this form so that we are certain you have received this important information.

Please contact me if you any questions or concerns.

Sincerely,

Your School Nurse

I have read and understand the peanut-free classroom precautions that will help keep the school environment safe for students with food allergies.

Parent Signature

Child's Name