

Available Daily

Fruit and Yogurt
 Parfait with Granola *GF
 Hummus w/Corn Tortilla
 Chips *GF and Veggie Sticks
 Bagel Lunch
 Assorted Sandwiches
Build Your Own Salad Bar
Choice of Milk
 *GF = Gluten Free w/out bun
 or pasta. GF bread available
 upon request.



March 2020 Trumansburg Central School District Lunch Menu Pre-K-12



Meal Prices


Breakfast
 Grades Pre-K – 8: \$1.60
 Grades 5 – 12: \$1.90

Lunch
 Grades Pre-K – 4: \$2.75
 Grades 5 – 8: \$2.90
 Grades 9-12: \$3.05
 Staff: \$4.50
 A la carte milk: \$0.60

green = NYS product

March's Harvests of the Month are Whole Grains and Maple Syrup

red = Harvest of the Month recipe

	Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
ENTRÉE	Chicken Parmesan or Eggplant Parmesan with NY Mozzarella , Marinara Sauce, and Pasta	Chicken or NY Beef Taco, Refried Black Beans, Lettuce, Salsa, NY Cheddar Cheese and WG Tortillas	Grilled Cheese Sandwich or Grilled Ham and Cheese or Grilled NY Cheddar on Wide Awake Bread , Tomato Soup	Roasted Cornell BBQ Chicken or Peruvian Roasted Chicken, Cheesy Black Bean and Corn Polenta	Assorted WG Pizza with NY Mozzarella Cheese
SIDES	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
	Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
ENTRÉE	BBQ Pulled Pork Sandwich, NY Baked Potato , Cole Slaw	NY Ground Beef or Chicken Nachos w/WG Tortilla Chips, Refried Black Beans, Lettuce and NY Cheddar Cheese	Macaroni with NY Cheddar Cheese , Fish Sandwich, Roasted Cauliflower	Chicken or NY Tofu with Orange Sauce, Rice, Broccoli, and NY Egg Roll	Assorted WG Pizza with NY Mozzarella Cheese
SIDES	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
	Monday, March 16	Tuesday, March 17	Wednesday, March 18	Thursday, March 19	Friday, March 20
ENTRÉE	French Toast Sticks, Local Pork Breakfast Sausage , Local Maple Syrup	NY Cheddar or Chicken Quesadilla, Corn 	Roasted Turkey and Mashed NY Potatoes , Green Beans, WG Roll	Assorted WG Pizza with NY Mozzarella Cheese	CONFERENCE DAY
SIDES	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	NO SCHOOL
	Monday, March 23	Tuesday, March 24	Wednesday, March 25	Thursday, March 26	Friday, March 27
ENTRÉE	Pasta with Marinara Sauce or Meat Sauce with NY Ground Beef	Chicken or NY Beef Taco, Refried Black Beans, Lettuce, Salsa, NY Cheddar Cheese and WG Tortillas	Grilled Cheese Sandwich or Grilled Ham and Cheese or Grilled NY Cheddar on Wide Awake Bread , Tomato Soup	Chicken Souvlaki with Pita, NY Tomatoes and Cucumbers, Wheatberry Tabbouleh Salad	Assorted WG Pizza with NY Mozzarella Cheese
SIDES	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar

Questions? Call 607/387-7551 x4452 or email rhanson@tburg.k12.ny.us Menu is subject to change. Visit our website for up-to-date menus and info on payment and Free & Reduced Lunch Applications: www.tburgschools.org We are an equal opportunity provider and employer.