


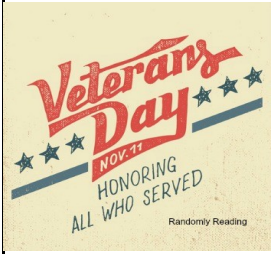
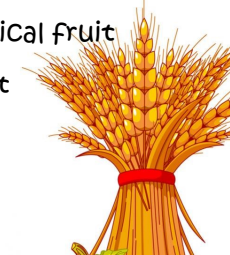


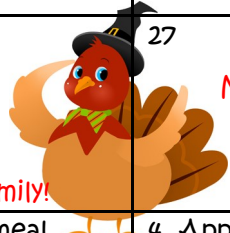
South Central Grade School

November

Breakfast is the first menu and includes oj. All meals include milk.

Go to www.southcentralschools.org for all current updates.



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| <p>2 BelVita cookie</p> <p>BBQ rib on bun</p> <p>Doritos</p> <p>Carrots/ranch</p> <p>Tropical fruit</p> | <p>3</p> <p>NO SCHOOL</p>  | <p>4 Mini Cinnis</p> <p>Mini pepperoni Calzone</p> <p>Cheetos</p> <p>Tomato/ranch</p> <p>Peach cup</p> | <p>5 Strawberry cc bagel</p> <p>Grilled Cheese</p> <p>Cauliflower/Ranch</p> <p>Goldfish</p> <p>Applesauce</p> | <p>6 Muffin</p> <p>Ham & cheese on bun</p> <p>Doritos cool ranch</p> <p>Sugar snap peas/ranch</p> <p>Applesauce</p> |
| <p>9 Crumb square</p> <p>Cheeseburger on bun</p> <p>Tomato/ranch</p> <p>Ruffles</p> <p>Pineapple fruit cup</p> | <p>10 Tornado (french toast)</p> <p>Corndog</p> <p>Tostitos</p> <p>Cheese dip</p> <p>Mandarin oranges</p> <p>Fruit snack</p> | <p>11</p> <p>NO SCHOOL</p>  | <p>12 Cinnamon and cream cheese bagel</p> <p>Chicken sandwich</p> <p>Sunchips</p> <p>Carrots/ranch</p> <p>Dried Crasins</p> <p>Strawberry</p> | <p>13 French toast</p> <p>Chicken quesadilla</p> <p>Salsa</p> <p>Romaine salad</p> <p>Ranch dressing</p> <p>Peach cup</p> |
| <p>16 Donut holes</p> <p>Pepperoni Tornado</p> <p>Frito honey twists</p> <p>Tropical fruit</p> <p>Treat</p>  | <p>17 Tornado (bacon, egg and cheese)</p> <p>Hot pocket</p> <p>Ruffles</p> <p>Sugar snap Peas/Ranch</p> <p>Applesauce</p> | <p>18 Golden Graham cereal bar</p> <p>Hot dog</p> <p>Baked sour cream onion</p> <p>Choc. chip cookie</p> <p>Pineapple cup</p> | <p>19 Poptart</p> <p>Turkey & cheese on bun</p> <p>Lays</p> <p>Carrots/ranch</p> <p>Peach cup</p> <p>Midterms Go Home</p> | <p>20</p> <p>NO SCHOOL DEER DAY</p>  |
| <p>23</p>  <p>NO SCHOOL FOR STUDENTS</p> | <p>24</p> <p>NO SCHOOL FOR STUDENTS</p> | <p>25</p> <p>NO SCHOOL</p> | <p>26</p> <p>NO SCHOOL Turkey Day, Enjoy Your Family!</p>  | <p>27</p> <p>NO SCHOOL</p> |
| <p>30 Cinnamon roll</p> <p>Chicken Caesar wrap</p> <p>Corn chips</p> <p>Mandarin Oranges</p> <p>Cheese snack</p> <p><small>SCE is an equal opportunity employer.</small></p> | <p>1 Sausage pancake on stick</p> <p>Grilled cheese</p> <p>Tomato/ranch</p> <p>Goldfish</p> <p>Applesauce</p> | <p>2 Pancake</p> <p>Taco salad</p> <p>Tostitos</p> <p>Salsa</p> <p>Black beans</p> <p>Peach cup</p> <p>Treat</p> | <p>3 Smores oatmeal bar</p> <p>Un crustable</p> <p>Lays chips</p> <p>Sugar snap Peas/ranch</p> <p>Pineapple fruit cup</p> | <p>4 Apple frudel</p> <p>Bosco stick</p> <p>Marinara</p> <p>Sunchips</p> <p>Tropical fruit cup</p> <p>Treat</p> |