

St. George Municipal School Unit

Excellence. Community. Engagement.



Dear St. George Families,

As a school community, we developed the [Return to School Handbook](#) to help protect the health, safety, and wellbeing of our students, staff, and community. We cannot eliminate all risks, but to reduce the risk of spreading COVID-19, and other illnesses, we are asking every family to pledge to conduct a brief health screening of their child before sending them to school. School staff are following a similar protocol. **For this approach to work we need to screen our children every day and keep children home if they are sick**

Each day before school, please screen your child using the *COVID-19 Prescreen Tool for School Attendance*, which is pictured below:

Regardless of symptoms, if your child feels unwell or is experiencing vomiting or diarrhea, please keep them home.

Please note that a child should stay home if they have two or more of the "less common" symptoms.

COVID-19 Pre-Screening Tool for School Attendance

Within the past 24 hours have you had a fever (100.4 and above*) or used any fever reducing medicine? YES =

Do you feel sick with any of the most common symptoms of Covid, had vomiting/diarrhea, or felt unwell? (see symptom list to the right) YES =

Have you been a close contact of a person with Covid in the past 14 days? YES =

Have you traveled outside of the state in the past 14 days? YES = Contact Your School

Stay home with any YES response to the questions above OR with two or more of the "less common" symptoms listed to the right.

Attend school when all answers are NO and your child is feeling well with no other symptoms of illness. Call or see your school nurse or other designated person at school if you have questions.

Updated 10.9.20

Most Common Symptoms of Covid 19:
Cough
Shortness of breath or difficulty breathing
Fever (100.4°F/ 38 °C or greater)*
Chills
Sore throat
New loss of taste or smell

Less Common Symptoms:
Muscle pain
Nausea or Vomiting
Diarrhea
Fatigue
Headache
Congestion/runny nose

*Fever is 100.4°F/ 38°C regardless of measurement location (oral, temporal).

Maine Education

If you have any questions about the screening process or whether to keep your child home, please contact Autumn Belajonas at a.belajonas@stgeorgemsu.org or 372.6312

Revised 10/23/2020

The Family Pledge can also be completed online: <http://bit.ly/STG-FamilyPledge>

These protocols are subject to change, based on local, state, and federal guidelines and regulations.



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St. George MSU Family Pledge

Our family pledges:

- To screen our child(ren) each day and not send them to school if they or any household member exhibits the symptoms as listed above.
- To notify St. George School if someone in our household tests positive for COVID-19.
- To pick up our child(ren) from school as soon as possible if we are called because they develop symptoms while at school.
- To develop, in consultation with our family medical doctor and the School Nurse Autumn Belajonas, a plan for our child to return to school if they are absent due to the symptoms listed above.
- To follow all applicable state and federal public health protocols if your child or family travel out-of-state.

Name of Parent or Guardian _____

Signature _____ Date _____

Name and grade of children

_____ Grade _____

_____ Grade _____

_____ Grade _____

_____ Grade _____

School Health Contact Information

Autumn Belajonas

(207) 372-6312

a.belajonas@stgeorgemsu.org

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