

Symptom Self-Assessment

Our collective health relies, in part, on individual attention and responsibility. Staff, students and families should not come to school, and should notify the school nurse, if experiencing COVID-19 symptoms, testing positive for COVID-19, or having been exposed to someone with COVID-19 symptoms or a confirmed or suspected case.

Symptom Self-Checker

In the past 24 hours have you experienced any of the following symptoms:

- Fever (100.0°F or higher), chills, or shaking chills
 - Cough (not due to other known cause, such as a chronic cough)
 - Difficulty breathing or shortness of breath
 - New loss of taste or smell
 - Sore throat
 - Headache *when in combination with other symptoms*
 - Muscle aches or body aches
 - Nausea, vomiting, and diarrhea
 - Fatigue, *when in combination with other symptoms*
 - Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*
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- Have you been within 6 feet of a person with a lab-confirmed case of COVID-19 for at least 15 minutes, or had direct contact with their mucus or saliva, in the past 14 days?
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- Has a public health official advised you to get tested for COVID-19?
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- Have you traveled to a state considered a high-risk state for greater than 24 hours?