



Our Why: We believe every learner can change the world; therefore, we will provide a world class education.

Our Values: Northern Cass will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

Our Collective Commitment: We are dedicated and passionate about teaching and learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven towards continuous improvement.

Families,

Please read for updates related to Northern Cass:

1. **Positions Open** (email Cory.Steiner@northerncassschool.com):
 - a. Paraprofessional (one position)
 - b. Bus Drivers (multiple positions)
2. **Be On The Lookout:** [Fentanyl](#)
3. **Safety Plan for Suicide Prevention:** Fargo Cass Public Health has partnered with the 4 6 3 Foundation and Fargo Police Department to create a video on creating a safety plan for suicide prevention. Please take two minutes to watch this video and share it with others. [Safety Plan Video](#)
4. **Congratulations!** The North Dakota Department of Public Instruction (NDDPI) is pleased to inform you that your Choice Ready Grant Application has been approved in the amount of \$20,000.00. These grant funds are intended to strengthen and improve the Choice Ready Framework and increase the number of students who will graduate Choice Ready.
5. **We have new requests for personal care items in the Wellness Pantry:** We need personal care items - shampoo, bar soap, deodorant, tampons (not pads), toothpaste, dish soap. Donations may be dropped off at school in the Wellness Pantry collection boxes located near the entrances.
6. **Dual Credit Flag Fundraiser:** To help our learners be Choice Ready at graduation, we offer a wide range of Dual Credit courses. To keep the cost low and make Dual Credit accessible to all learners, we raise funds to help cover expenses. Your purchase of these Jaguar Fan Flags will help build that fund. Two flag versions are available for purchase online. The store closes December 5, and flags may be available by Christmas. [Jaguar Flag Order Form](#)
7. **Calling All Local Businesses:** We are hosting a Career Fair in December for Levels 9-12. You are invited to come showcase your career, job, internship, and shadow opportunities. [Winter Career Fair](#)
8. **Board Education: How do I go about adding an item to the school board agenda?**
 - a. According to Northern Cass School Board Policy “BDA – Board Meeting Agenda and PreMeeting Preparation,” any school board member, staff member, or citizen of the district may suggest items of business for the school board. However, the inclusion of such items shall be at the discretion of the superintendent and Board President. Before an item is placed on the board agenda, it will be referred to one of the three school board committees for study and a recommendation.
9. **Winter Gear Available:** Winter gear is available through the Jaguar Wellness Pantry. If you have learners in need of coats, hats, mittens, snow pants or boots, they are available in the music practice room hallway, sizes for all ages and all free of charge. Thank you to all who donated to the cause! We have enough shoes, clothes or winter coats right now. We can still take snow pants, boots and gloves.
10. **The Jaguar Wellness Pantry and Lunch Repack is Open!** If your child or family is in need - contact us at pantry@northerncassschool.com.

11. **Parent Guidance:** This is a link to the new YouTube channel where you will find mental health experts featured in Parent Guidance Playbooks sharing how parents can use the animations as conversation starters with teens.
- a. We will release two new Parent Guidance Playbooks every week.
https://www.youtube.com/channel/UC_gaCf4JlCk72lPylygKC8Q
 - b. I personally spent 5 years working with mental health experts to produce the “My Life Is Worth Living” resources. They are available at no cost. I encourage you to share them with your staff and students.
 - c. This is a link to our YouTube channel where “My Life Is Worth Living” is available at no cost to students 24 hours a day.
<https://www.youtube.com/c/MyLifeIsWorthLiving/featured>
 - d. This is a link to the printable extension lessons for “My Life Is Worth Living”
<https://mylifeisworthliving.org/lessons/>
12. **November Mental Health Newsletter:** Fall is in the air and Thanksgiving is right around the corner. Have you ever considered giving thanks for your body and everything it does for you? [The November Mental Health Newsletter](#) focuses on body image and mental well-being. Learn how parents can shape body image in their child’s mind, including: 10 steps to positive body image, modeling health attitudes for young people and how to recognize negative body image signs. Become more consciously aware of the language you use when talking about your body and the impact it may be having on your child’s well-being.

“We live in a world in which we need to share responsibility. It's easy to say 'It's not my child, not my community, not my world, not my problem.' Then there are those who see the need and respond. I consider those people my heroes.”

-Mr. Rogers

Dr. Cory J. Steiner
Superintendent for Northern Cass School District