

Fall Sports

Center Drive School will follow guidance from the Maine Principals' Association and have an abbreviated, intramural Fall sport season. Under the coaching of Mr. Benny Veenhof (girls soccer), Mr. Thomas Anderson (boys soccer) and Mrs. Janet Blanchard (cross country) students in grades 5-8 will have the opportunity to improve their skills and practice with their teammates in one of these two sports.

In cross country, students will focus on improving personal fitness, endurance and speed with drills, conditioning and improved mechanics. This will be a wonderful opportunity for any students who want to see what cross country is all about as it's adaptable for beginners, and any athletes looking to improve their fitness and build strength for the winter and spring sports seasons. There will be a progress board and in a couple weeks we will introduce a leader board so the students can virtually "race" the students in other pods as well as watching their individual performances improve. In soccer, athletes will focus on drills that can incorporate social distancing, such as dribbling, passing, positioning, conditioning. Scrimmages will take place within the practice groups. Like cross country, this will be an opportunity for students to improve their skills and build strength and endurance before winter.

Students will remain in their pods, practicing on the days they attend school. Practice will run from 3:00-4:30, beginning September 28th. Students must be picked up promptly at 4:30 as the school and public library will be closed. Please remember, it will be imperative that adults continue to social distance while on school grounds. Following the state guidelines, these practices can only take place outdoors. Students will be wearing masks when not actively participating in their sport. We will notify parents on the Center Drive School website and the Center Drive Facebook page by 1:00 if practices are canceled. There will be no games or meets with other schools.

Sign up sheets will be made available in each homeroom for students beginning on Thursday. Students participating should remember to bring clothes to change into (dress in layers, it will get cool) and their own water bottle labeled with their name.

I would like to thank Coach Blanchard, Veenhof and Anderson for being willing to coach our students, while following the many guidelines implemented by the state to keep our students and community safe.