

\* Whole grain bread, fruit and vegetable available daily

# January

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO SCHOOL	3 Banana Bread, Fruit, Juice, Milk  Garlic French Bread, Corn, Salad Bar, Fresh Fruit, Milk	4 Breakfast Pizza, Fruit, Juice, Milk  Chicken Nuggets, Mashed Pots, Salad Bar, Fresh Fruit, Milk	5 Apple Frudel, Fruit, Juice, Milk  Corn Dog, French Fries, Salad Bar, Fresh Fruit, Milk	6 Assorted Cereals, Fruit, Juice, Milk  Personal Pizza, Broccoli, Salad Bar, Fresh Fruit, Milk	7
8	9 Choc Chip Breakfast Bar, Fruit, Juice, Milk  Hamburger, Baked Beans, Salad Bar, Fresh Fruit, Milk	10 Strawberry Bagel, Fruit, Juice, Milk  Orange Chicken, Fried Rice, Salad Bar, Fresh Fruit, Milk	11 Waffles & Sausage, Fruit, Juice, Milk  Hot Dog, Mac 'n' Cheese, Salad Bar, Fresh Fruit, Milk	12 Nutrigrain Bar, Yogurt, Fruit, Juice, Milk  Pizza Quesadilla, Corn, Salad Bar, Fresh Fruit, Milk	13 Cinn. Toast Crunch Bar, Fruit, Juice, Milk  Sloppy Joe, Potato Chips, Salad Bar, Fresh Fruit, Milk	14
15	16 NO SCHOOL	17 Strawberry Pop Tart, Fruit, Juice, Milk  Stuffed Cheese Sticks, Peas, Salad Bar, Fresh Fruit, Milk	18 Ch. Omelet, Fr. Toast, Fruit, Juice, Milk  Chicken Patty/Bun, Tator Tots, Salad Bar, Fresh Fruit, Milk	19 Banana Bread, Fruit, Juice, Milk  Scalloped Potato/Ham Green Beans, Salad Bar, Fresh Fruit, Milk	20 Blueberry Waffle, Fruit, Juice, Milk  Big Daddy's Pizza, Corn, Salad Bar, Fresh Fruit, Milk	21
22	23 Cinnamon Pop Tart, Fruit, Juice, Milk  Hot Ham/Cheese/Bun, French Fries, Salad Bar, Fresh Fruit, Milk	24 Fruit & Yogurt Parfait, Granola, Juice, Milk  Spaghetti/Meatballs, Salad Bar, Fresh Fruit, Milk	25 Breakfast Pizza, Fruit, Juice, Milk  Popcorn Chix, Mashed Potatoes, Salad Bar, Fresh Fruit, Milk	26 Cinnamon Bagel, Fruit, Juice, Milk  Chicken Fajita Hotdish, Salad Bar, Fresh Fruit, Milk	27 Choc Chip Breakfast Bar, Fruit, Juice, Milk  Pulled Pork/Bun, Potato Chips, Salad Bar, Fresh Fruit, Milk	28
29	30 Apple Frudel, Fruit, Juice, Milk  Pepperoni Fr. Bread, Broccoli, Salad Bar, Fresh Fruit, Milk	31 Long John/Choc Icing, Fruit, Juice, Milk  Pancake, Sausage, Hashbrown, Salad Bar, Fresh Fruit, Milk				