



MEET OUR TEAM

Bambi Schmid - School Nutrition Director - Trinity and Lincoln Lutheran

David Kumm - Principal - Trinity

Bryan Claycomb - Parent - Trinity

Cheryl Weimer - Parent, School Board Member - Trinity

Wendy Wettstead - Parent - Lincoln Lutheran

Peg Aschwege - Director of Marketing and Communication - Lincoln Lutheran

Stacy Leimbach - Teacher - Trinity

Alex Halvorsen - Student - Lincoln Lutheran

Seth Stowell - Student - Lincoln Lutheran



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TRIENNIAL WELLNESS ASSESSMENT RESULTS 2023

1. POLICY COMPLIANCE RESULTS

Nutrition Education: Foods Classes are offered. Nutrition Education Signage displayed in cafeteria.

Nutrition Promotion: Allow sufficient time to eat. All foods served meet Smart Snack guidelines.

Physical Activity: Daily wellness breaks. PE classes are a part of the general curriculum.

Public Notification: Parents will be provided a list of Smart Snack approved items.

2. WELLNESS POLICY GOALS

Nutrition Education/Promotion: Reinstate Warrior Wednesday Tastings. Nutrition Education once a month in Newsletter. Use of local foods and Farm to School Program.

Physical Activity: Consideration for after school health and wellness functions.

Other Goals: Policy to be reviewed annually by School Board. Wellness Policy and meeting minutes posted /shared with stakeholders. Recruit additional student members to serve on Wellness Committee.

3. KEY ACHIEVEMENTS

- Improved consistency in Wellness Committee meetings.
- Completed the triennial assessment and shared results.
- Established plans for programs in 2023-24.