



MORRIS GRADE SCHOOL



Morris Grade School
Athletic/Activity Guidelines
(Derived from IHSA/IESA Phase 4 Guidelines)

Morris Grade School Phase 4 Athletic Contact Day Guidelines

- **Athlete Screenings:**

- 1) Daily temperature checks will be conducted by coaches, daily health monitoring forms will be completed by athletes/parents and certified by coaches prior to athletes being allowed to engage in practice. (This screening is separate from the screening process that allows the child to attend school)
- 2) Any athlete with a fever, symptoms, or a positive Covid-19 test should not report to school or participate in practice, open gyms, competition, or conditioning. The student-athlete must be referred to a physician for evaluation and only return after clearance to do so from a physician.
- 3) Parents and/or athletes must contact their coach or activity leader immediately if they have a fever and/or symptoms.
- 4) Coaches and activity leaders are responsible for maintaining a daily record of attendance and notes on symptoms if presented. Coaches and leaders must immediately contact the Athletic Director Mr. Keith Anderson if they are made aware that one of their athletes has tested positive for Covid.

- **Cleaning Protocols:**

- 1) The District 54 maintenance department will complete daily cleaning and sanitizing of the facilities.
- 2) Locker room use will not be permitted by any athletes at this time.
- 3) Coaches are responsible for cleaning athletic equipment used by students (balls, pads, etc.) on a daily basis.
- 4) Athletes (and coaches) should wash/disinfect their hands prior to practice/competition. Athletes and coaches are strongly encouraged to shower and wash their clothes immediately upon returning home. Personal equipment must be taken home and cleaned on a daily basis.

- **Personal Protective Equipment (PPE):**

- 1) Masks must be worn indoors **at all times by coaches and athletes.**
- 2) Masks do not need to be worn outdoors as long as 6' social distancing can be maintained. If social distancing can not be maintained, students and coaches must wear masks. (This includes intrasquad scrimmages)

- **Winter Contact Days:**

- 1) Up to 15 contact days have been authorized by the IESA for all sports not currently in session or have yet to compete this school year.
- 2) Intrasquad scrimmages in the sports of Basketball and Volleyball, which have been deemed as Medium Risk, may occur if parents of participants have granted permission through the signing of our parent consent and release form.
- 3) Teams in the Low Risk category, such as Sideline Cheer, may conduct practices and training sessions following the IESA/IDPH guidelines.
- 4) Teams in the High Risk category, such as Wrestling and Competitive Cheer, may conduct non-contact practices and training sessions with **NO** intrasquad scrimmage.
- 5) All IESA/IHSA Return to Play Phase 4 Guidelines along with Morris Grade School's protocols must be followed while conducting winter practices/gatherings.
- 6) Winter practices/open gyms are voluntary for athletes.
- 7) Due to Covid restrictions to group capacities, No spectators will be allowed in the building.