

* Whole grain bread, fruit and vegetable available daily

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 French Toast Bites, Fruit, Juice, Milk Spaghetti/Meat Sauce, Salad Bar, Fresh Fruit, Milk	2
3	4 NO SCHOOL	5 Strawberry Pop Tart, Yogurt, Fruit, Juice, Milk Chicken Sticks, Puzzle Tots, Salad Bar, Fresh Fruit, Milk	6 Long John/Choc Icing, Fruit, Juice, Milk Meatballs in Gravy, Mashed Potato, Salad Bar, Fresh Fruit, Milk	7 Banana Bread, Fruit, Juice, Milk Stuffed Cheese Sticks, Corn Salad Bar, Fresh Fruit, Milk	8 Chocolate Chip Muffin, Fruit, Juice, Milk Chicken Patty/Bun, French Fries, Salad Bar, Fresh Fruit, Milk	9
10	11 Cinnamon Bagel, Fruit, Juice, Milk Pizza Quesadilla, Peas, Salad Bar, Fresh Fruit, Milk	12 Blueberry Waffle Bites, Fruit, Juice, Milk Chicken Alfredo & Pasta, Salad Bar, Fresh Fruit, Milk	13 Assorted Cereals, Yogurt, Fruit, Juice, Milk Sloppy Joes, Potato Chips, Salad Bar, Fresh Fruit, Milk	14 Chocolate Chip Bar, Fruit, Juice, Milk Popcorn Chicken, Mashed Potato, Salad Bar, Fresh Fruit, Milk	15 Cinnamon Streusel Muffin, Fruit, Juice, Milk Garlic Cheese Bread, Corn, Salad Bar, Fresh Fruit, Milk	16
17	18 NO SCHOOL	19 Cinnamon Pop Tart, Yogurt, Fruit, Juice, Milk Chicken Nuggets, French Fries, Salad Bar, Fresh Fruit, Milk	20 Lemon Bread, Fruit, Juice, Milk Tator Tot Hotdish, Green Beans, Salad Bar, Fresh Fruit, Milk	21 Apple Frudel Fruit, Juice, Milk Hot Dogs, Baked Beans, Salad Bar, Fresh Fruit, Milk	22 Fruit & Yogurt Parfait, Granola, Juice, Milk Pepperoni French Bread, Broccoli, Salad Bar, Fresh Fruit, Milk	23
24	25 French Toast Bites, Fruit, Juice, Milk Big Daddy's Pizza, Corn Salad Bar, Fresh Fruit, Milk	26 Cini Mini, Fruit, Juice, Milk Walking Tacos, Toppings, Salad Bar, Fresh Fruit, Milk	27 Chocolate Bread, Fruit, Juice, Milk Hot Ham/Cheese on Bun, Chips, Salad Bar, Fresh Fruit, Milk	28 Strawberry Bagel, Fruit, Juice, Milk Fr. Toast Sticks, Sausage Hash Br. Patty, Salad Bar, Fresh Fruit, Milk	29 Choc Chip Breakfast Bar, Fruit, Juice, Milk Chicken Quesadilla, Black Beans, Salad Bar, Fresh Fruit, Milk	30

‘This Institution is an Equal Opportunity Provider’