

\* Whole grain bread, fruit and vegetable available daily

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			31 Blueberry Muffin, Fruit, Juice, Milk  Chicken Bacon Ranch Pasta, Peas, Salad Bar, Fresh Fruit, Milk	1 Assorted Cereal, Yogurt, Fruit, Juice, Milk  Stuffed Cheese Sticks w/Marinara, Broccoli w/Cheese, Salad Bar, Fresh Fruit, Milk	2 French Toast Bites, Fruit, Juice, Milk  Walking Tacos, Toppings, Salad Bar, Fresh Fruit, Milk	
	5  NO SCHOOL	6 Strawberry Pop Tart, Yogurt, Fruit, juice, Milk  Chicken & Waffles, Hashbrown Patty, Salad, Bar, Fresh Fruit, Milk	7 Long John w/Choc icing, Fruit, Juice, Milk  Hot Dogs, French Fries, Salad Bar, Fresh Fruit, Milk	8 Yogurt & Fruit Parfait, Granola, Juice, Milk  Chicken Parmesan w/Pasta, Breadstick, Salad Bar, Fresh Fruit, Milk	9 Banana Bread, Fruit, Juice, Milk  Sloppy Joes, Chips, Salad Bar, Fresh Fruit, Milk	
	12 Chocolate Chip Bfast Bar, Fruit, Juice, Milk  Pancakes, Sausage, Hashbrown Patty, Salad Bar, Fresh Fruit, Milk	13 Blueberry Waffle Bites, Fruit, Juice, Milk  Chicken Sticks, Broccoli w/Cheese, Salad Bar, Fresh Fruit, Milk	14 Cinnamon Streusel Muffin, Fruit, Juice, Milk  Pot Roast, Mashed Potato/Gravy, Salad Bar, Fresh Fruit, Milk	15 Bagel/Cream Cheese, Fruit, Juice, Milk  Hot Ham & Cheese, French Fries, Salad Bar, Fresh Fruit, Milk	16 Assorted Cereal, Yogurt, Fruit, Juice, Milk  Lasagna, Breadsticks, Salad Bar, Fresh Fruit, Milk	
	19  NO SCHOOL	20 Cinnamon Pop Tart, Yogurt, Fruit, Juice, Milk  Big Daddy's Pizza, Corn, Salad Bar, Fresh Fruit, Milk	21 Chocolate Chip Muffin, Fruit, Juice, Milk  Scalloped Potato/Ham, Green Beans, Salad Bar, Fresh Fruit, Milk	22 Apple Frudel, Fruit, Juice, Milk  Pulled Pork Sandwich, Tator Tots, Salad Bar, Fresh Fruit, Milk	23 Nutri Grain Bar, Yogurt, Fruit, Juice, Milk  Popcorn Chicken, Mashed Potatoes, Salad Bar, Fruit, Milk	
	26 Strawberry Bagel, Fruit, Juice, Milk  Pepperoni French Bread, Peas, Salad Bar, Fresh Fruit, Milk	27 Mini Clni, Fruit, Juice, Milk  Sweet & Sour Chicken, Fried Rice, Salad Bar, Fresh Fruit, Milk	28 Banana Muffin, Fruit Juice, Milk  Chili, Cinnamon Roll. Salad Bar, Fresh Fruit Milk	29 Assorted Cereal, Yogurt, Fruit, Juice, Milk  Chicken Patty/Bun, Sweet Potato Fries, Salad Bar, Fruit, Milk	30 French Toast Bites, Fruit, Juice, Milk  Egg Bake, French Toast Sticks, Salad Bar, Fresh Fruit, Milk	