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| --- | --- | --- | --- | --- |
| **2**  Mini Donuts(WGR) with Oatmeal (WGR) Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Crispitos 1 Meat and 1 Cheese (WGR&MT) with a cheese stick Green Beans(V Fruit(F), Juice(F) & Milk(M)** | **3**  Biscuit(G) with Egg(MT), Cheese(MT) & bacon(MT)  Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Taco Soup (V&MT), Crackers(G Fruit(F), Juice(F) & Milk(M)** | **4**  Frudels or Mini Pancakes with Oatmeal(W), Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Chicken Nuggets (WGR& MT), Mash Potatoes (V), Gravy(X)Roll(G) Fruit(F), Juice(F) & Milk(M)** | **5**  Pancake on a stick (WGR&MT)  Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Chicken Fajita MT&G), Salad(V) Veggie Cup(V), Fruit(F), Juice(F) & Milk(M)** | **6**  Biscuit & Gravy, Sausage (WGR& MT)  Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Cheeseburgers(WGR&MT) Fries(Relishes/Sliced Pickles V), Fruit(F), Juice(F) & Milk(M)** |
| **9**  French Toast Sticks(WGR), with Oatmeal (WGR) Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Sweet & Sour Chicken w/rice (MT&WGR), Green Beans(V), Fruit(F), Juice(F) & Milk(M)** | **10**  Biscuit(G) with Egg(MT), Cheese(MT) & bacon(MT)  Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Walkin Taco (WGR&MT), Pinto Beans(V Fruit(F), Juice(F) & Milk(M)** | **11**  Blueberry or Banana Muffin & oatmeal (G), Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***\* **Chicken Strips (WGR& MT), Mash Potatoes (V), Gravy(X), Roll(G), Fruit(F), Juice(F) & Milk(M)** | **12**  Breakfast Pizza  (WGR&MT), Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Mac & Ham Boat (WGR&MT), Salad(V) Veggie Cup(V), Fruit(F), Juice(F) & Milk(M)** | **13**  Biscuit & Gravy, Sausage (WGR& MT)  Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **BBQ Pulled Pork Sandwich (WGR&MT),Salad/Pickle Spears/Fries(V) Fruit, Juice & Milk** |
| **16**  Breakfast Burrito (G&MT), with oatmeal (G)Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Hot Ham & Cheese or Hot Turkey Cheese Sandwich (WGR&MT), Green Beans(V), Bag of chips Fruit, Juice & Milk** | **17**  Biscuit(G) with Egg(MT), Cheese(MT) & bacon(MT)  Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Soft Tacos (WGR&MT), Pinto Beans(V), Fruit, Juice & Milk** | **18**  Cinnamon Roll with oatmeal (GR), Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Chicken Nuggets (G& MT) Fries(V), Bread stick(G), Fruit(F), Juice(F) & Milk(M)** | **19**  Dutch Waffle w/oatmeal (G)  Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Turkey (WGR& MT), Mash Potatoes (V), Gravy(V),Roll(G) Fruit(F), Juice(F) & Milk(M) Pumpkin Dessert** | **20**  **Chefs Choice for Breakfast and Lunch**  **\*\*No Salads\*\*** |
|  |  |  | Dallas Turkey Trot Thanksgiving Day Running, thanksgiving, food, sport png  | PNGEggHappy Thanksgiving Sticker | Symbols & Emoticons |  |
| **30**  Mini Donuts with oatmeal (G)), Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***  **Bosco Sticks w/marinara (MT&WGR) Green Beans (V), Fruit, Juice & Milk**  **\*\*\*NO SALADS\*\*\*** | **Every Breakfast and Lunch Comes w/Fruit (F), Juice (F) and Milk (M).**  Breakfast Options: Main Entrée or Grab & Go Items  Lunch time: You will have a choice between Main Line or Chef Salad  **MENUS CAN CHANGE WITHOUT NOTICE** | | | |

**\*This Institution is an Equal Opportunity Provider.** Components Terminology WGR= Whole Grain Rich, MT= Meat, V=Vegetable, Fruit (F), Milk (M)