

**Our Why:** We believe every learner can change the world; therefore, we will provide a world class education.

**Our Values:** Northern Cass will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

**Our Collective Commitment:** We are dedicated and passionate about teaching and learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven towards continuous improvement.

## Families.

Please read for updates related to Northern Cass:

- 1. **Open Positions at Northern Cass:** Please share the word for the following open positions at Northern Cass for the 2022-23 school year.
  - a. Kindergarten
  - b. Level 7 English Language Arts
  - c. School Nurse (see below)
- 2. **School Nurse:** Congratulations to Nurse Pam on her retirement in June from Fargo Cass Public Health and as our school nurse! FCPH and the City of Fargo are now taking applications for the <u>Public Health Nurse Northern Cass School</u>. The job posting states the position is 20-29 hours; however, that is the average over a calendar year. As a school year position, it is 40 hours/week.
- 3. **Legislative Forum:** On Saturday, March 25th, Northern Cass will be hosting a legislative forum with Senator Ron Sorvaag (District 45), Senator Mark Weber (District 22), Representative Carrie McCleod (District 45), Representative Brandy Pyle (District 22), Representatives Scott Wagner (District 45), and Representatives Jonathan Warrey (District 22). It will begin at 10:00 in the Jaguar Den and conclude at 11:30. Donuts will be served.
- 4. **STEAM Camp** will be held June 6-8 for learners entering grades 1-8 in the fall of 2023. Each camp day has a theme (Nature, Engineering, Ocean), and campers can choose to attend 1, 2, or all 3 days. See registration link for details. **STEAM Camp Registration**
- 5. **North Dakota School Assessment (NDSA):** Please mark your calendars and plan to have your learners at school on North Dakota State Assessment days. This is a required test which is part of our 'success' metric through the state. If at all possible, please schedule appointments around these days.
  - a. May 1-5: Levels 3, 4, 5
  - b. April 24-28: Levels 6, 7, 8, 10
- 6. **Dollars for Scholars Phonathon** has been scheduled for a new date: Sunday April 2. Please don't hang up!
- 7. **Northern Cass Inquiry Form:** As Northern Cass continues to expand opportunities for communication, please consider utilizing the Inquiry Form (under the Quick Links on website) for questions/concerns you have about the district. Please click on the Inquiry Form.
- 8. **Maintenance Request Online Form:** Now available on our website under Quick Links, we have an online maintenance request form to help educators and learners report maintenance needs on the school property i.e., broken furniture, floor damage, burnt out lights, etc. <u>Maintenance Request</u>
- 9. **Mary Poppins Jr. Tickets** are \$15 each. Reserved seating is available and recommended. There will be limited walk-up sales the night of the show, but seats are not guaranteed. Shows will be at 7:00pm on March 23, 24, and 25 and at 4:00pm on March 25. When ordering online, be sure you get a confirmation email to guarantee your seats. <u>Musical Tickets</u>
- 10. **Dental Screening:** We are excited to announce that on March 23-24, Northern Cass and ND Health & Human Services Oral Health Program will conduct a free oral health screening for learners in PK through Level 3. The screening will take place at Northern Cass, learners will be sent home with a toothbrush kit and information about the screening. As a full-service community school, we focus on helping overcome potential barriers to learning, including wellness. If you have any questions, email amber.lockhart@northerncassschool.com.

- 11. **Northern Cass Express Summer Recreation:** Registration is now open. Deadline is April 1st. Please see the <u>link</u> for details, contacts, and registration. NOTE: Summer Recreation is not a Northern Cass School program. It is a community-run organization. Please direct questions to the contact information in the registration information.
- 12. College Readiness Resources: Resources
- **13. Parent Portal:** We have added a <u>Jaguar Parent Portal</u> under Parents on the school website. This page is full of resources and information for parents and caregivers. Take a look!
- 14. **Business of Art Studio:** This week The Business of Art studio visited Old School Collodion's photography studio. Owner/Photographer Kary Janousek spent two hours with our learners explaining the history of wet plate photography, most associated with Civil War photographer Matthew Brady, and shared her journey from amateur hobbyist to award winning artist. Additionally, Kary was able to share the history of the facility in which her studio resides: the former Dakota Business College building in downtown Fargo. The learners were able to sit for a session, holding their pose perfectly still for five seconds and leaving with the memory of an experience that will last a lifetime. Photos
- 15. **Personalized Learning Snapshots:** see some recent learning center experiences for young learners:
  - a. <u>Kangaroo Club Goal Setting</u>: Watch our youngest elementary learners celebrate success and track progress.
  - b. Kindergarten Math: K learners talk about relevance and the scale of adding and subtracting.
- 16. **Portrait of a Graduate Podcasts:** Listen to some of our educators and graduated learners talk about their experience and growth as educators through personalized learning.
  - a. "Introduction to Teaching" at Northern Cass Listen to seniors talk about how Northern Cass's Intro to Teaching course has prepared them for future success.
  - b. <u>Rethinking Teaching at Northern Cass</u> Hear from three NC educators who are rethinking their teaching practice through personalized learning, real-world connections, and relevance.
- 17. **The Jaguar Wellness Pantry and Lunch Repack is Open!** If your child or family is in need contact us at pantry@northerncassschool.com.
- 18. Parent Course: How to Develop Self Compassion: Free Course Link
- 19. **ParentGuidance.org:** As a reminder, Northern Cass has partnered with the Cook Center for Human Connection and <a href="ParentGuidance.org">ParentGuidance.org</a>. Our families have access to FREE mental health resources including 5+0 on-demand courses on how to support your child's mental health or your own. To register for a coach or take advantage of the free courses, go to ParentGuidance.org, select "Get started free" to create a login and password, and then select "Parent Coaching" and "Register for Coaching."
- 20. **Parent Guidance:** This is a link to the new YouTube channel where you will find mental health experts featured in Parent Guidance Playbooks sharing how parents can use the animations as conversation starters with teens. Two new Parent Guidance Playbooks are released each week. https://www.youtube.com/channel/UC\_gaCf4JlCk72lPylygKC8Q
  - a. YouTube channel link to "My Life Is Worth Living", available at no cost 24 hours a day.
  - b. This is a link to <u>printable extension lessons</u> for "My Life Is Worth Living"
- 21. March Mental Health Newsletter: The days are getting longer and the sun is starting to shine. What a great time to get moving once again and focus on creating a more positive body image, which helps improve one's self-esteem. Body image is not what you see in the mirror, but how you see yourself in your mind. A recent study found that people who are constantly preoccupied with their weight or have other forms of body dysmorphia will display higher levels of depression and anxiety symptoms. The March Mental Health Newsletter explains the importance of creating a positive body image and how parents can help strengthen their child's body image, which starts with being a positive role model to your children. Check out the ParentGuidance.org resources where you can access free courses led by licensed therapists on more than 50 topics. This month we are highlighting "Body Love" and "Rewriting Self-Beliefs."

'Leadership is not a journey to rise in the ranks. Leadership is a journey to help those around us rise'.

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