|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **2** Mini Donuts(WGR) with Oatmeal (WGR) Fruit, Juice & Milk**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*****Crispitos 1 Meat and 1 Cheese (WGR&MT) with a cheese stick Green Beans(V Fruit(F), Juice(F) & Milk(M)** |  **3** Biscuit(G) with Egg(MT), Cheese(MT) & bacon(MT) Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** **Taco Soup (V&MT), Crackers(G Fruit(F), Juice(F) & Milk(M)** | **4**Frudels or Mini Pancakes with Oatmeal(W), Fruit, Juice & Milk**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Chicken Nuggets (WGR& MT), Mash Potatoes (V), Gravy(X)Roll(G) Fruit(F), Juice(F) & Milk(M)** | **5**Pancake on a stick (WGR&MT)Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*****Chicken Fajita MT&G), Salad(V) Veggie Cup(V), Fruit(F), Juice(F) & Milk(M)** | **6** Biscuit & Gravy, Sausage (WGR& MT)Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Cheeseburgers(WGR&MT) Fries(Relishes/Sliced Pickles V), Fruit(F), Juice(F) & Milk(M)** |
| **9**French Toast Sticks(WGR), with Oatmeal (WGR) Fruit, Juice & Milk**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Sweet & Sour Chicken w/rice (MT&WGR), Green Beans(V), Fruit(F), Juice(F) & Milk(M)** |  **10** Biscuit(G) with Egg(MT), Cheese(MT) & bacon(MT) Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*****Walkin Taco (WGR&MT), Pinto Beans(V Fruit(F), Juice(F) & Milk(M)** | **11**Blueberry or Banana Muffin & oatmeal (G), Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***\* **Chicken Strips (WGR& MT), Mash Potatoes (V), Gravy(X), Roll(G), Fruit(F), Juice(F) & Milk(M)** | **12**Breakfast Pizza (WGR&MT), Fruit, Juice & Milk**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*****Mac & Ham Boat (WGR&MT), Salad(V) Veggie Cup(V), Fruit(F), Juice(F) & Milk(M)** | **13**Biscuit & Gravy, Sausage (WGR& MT)Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** **BBQ Pulled Pork Sandwich (WGR&MT),Salad/Pickle Spears/Fries(V) Fruit, Juice & Milk** |
|  **16**Breakfast Burrito (G&MT), with oatmeal (G)Fruit, Juice & Milk  **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** **Hot Ham & Cheese or Hot Turkey Cheese Sandwich (WGR&MT), Green Beans(V), Bag of chips Fruit, Juice & Milk** |  **17**Biscuit(G) with Egg(MT), Cheese(MT) & bacon(MT) Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*** **Soft Tacos (WGR&MT), Pinto Beans(V), Fruit, Juice & Milk** |  **18** Cinnamon Roll with oatmeal (GR), Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*Chicken Nuggets (G& MT) Fries(V), Bread stick(G), Fruit(F), Juice(F) & Milk(M)** | **19** Dutch Waffle w/oatmeal (G)Fruit, Juice & Milk**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*****Turkey (WGR& MT), Mash Potatoes (V), Gravy(V),Roll(G) Fruit(F), Juice(F) & Milk(M) Pumpkin Dessert**  | **20****Chefs Choice for Breakfast and Lunch****\*\*No Salads\*\*** |
|  |  |  | Dallas Turkey Trot Thanksgiving Day Running, thanksgiving, food, sport png  | PNGEggHappy Thanksgiving Sticker | Symbols & Emoticons |  |
| **30**Mini Donuts with oatmeal (G)), Fruit, Juice & Milk **\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*****Bosco Sticks w/marinara (MT&WGR) Green Beans (V), Fruit, Juice & Milk****\*\*\*NO SALADS\*\*\*** | **Every Breakfast and Lunch Comes w/Fruit (F), Juice (F) and Milk (M).**Breakfast Options: Main Entrée or Grab & Go ItemsLunch time: You will have a choice between Main Line or Chef Salad  **MENUS CAN CHANGE WITHOUT NOTICE**  |

 **\*This Institution is an Equal Opportunity Provider.** Components Terminology WGR= Whole Grain Rich, MT= Meat, V=Vegetable, Fruit (F), Milk (M)