

November 2020

BEECHER CITY CUSD # 20

LUNCH



School Information: THIS MENU IS SUBJECT TO CHANGE

THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER.



Nutrition Tip: Snacks can play an important role in meeting kids' nutrient needs. Choosing foods from all of the food groups will give them the energy they need between meals.

Reference: Eat Right

Monday

YOGURT W/GRANOLA

2

CORN DOG
FRENCH FRIES
GREEN BEANS
GRAPES

FRENCH TOAST W/ SYRUP

9

CHICKEN SANTA FE
LETTUCE/CHEESE
RICE
MIXED FRUIT

MUFFIN

16

TATER TOT CASSEROLE
SALAD
CORN
GRAPES

MUFFIN

23

BEEF AND NOODLES
MASHED POTATOES W/ GRAVY
GREEN BEANS
MIXED FRUIT

RICE KRISPY TREAT

30

CHICKEN BOWL
MASHED POTATOES
CORN
PEARS

Tuesday

NO SCHOOL
ELECTION DAY

3

BAGEL W/ CREAM CHEESE

10

CHILI SOUP
PEANUT BUTTER SANDWICH
APPLES

BREAKFAST PIZZA

17

POTATO SOUP/NOODLES
CRACKERS
CARROTS
PEACHES

ENGLISH MUFFIN

24

HS-BRAT GS-HOT DOG
CHIPS
PEAS
MANDARIN ORANGES



Wednesday

DONUT

4

TACO
LETTUCE/TOMATO/CHEESE
RICE
PEACHES

NO SCHOOL
VETERANS DAY

11

BEAR CLAW

18

LOADED NACHOS
CHEESE/LETTUCE/SALSA
REFRIED BEANS
PEARS

SCRAMBLED EGGS

25

SLOPPY JOE ON BUN
WAFFLE FRIES
BAKED BEANS
APPLES

Thursday

BREAKFAST BURRITO

5

CHICKEN STRIPS
HASHBROWN CASSEROLE
PEAS
PEARS

BACON EGG AND CHEESE BIS.

12

BAKED POTATO BAR
BROCCOLI CHEESE SOUP
PINEAPPLE

POP TART

19

THANKSGIVING FEAST

NO SCHOOL
HAPPY THANKSGIVING

26

Friday

SAUSAGE EGG CHEESE BIS.

6

HAM AND CHEESE SLIDER
CHIPS
CARROTS
GRAPES

PANCAKE W/ SYRUP

13

FISH SANDWICH
TATER TOTS
GREEN BEANS
MANDARIN ORANGES

BISCUIT AND GRAVY

20

PIZZA
SALAD
PEAS
BANANAS

NO SCHOOL

27

