

NEWELL SCHOOL MENU

Salad Bar Served Daily

NOV	BREAKFAST	LUNCH
Monday 2	BREAKFAST SLIDERS OR CEREAL FRESH FRUIT JUICE MILK	TERIYAKI CHICKEN RICE STIR FRY VEGETABLES TROPICAL FRUIT FRESH FRUIT MILK
Tuesday 3	CROISSANT SANDWICH OR CEREAL FRESH FRUIT JUICE MILK	SLOPPY JOES WHOLE GRAIN BUNS PEAS AND CARROTS APPLESAUCE FRESH FRUIT MILK
Wednesday 4	FRENCH TOAST STICKS OR CEREAL FRESH FRUIT JUICE MILK	FISH NUGGETS BROCCOLI PEACHES FRESH FRUIT MILK
Thursday 5	BISCUITS AND GRAVY SAUSAGE FRESH FRUIT JUICE MILK	MACARONI AND CHEESE CALIFORNIA BLEND TROPICAL FRUIT FRESH FRUIT MILK
FRIDAY 6	<p>YOU HAVE TO TRAIN YOUR MIND</p> <p>TO BE STRONGER THAN YOUR EMOTIONS</p> <p>OR YOU WILL LOSE YOURSELF EVERY TIME.</p>	

NON-DISCRIMINATION STATEMENT: In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write, to the secretary of agriculture, Wash, DC 20250

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NOV	BREAKFAST	LUNCH
Monday 9	BREAKFAST SANDWICH OR CEREAL FRESH FRUIT JUICE MILK	HOT TURKEY SANDWICH MASHED POTATOES/GRAVY STRAWBERRY CUPS FRESH FRUIT MILK
Tuesday 10	WAFFLE STICKS SAUSAGE PATTY FRESH FRUIT JUICE MILK	SPAGHETTI PIZZA CORN PEARS FRESH FRUIT MILK
Wednesday 11	YOGURT PARFAIT OR CEREAL FRESH FRUIT JUICE MILK	HAMBURGER DELUXE WHOLE GRAIN BUN MIXED VEGETABLES MANDARIN ORANGES FRESH FRUIT MILK
Thursday 12	PIZZA BAGEL OR CEREAL FRESH FRUIT JUICE MILK	CORN DOGS BAKED BEANS MIXED FRUIT FRESH FRUIT MILK
FRIDAY 13	LET'S STOP SAYING, "I WISH THE WORLD WAS A BETTER PLACE" AND GO OUT AND MAKE IT BETTER!	

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Monday 16	MUFFINS OR CEREAL FRESH FRUIT JUICE MILK	MEATBALL SANDWICH WHOLE GRAIN BUN BRUSSEL SPROUTS PEACHES FRESH FRUIT MILK
Tuesday 17	BREAKFAST BITES OR CEREAL FRESH FRUIT JUICE MILK	CHILI CORNBREAD APPLESAUCE FRESH FRUIT MILK
Wednesday 18	BREAKFAST BURRITO OR CEREAL FRESH FRUIT JUICE MILK	CHICKEN PATTY SANDWICH WHOLE GRAIN BUN BEETS BLUEBERRIES FRESH FRUIT MILK
Thursday 19	FRENCH TOAST SAUSAGE PATTY FRESH FRUIT JUICE MILK	PIZZA CALIFORNIA BLEND PINEAPPLE FRESH FRUIT MILK
FRIDAY 20	<p>"A WISE GIRL KNOW HER LIMITS, A SMART GIRL KNOWS SHE HAS NONE."</p> <p>MARILYN MONROE</p>	

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Monday 23	MINI PANCAKES OR CEREAL FRESH FRUIT JUICE MILK	WALKING TACO WHOLE GRAIN CHIPS REFRIED BEANS PEARS FRESH FRUIT MILK
Tuesday 24	PUMPKIN PIE OATMEAL OR CEREAL FRESH FRUIT JUICE MILK	CHICKEN NUGGETS MASHED POTATOES/GRAVY MIXED FRUIT FRESH FRUIT MILK
Wednesday 25	NO SCHOOL	HAPPY THANKSGIVING BREAK!!
Thursday 26		
FRIDAY 27	<p>EACH DAY IS WHAT YOU MAKE IT!</p> <p>SO TRY TO MAKE EACH DAY A GOOD</p> <p>DAY!</p>	

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