



Our Why: We believe every learner can change the world; therefore, we will provide a world class education.

Our Values: Northern Cass will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

Our Collective Commitment: We are dedicated and passionate about teaching and learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven towards continuous improvement.

Families,

Please read for updates related to Northern Cass:

1. **Facing the Unknown:** [Great Article on the 'Unknown'](#)
2. **Family-Educator Conferences:** We will be hosting Family-Educator (Parent-Teacher) conferences on Monday, October 17th from 3:00-9:00 (in-person). We are transitioning to a one day event in the fall due to a significant number of educators who will be gone on Tuesday, October 18th for a professional learning opportunity. We will dismiss at 2:40 and buses will leave at 2:50. Further details will come soon.
3. **Choice Ready Video:** [Click Here.](#)
4. **Flu Shot Clinic:** Will coincide with Family/Educator conferences October 17th from 4:00-7:00.
 - *Flu shots will be available for ages 3 years old and up
 - *There will be a limited supply of the nasal vaccine available, please call the pharmacy directly if interested.
 - *Most insurances accepted, if you have Cigna insurance, please call your insurance company first to be sure you're covered.
 - *Medicaid ONLY accepted for those 18 and over.
 - *Uninsured cash price for the flu shot is \$40, senior (age 65+) flu shot is \$80 and the nasal vaccine is \$45. [Sign up here](#) Please call Arthur Drug at 701-967-8900 with any questions.
5. **PK Virtual Meeting for the 2023-24 School Year:** Northern Cass will be hosting a virtual meeting for families interested in our preschool program for the upcoming year via Zoom on **October 17th** at 6:00 p.m. You can connect by clicking on [PK Meeting](#).
6. **Positions Open** (email Cory.Steiner@northerncassschool.com):
 - a. Paraprofessional (one position)
 - b. Bus Drivers (multiple positions)
7. **Sports Pictures:** Check out what the Northern Cass Yearbook Staff has captured of our sporting events so far this year at <https://northerncassyearbook.smugmug.com/> Check back every Thursday to see galleries for recent events. Please note that pictures on the site will appear with a watermark on them, but if downloads are purchased, you will be downloading the image without the watermark.
8. **Level 2, 3 & 4 Musicians and Families:** Your learners are invited to sing the National Anthem and Jaguar School Song at two upcoming games: Friday, October 7th - Homecoming Football Game and Tuesday, October 11th - Varsity Volleyball Game. Please arrive at approximately 6:45pm. Learners should stay with their family until the group performs. These performances are optional to attend but we would love to have a large group there to sound our best!
9. **Calling All Local Businesses:** We are hosting a Career Fair in December for Levels 9-12. You are invited to come showcase your career, job, internship, and shadow opportunities. [Winter Career Fair](#)
10. **Board of Education:** What do I need to know about open meeting laws?
 - a. All school board meetings and all committee meetings of the school board are open to the public. All meetings must be open (NDCC 15.1-07-21); however,

portions of open meetings may be closed to address certain matters. Executive (or closed) sessions are only permitted for the following reasons:

- i. Nonrenewal and discharge procedures as covered in NDCC 15.1-15-06, 15.1-15-08, 15.1-14-06, and 15.1-14-10
 - ii. To instruct negotiators or meet with an attorney when the board may reasonably predict that it may be involved in litigation as permitted in NDCC 44-04-19.1.
 - iii. To discuss student educational records, including health and medical information contained therein in accordance with the Family Educational Records Privacy Act (FERPA)
 - iv. To consider suspension or expulsion of a student as permitted by FERPA and ND Attorney General's Opinion No. 94-28
 - v. To discuss employee medical records as outlined in NDCC 44-04-18.1
 - vi. When hiring to determine three or more finalist for a position as outlined in NDCC 44-04-18.27
 - b. Any time a school board is in executive session, a recording of the session is made and kept for possible review by the ND Attorney General.
 - c. All handouts and materials used by the Board in an open meeting are public documents.
 - d. All emails sent and received by school board members that deal with school business are a public record. This is the case even if you are using a private email account. It is advised not to have discussions about school business via email, text, phone, or in person with other board members outside of an open meeting.
11. **Compassion Fatigue:** We know your child's mental health can affect more than just your child. Are you emotionally and physically exhausted? When a parent or caregiver naturally supports someone going through a significant traumatic event, they can experience Compassion Fatigue. It is often referred to as "the cost of caring". The October Mental Health Newsletter focuses on Compassion Fatigue which outlines nine signs of compassion fatigue and provides suggested actions you can take to protect your own mind, body, and spirit. Your child's mental health is important and to continue to help your child, it is important that you are first taking time for your OWN mental health needs so you can be there for your child! [October Mental Health Newsletter](#)
12. **The Jaguar Wellness Pantry and Lunch Repack is Open!** If your child or family is in need - contact us at pantry@northerncassschool.com.
13. **We are currently in need of the following items in the Wellness Pantry:** Juice (apple & Capri Sun), fruit snacks, fruit cups, breakfast bars, granola Bars, beef jerky sticks, jelly, pasta sauce, canned vegetables, tampons, small kid shoes (early elementary sizes). Donations may be dropped off at school in the Wellness Pantry collection boxes located near the entrances.
14. **Level 6 Podcasts:** Last spring, Mrs. McPherson's Level 6 learners did community research and presented what they learned through podcasts. This week: [Our Final Argusville Pod](#).

Dr. Cory J. Steiner
Superintendent for Northern Cass School District