

Our Why: We believe every learner can change the world; therefore, we will provide a world class education.

Our Values: Northern Cass will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

Our Collective Commitment: We are dedicated and passionate about teaching and learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven towards continuous improvement.

Families.

Please read for updates related to Northern Cass:

- 1. **Northern Cass Inquiry Form:** As Northern Cass continues to expand opportunities for communication, please consider utilizing the Inquiry Form (under the Quick Links on website) for questions/concerns you have about the district. Please click on the Inquiry Form.
- 2. **Attendance Matters:** Northern Cass has begun exploring changes around attendance policies and procedures. Our goal is to ensure all learners, families and educators are aware of the importance of attendance and follow attendance policies to ensure learner success. We will be creating an advisory team to work through potential changes in attendance policy and procedure as well as a communication plan for these changes. We look forward to working together to help learners be successful.
- 3. **Congratulations Northern Cass:** The North Dakota Department of Public Instruction (NDDPI) is pleased to inform you that the Northern Cass School District is a recipient of a Science of Reading Implementation grant. Northern Cass received \$15,500 to further implement the Science of Reading into its existing system.
- 4. **Full Service Community School Commitment:** There will be meetings coming up to discuss the potential Community Wellness Center Project. <u>Click here for the dates</u>. Follow the Task Force on Facebook for updates and information. <u>Task Force</u>
- 5. **Thank You:** Thanks to many area professionals, our sophomores have Breakfast Buddies to help them with career exploration. All level 10 learners have the opportunity to have breakfast with a professional to explore career paths of their interest. At each buddy breakfast, 5-7 learners are paired with a professional and have breakfast one morning at Kelly's Cafe in Arthur. Interest areas include veterinary science, agriculture, education, entrepreneurship, medical, public safety, trades, counseling, architecture, and technology.
- 6. College Readiness Resources: Resources
- 7. **Parent Portal:** We have added a <u>Jaguar Parent Portal</u> under Quick Links on the school website. This page is full of resources and information for parents and caregivers. Take a look!
- 8. **Are you 65 and older? Did you get new technology for Christmas?** Bring your phone, iPad, or laptop to Northern Cass School, and the Tech learners will answer questions and teach you how to use your devices. Call Community of Care at 701-967-8502 to schedule an appointment on a Thursday afternoon. It's a win win because the students earn volunteer hours for helping you!
- 9. **Community Book Fair:** We are partnering with More Than Words Bookshop to offer a community book fair designed for adults in our community with a real bookshop feel. On Friday, February 3rd from 2pm-6pm, the community is welcome to shop their book and gift selections in the NC Library. Come shop & enjoy free treats and beverages from PTO, or grab a free copy of our book study read!
- 10. **Maintenance Request Online Form:** Now available on our website under Quick Links, we have an online maintenance request form to help educators and learners report maintenance needs on the school property i.e., broken furniture, floor damage, burnt out lights, etc. <u>Maintenance Request</u>
- 11. **The Jaguar Wellness Pantry and Lunch Repack is Open!** If your child or family is in need contact us at pantry@northerncassschool.com.

- 12. Parent Course: How to Develop Self Compassion: Free Course Link
- 13. **ParentGuidance.org:** As a reminder, Northern Cass has partnered with the Cook Center for Human Connection and <u>ParentGuidance.org</u>. Our families have access to FREE mental health resources including 5+0 on-demand courses on how to support your child's mental health or your own. To register for a coach or take advantage of the free courses, go to ParentGuidance.org, select "Get started free" to create a login and password, and then select "Parent Coaching" and "Register for Coaching."
- 14. **Parent Guidance:** This is a link to the new YouTube channel where you will find mental health experts featured in Parent Guidance Playbooks sharing how parents can use the animations as conversation starters with teens. Two new Parent Guidance Playbooks are released each week. https://www.youtube.com/channel/UC_gaCf4JlCk72lPylygKC8Q
 - a. YouTube channel link to "My Life Is Worth Living", available at no cost 24 hours a day.
 - b. This is a link to printable extension lessons for "My Life Is Worth Living"
- 15. **February Mental Health Newsletter:** During the month of February, we celebrate Valentine's Day. This month we encourage you to focus on you, the love you have for yourself as well as the love you have for your children. Take some time to review the <u>February Mental Health Newsletter</u> which encourages you to focus on the compassion you have for others, the importance of showing compassion to your child and ways to practice compassionate parenting. <u>ParentGuidance.org</u> offers a course titled "<u>How to Develop Self-Compassion</u>" that we encourage you to check out.

Dr. Cory J. Steiner Superintendent for Northern Cass School District