

* Whole grain bread, fruit and vegetable available daily

October

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>3 Waffle Bites, Fruit, Juice, Milk</p> <p>Corn Dog, French Fries, Salad Bar, Fresh Fruit, Milk</p>	<p>4 Long John w/Vanilla Icing, Fruit, Juice, Milk</p> <p>Meatballs in Gravy w/Mashed Potatoes, Salad Bar, Fruit, Milk</p>	<p>5 Pumpkin Choc Chip Muffin, Fruit, Juice, Milk</p> <p>Big Daddy's Pizza, Corn, Salad Bar, Fresh Fruit, Milk</p>	<p>6 Strawberry Pop Tart, Fruit, Juice, Milk</p> <p>Chicken Nuggets, Broccoli w/Cheese, Salad Bar, Fruit, Milk</p>	<p>7 Banana Bread, Fruit, Juice, Milk</p> <p>Spaghetti w/Meat Sauce, Breadsticks, Salad Bar, Fruit, Milk</p>	<p>8</p>
9	<p>10 Asst. Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Garlic French Bread, Green Beans, Salad Bar, Fresh Fruit, Milk</p>	<p>11 Apple Frudel, Fruit, Juice, Milk</p> <p>Walking Tacos, Toppings, Salad Bar, Fresh Fruit, Milk</p>	<p>12 Blueberry Muffin, Fruit, Juice, Milk</p> <p>Pizza Quesadilla, Corn, Salad Bar, Fresh Fruit, Milk</p>	<p>13 French Toast Bites, Fruit, Juice, Milk</p> <p>Popcorn Chicken, Mashed Potatoes, Salad Bar, Fruit, Milk</p>	<p>14 Cini Mini, Fruit, Juice, Milk</p> <p>Hamburgers, Tator Tots, Salad Bar, Fresh Fruit, Milk</p>	15
16	<p>17 Pumpkin Bread, Fruit, Juice, Milk</p> <p>Stuffed Cheese Sticks, Peas, Salad Bar, Fresh Fruit, Milk</p>	<p>18 Berry & Yogurt Parfait, Granola, Juice, Milk</p> <p>French Toast, Sausage, Hashbrown Patty, Salad Bar, Fruit, Milk</p>	<p>19 NO SCHOOL</p>	<p>20 NO SCHOOL</p>	<p>21 NO SCHOOL</p>	22
23	<p>24 Cinnamon Pop Tart, Yogurt, Fruit, Juice, Milk</p> <p>Chicken Fries, Mashed Potatoes, Salad Bar, Fresh Fruit, Milk</p>	<p>25 Chocolate Chip B-fast Bar, Fruit, Juice, Milk</p> <p>Tator Tot Hotdish, Green Beans, Salad Bar, Fresh Fruit, Milk</p>	<p>26 Apple Cinnamon Muffin, Fruit, Juice, Milk</p> <p>Pepperoni French Bread, Corn, Salad Bar, Fresh Fruit, Milk</p>	<p>27 Strawberry Bagel, Fruit, Juice, Milk</p> <p>Soup & Sandwich, Salad Bar, Fresh Fruit, Milk</p>	<p>28 Long John w/Choc Icing, Fruit, Juice, Milk</p> <p>Hot Dog, Mac & Cheese, Salad Bar, Fresh Fruit, Milk</p>	29
30	<p>31 HAPPY HALLOWEEN Blueberry Waffle Bites, Fruit, Juice, Milk</p> <p>Big Daddy's Pizza, Peas, Salad Bar, Fresh Fruit, Milk</p>					