NORTHERN CASS



16021 18th St. SE. Hunter, ND 58048

Phone: 701-874-2322 Fax: 701-874-2422 Website: www.northerncassschool.org Twitter: #NCSD97

Dr. Cory Steiner-Superintendent Crysta Schenck-Elementary Principal Doug Margerum-Secondary Principal Bryce Laxdal- Activities Director Sam Johnson- Dean of Learners Paige Carlson-Business Manager

SUMMER EVENTS

June 8- Open Library (9AM-1PM)

June 13- Board of Education Meeting (7:00AM)

June 13-16- Driver's Education (8AM-2PM)

June 14- School Board Elections (7AM-7PM)

June 15-16- Personalized Learning Institute

June 22- Open Library (9AM-1PM)

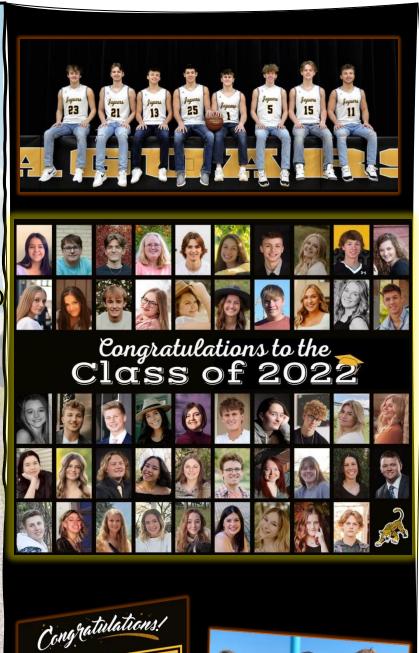
July 6- Open Library (9AM-1PM)

July 14- Board of Education Meeting (4PM)

July 20- Open Library (9AM-1PM)



https://www.northerncassschool.org/page/athletics-home



Senior Athletes of the Year

Dr. Steiner:

At Northern Cass, we believe every learner can change the world; therefore, we will provide a world class education. To be able to do this, we follow our Collective Commitments which guide the daily behavior of educators. These commitments are 'what' we do at Northern Cass. We are dedicated and passionate about relationships, teaching & learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven toward continuous improvement. Our Northern Cass values are we will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

A Few Things to Celebrate

- 1. Dual Credit Update
 - a. 23 Students registered for DC in the fall semester
 - b. 71 students registered for DC this spring semester
 - c. 75 credit hours were taken in the fall semester
 - d. 413 credit hours were taken this spring semester
 - e. Total cost \$42,065.60
 - f. Total savings \$98,478.40
- 2. On Friday, April 29th, the Board of Education held a special meeting. During this meeting, an ad hoc committee was created which will begin identifying an organization to engage in a formal climate/culture survey of all employees. This is viewed as an opportunity to evaluate the work we have been doing as a district as well as plan for a future which is filled with uncertainty due to the significant losses in educators leaving the field (on a national level). We will be sharing out the results when we receive our final reports (June).
- 3. Changes in Staffing for Next Year
 - **a.** Mrs. Beth Head will be transitioning to Level 8 middle school science (3 periods) and personalized learning coaching for the remainder of her day.
 - **b.** Mr. Christian Thompson will be transitioning to high school science.
 - **c.** Mr. Shawn Krinke will be transitioning to a Literacy Specialist with a focus at the secondary level. This is a grant-funded position.

Reflection

Over the course of the past few weeks, we have seen multiple suicides both locally and nationally. As many of you know, I lost my nephew to suicide this past fall. As I hear about these tragic events, I have learned something. Life is precious and each day must be lived accordingly. It is disappointing when it takes a tragedy for us to appreciate life. For this newsletter, I write about three lessons I learned. This is not profound or new. In all reality, the purpose is to remind you of why we are here...not here at Northern Cass, but here in general.

- 1. *Live for the present*. We must be thankful for where we are and not focus on where we were or where we hope to be. Please do not focus on areas where you have fallen short but realize you have done remarkable things. You have made a positive difference in the lives of many. Dwelling in the past and hoping for a better future accomplishes little. In a book study, educators discussed forgiving and forgetting the mistakes of others. Each participant agreed holding a grudge is never beneficial. It was said 'each day is a new beginning'. I agree. The sun comes up each morning and with that you have a chance to start over and live yet again in the present.
- 2. It really isn't that big of a deal. You have heard the saying 'don't sweat the small things'. I think it is okay to 'sweat' the small things. It is not okay to 'sweat' them into a big thing. How many little things do you allow to control your life? Have you ever gotten upset and allowed it to ruin the weekend? Was it worth it? Too often, we make mountains out of mole hills. We are too often reactive. In a previous newsletter, I shared the concept of WIN (What's Important Now). If we allow the little things to control us, we never truly focus on those things that make a difference. I'm willing to admit I do this too much. It affects my mood, but more importantly affects my effectiveness as a father, husband, and administrator. We can respect the little things but remember they are just that...little.
- 3. *Different is good*. In our society, too many attack different when we should embrace it. We see different as a flaw when it should be seen as an asset. We all bring a uniqueness to the world. This should be the focus. As a large team (and that is what we are), our unique skill sets give us the opportunity to be great. Where one of us is weak in an area, another is strong. Where one of us fails, another achieves. Embracing difference will allow us to grow as individuals.

My challenge for the summer is to self-reflect on these three lessons. If we can make these lessons a fundamental part of our lives, we will be successful...effective...and most importantly...happy.

Last Words: Advice from the Senior Class

For their social media Senior Spotlights, seniors were asked to give advice to underclassmen. Here is what they had to say.

ACADEMICS:

Senior year comes faster than you think, take challenging classes, and make memories.

Do as many college classes as possible.

Stay on top of your schoolwork and don't get behind.

Take your history classes freshman year.

DON'T DO ONLINE SCHOOL

Don't excessively stress about schoolwork or let it consume every aspect of your life. Try to take as many college credits as you can keep up with in high school because they are cheaper than when you're in college.

Work hard the first three years, so you can enjoy your senior year, and take a lot of dual credit courses.

Do a variety of classes to find what your interests would be. It is a lot easier to apply to colleges or find a job if you know what you like and dislike in advance.

Don't give up when school gets difficult. Always try your best.

Find something you like and get good at it.

Work for what you love and enjoy the little moments

STUDYING & HOMEWORK:

If you just get it done, it's not that bad, so don't procrastinate too much and talk with your educators.

Study hard, take advantage of opportunities, and enjoy every moment because four years go by fast.

Don't procrastinate in high school, there are so many opportunities for you to succeed that you should take. At the same time though, make sure you enjoy your experiences and don't leave with regrets.

Don't procrastinate like I did, haha. It's not gonna be good when you get up to being a senior. I fell behind a lot this year because I got so used to procrastination. Don't procrastinate... don't fall behind... and don't fall into the drama. It's not going to help you in the long run.

Take your time on doing stuff. It's better to do it the right way than to mess up trying to do it as fast as you can just to get it done.

Start looking for scholarships very early.

Do your best.

INVOLVEMENT:

Get involved in lots of different activities, take advantage of all the opportunities and experiences during high school.

You will have way more fun in life if you aren't afraid of going out of your comfort zone and trying new things, so don't let opportunities pass you by.

Have an open mind, step out of your comfort zone, and try every new thing life throws at you because you won't regret it!!!

Soak in every moment, the all nighters, early mornings, random Road Trips. These four years will fly by... and when it's over, you can't get it back.

Take advantage of all opportunities given to you!

SPEED OF LIGHT:

Don't procrastinate & take in every moment. It really does go by really fast.

Make sure to appreciate where you're at now, because these four years feel like almost no time has even passed.

Take it one day at a time; it goes a lot quicker than it seems.

Don't take anything for granted, time goes by fast.

Time goes by really fast, so don't procrastinate!!

Enjoy high school because life comes fast.

It goes by really fast; enjoy it while you can!

Don't take anything for granted, it flies by.

ENCOURAGEMENT:

Give yourself a break, you're achieving so much and it's important to take time for yourself.

Have fun with your friends and try to make a new memory every day.

Enjoy high school while you can, but don't be afraid of the future because there is so much for you to experience.

Try not to put too much pressure on yourself and try not to compare yourself to others.

Follow your dreams, go back to bed.

Welcome!



Middle School Educator

NATE MYERS is originally from Colfax, ND and graduated from Concordia College in the spring of 2020 with a degree in Elementary Education and a minor in Coaching. He spent the last two years as an assistant football coach at Concordia College and loves reading, problem solving, being outdoors and all things sports.



School Supply List for 2022-2023

6th GRADE:

- 1 Binder- Durable- View- 1 inch- White- Avery
- 1 Colored Pencils- Crayola- 24ct
- 2 Composition Book- Wide Ruled- Black- 100ct
- 1 Notebook-1 Sub.-Spiral-Wide-Asst-70 Ct- Mead
- 1 Eraser- Pink Pearl- Papermate- Large- 1 Pk
- 1 Folder- Plastic & Pocket- 3 Hole- Blue
- 1 Folder- Plastic & Pocket- 3 Hole- Green
- 1 Folder- Plastic & Pocket- 3 Hole- Orange
- 1 Folder- Plastic & Pocket- 3 Hole- Red
- 1 Folder- Plastic & Pocket- 3 Hole- YellowS
- 3 Glue- Elmers- Washable Stick- Purple- .21oz- 01 Pk
- 1 Highlighter- Yellow- Chisel- 1 Pk- Avery
- 1 Markers- Washable- Crayola- Assorted- 12ct- Thick
- 1 Pencil- Mechanical- BIC- Refill- 0.7mm- 30 Pack
- 1 Pencil- Mechanical- Papermate Sharpwriter- 0.7mm- 12 Pk
- 1 Pencil- Ticonderoga- Sharpened- No 2- 12 Pk
- 1 Pencil Pouch- Clear- 9 x 10.5- 3 Ring
- 1 Sharpie- Black- Ultra Fine Tip
- 1 Binder-Zipper- 2 Inch- 3 Pkt Exp File- Asst Color- Mead Five Star

7th & 8th GRADE:

- 1 Colored Pencils- Crayola- Twistables- 12ct
- 2 Composition Book- Wide Ruled- Black 100ct
- 1 Eraser- Magic Rub- White- 1Pk
- 1 Folder- Plastic Pocket & Prong- Blue
- 1 Folder- Plastic Pocket & Prong- Green
- 1 Folder- Plastic Pocket & Prong- Orange
- 1 Folder- Plastic Pocket & Prong- Purple
- 1 Folder- Plastic Pocket & Prong- Red
- 1 Folder- Plastic Pocket & Prong- White
- 1 Folder- Plastic Pocket & Prong- Yellow
- 2 Glue- Elmers- Washable Stick- Purple- .21oz- 01 Pk
- 1 Highlighter-Pen Style-Chisel-Clip-3 pack-Yellow, Blue, Pink
- 1 Markers- Washable- Crayola- Assorted- 12 Ct- Thick
- 1 Paper- Filler- College- 150 Ct.
- 1 Pencil- Mechanical- BIC- .7mm- 10 Pk
- 1 Pencil- Mechanical- BIC- Refill- .7mm- 30 Pack
- 1 Pencil- Ticonderoga- Sharpened- No 2- 12 Pk
- 1 Pencil Pouch- Clear- 9 x 10.5-3 Ring
- 1 Ruler- 12in/30cm- Plastic- Transparent
- 1 Scissors- Fiskar- 7 inch- Pointed
- 3 Sharpie- Black- Fine Tip

Other:

- 1 Calculator- TI-30Xiis
- 1 Binder- Durable- View- 1 inch- Blue- Avery

School Supply List for 2022-2023



PLEASE MARK EVERYTHING WITH YOUR CHILD'S NAME

PRESCHOOL

- 1- Composition Book- Wide Ruled- Black 100Ct
- 1- Crayons- Crayola- 24ct
- 2- Folders- Plastic Pocket & Prong- Red
- 2- Glue- Elmers- Washable School Bottle- 4oz
- 2- Markers- Washable- Crayola- Classic- 10ct- Thick
- 1- Pack Dixon Ticonderoga Pencils

Other:

- 1- Small beach towel/blanket
- 1- Complete change of clothes (labeled in a Ziploc bag)
- 1- Pair of gym shoes (velcro if unable to tie shoes-will be left at school)
- 1- Backpack
- 1- Paint shirt (an old t-shirt works great!)
- 1- Water bottle

KINDERGARTEN:

- 2- Crayons- Crayola- 8ct
- 1- Crayons- Crayola- 24ct
- 2- Eraser- Pink Pearl- Papermate- Large- 1pk
- 1- Folder- Plastic Pocket- Blue
- 1- Folder- Plastic Pocket- Green
- 1- Folder- Plastic Pocket-Red
- 3- Glue- Elmers- Washable Stick- Purple- 0.77oz
- 2- Markers- Washable- Crayola- Classic Colors- 10ct- Thick
- 12- Ticonderoga pencils-1 pack
- 1 School Box 5.6 in x 8.4 in x 2.5 in- Plastic- Assorted Colors Other:
- 1-Headphones (over the head)
- 1- Paint shirt
- 1- Pair of Gym shoes (velcro if unable to tie)
- 1- Backpack
- 1- Complete change of clothes (pants, shirt, underwear, socks)

FIRST GRADE:

- 1- Composition Book- Wide Ruled- Blue- 100ct
- 1- Crayons- Crayola- 24ct
- 1- Cups- Dixie- 5oz- 150ct
- 2- Glue- Elmers- Washable Stick- Purple- 0.77oz
- 2- Markers- Washable- Crayola- Classic- 10ct- Thick
- 2- Pencil- Ticonderoga- Sharpened- No 2- 12pk
- 1- Scissors- Fiskar- Kids- 5 inch- Pointed 2- Wipes- Disinfectant-Clorox- 70ct
- 1- Zipper Bags- Glad- Gallon- 20ct
- 1- Zipper Bags- Glad- Sandwich- 50ct

Other:

- 1- Paint Shirt
- 1- Pair of Gym Shoes
- 1- Backpack
- 1- Pair of Headphones

SECOND GRADE:

- 2- Crayons- Crayola- 24ct
- 1- Folder- Plastic & Pocket- Blue
- 1- Folder- Plastic & Pocket- Green
- 1- Folder- Plastic & Pocket- Red
- 1- Folder- Plastic & Pocket- Yellow
- 6- Glue- Elmers- Washable Stick- Purple- .21oz
- 2- Markers- Washable- Crayola- Classic Colors- 10ct- Thick
- 1- Notebook- 1 Sub- Spiral- Wide- Blue- 70ct- Mead
- 1-Notebook- 1 Sub- Spiral- Wide- Red- 70ct- Mead
- 2- Pencil- Ticonderoga- Sharpened- No 2- 12pk
- 1- Scissor- Fiskar- Kids- 5 inch- Pointed
- 1- Zipper Bags- Glad- Quart- 25count1- Wipes- Disinfectant- Clorox- 70ct
- 1- school box- 5.6 in x 8.4 in x 2.5 in-plastic-Asst. Colors

Other:

- 1- Pair of gym shoes
- 1- Backpack
- 1-Headphones

THIRD GRADE:

- 1- Crayons- Crayola- 24ct
- 1- Colored Pencils-Crayola-12 Ct
- 1- Markers- Washable- Crayola- Classic- 8ct
- 1- Pencil- Ticonderoga- Sharpened- No 2- 30ct
- 1-Dry Erase Markers-Expo-Pack of 4- Black, Low odor
- 2- Composition Book- Wide Ruled- Black- 100 Ct.
- 1- Divider- 5 Tab- Plastic 2 Pkt- Big Tab Insert-Multi Color-Avery
- 3- Folders- Plastic & Pocket- 3 Hole- Black
- 1- Avery-1 inch- Ring Binder- Heavy Duty- White with Clear Cover
- 18- Glue- Elmers- Washable Stick- Purple- 0.21oz
- 2- Glue-Bottle- Elmers- Washable- 4oz
- 2- Notebook- 1 Sub- Spiral- Wide- Red- 70ct- Mead
- 1- Ruler- 12in/30cm- Plastic- Transparent
- 1- Scissors- Fiskar- Kids- 5 inch- Pointed
- 1- Wipes- Disinfectant- Clorox- 70 Ct
- 1- Zipper Bags- Glad- Gallon- 25 Ct
- 1- Box of Kleenex

Other:

- 1- Backpack
- 1- Pair of Gym Shoes
- 1- Set of Headphones (please no ear buds)

FOURTH GRADE

- 1- Colored Pencils-Crayola-12 Ct
- 1- Markers- Washable- Crayola- Classic- 8ct
- 1- Composition Book- Wide Ruled- Black- 100 Ct.
- 1- Avery 1 inch Ring Binder- Heavy Duty with Clear Cover-White
- 1- Divider- 5 Tab- Plastic 2 Pkt- Big Tab Insert-Multi Color-Avery
- 1- Folder- Plastic & Pocket- 3 Hole- Black
- 6- Glue- Elmers- Washable Stick- Purple- .21oz
- 1-Dry Erase Markers-Expo-Pack of 4- Black, Low Odor-Chisel Tip
- 1- Glue-Bottle- Elmers- Washable- 4oz
- 1- Notebook- 1 Sub- Spiral- Wide- Green- 70ct- Mead
- 1- Notebook- 1 Sub- Spiral- Wide- Red- 70ct- Mead 1- Notebook- 1 Sub- Spiral- Wide- Yellow- 70ct- Mead
- 2- Pencil- Ticonderoga- Sharpened- No 2- 30 Count
- 1- Wipes- Disinfectant- Clorox- 70 Ct
- 1-Box of Kleenex

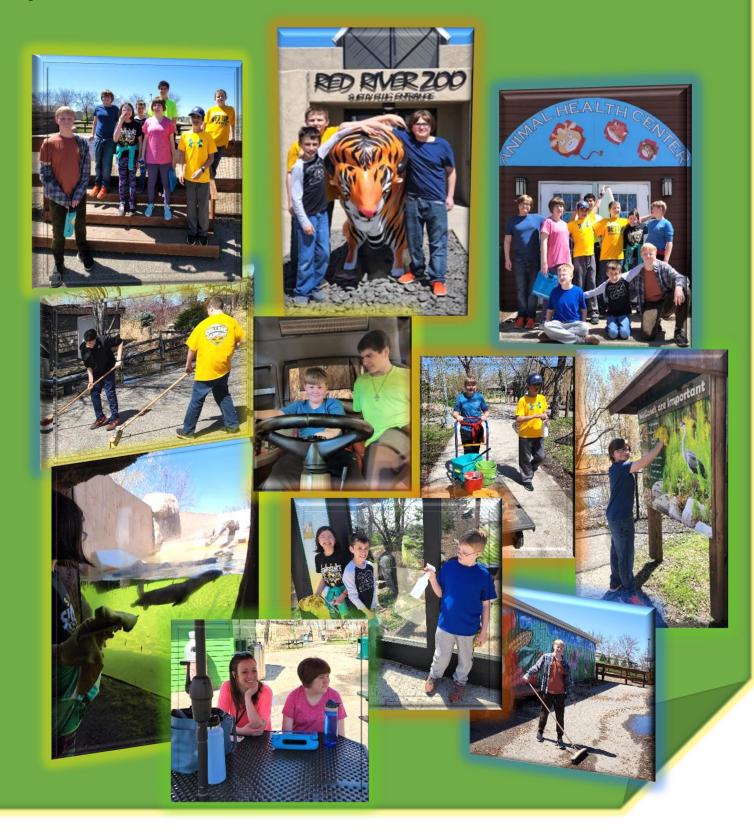
Other

- 1-Headphones (please no ear buds)
- 1-Backpack
- 1-Pair of Gym Shoes

FIFTH GRADE:

- 1- Binder- Zipper-2 inch
- 1- Divider- 5 Tab- Plastic & Pkt- Big Tab Insert- Multi Color- Avery
- 1- Folder- Plastic & Pocket- 3 Hole- Orange
- 1- Highlighter- 4 pack- Yellow, Pink, Blue, Green- Chisel- Avery
- 1- Notebook- 1 Sub- Spiral- Wide- Blue- 70ct- Mead
- 1- Notebook- 1 Sub- Spiral- Wide- Green- 70ct- Mead
- 1- Notebook- 1 Sub- Spiral- Wide- Red- 70ct- Mead
- 1- Notebook 1 Sub- Spiral- Wide- Yellow- 70ct- Mead
- 1- Notebook- 1 Sub- Spiral- Wide- Purple- 70ct- Mead
- 6- Glue- Elmers- Washable Stick- Purple- .21oz
- 2- Pencil- Ticonderoga- Sharpened- No 2- 12pk
- 1- Pencil Pouch- Five Star- 3 Ring- 3 Zipper Pockets- Asst. Color Other:
 - 1- Backpack
 - 1- Pair of Gym Shoes
 - 1-Headphones

A group of volunteers from Northern Cass helped clean up the Red River Zoo. They worked hard to sweep the sidewalks, pick up garbage along the fence line, wipe down the benches and signs, and clean the windows to the exhibits. After all their hard work, they were able to spend some time touring the zoo and seeing their favorite animals.



On April 23, four Northern Cass Destination Imagination teams presented their solutions virtually in the Minnesota-North Dakota Affiliate Tournament. Our second grade Rising Stars, The Cool Kids, took on the Early Learning Challenge, Monster Manners. Our "Technical Trio" of Level 4 learners created two vehicles that maneuvered through obstacles in the Technical Challenge, Daring Escape. Level 3 learners, Jazzy G, built a structure that could both roll down a ramp and hold weight for score in the Engineering Challenge, Roll With It. Our high school team, Breaking the Loop, changed up their habits and did the Improvisation Challenge, Festival Frenzy. All teams successfully completed their Instant Challenges and the tournament. We even had several DI Alumni return to their roots to appraise the Rising Stars challenges! (Once a DI kid, always a DI kid.) Breaking the Loop advanced to Global Finals in Kansas City, MO, on May 21-24.

While this year is done, we are looking to the future. The 2022-2023 Challenges have been released! For more information, check our Northern Cass Destination Imagination website..







Northern Cass Robotics Team is accepting team members!

Wanted: Builders, Creators,
& Team Players.
Learners entering
Grades 7-12 are eligible.
Season begins in late August.
Email Mrs. Howatt for information.

mary.howatt@northerncassschool.com



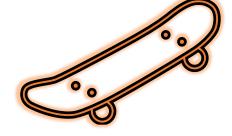
NURSE'S CORNER: Skateboards

Skateboards are very popular among children ages 5 to 14. Skateboards should never be used on surface streets. Even experienced skateboarders can fall, so learning how to fall safely can help reduce the risk of severe injuries. The following are recommendations on how to fall correctly:

- When losing your balance, crouch down on the skateboard so you have a shorter distance to fall.
- Try to land on fleshy parts of your body when falling.
- Try to roll as you fall, which prevents your arms from absorbing all the force.
- Try to relax, rather than remaining stiff when falling.

Other safety precautions to take when skateboarding include the following:

- Wear protective gear, such as helmets, padding for wrists, elbows and knees, and closed-toe and slipresistant shoes.
- Frequently check the skateboard for wear and tear.
- Only allow one person per skateboard.
- Do not hang onto bicycles, cars, or other vehicles while skateboarding.
- Carefully practice tricks in designated skateboarding areas.
- Avoid skateboarding in the street.





Presents

2nd Annual GOLF scramble scramble fundraiser 2022







AUG 11

THURS | 2022

\$75

5 | \$300

COTTONWOOD GOLF CLUB

CASSELTON, ND

REGISTRATION 12:00PM SHOTGUN START 12:30PM STEAK DINNER/AWARDS TO FOLLOW

Registration:

SCAN QR CODE TO REGISTER TEAM



Space is limited so don't delay!

for more info:



dellarsforschelars@northerncassschool.com

http://www.northerncass.dollarsforscholars.org/

NORTHERN CASS SCHOOL DISTRICT ANNUAL SCHOOL BOARD ELECTION

TUESDAY, JUNE 14, 2022 7:00 AM - 7:00 PM

POLLING SITES:

Northern Cass School Arthur, Erie, Gunkel Townships

City of Arthur

Empire, Amenia, Rush River Townships

Berlin and Harwood Townships

City of Argusvillle

Gardner and Wiser Townships

City of Gardner

Kinyon and Noble Townships

City of Grandin

Dows, Hunter and Bell Townships

City of Hunter

Mayville Armory Blanchard, Bohnsack, Elm River,

Greenfield and Kelso Townships

ABSENTEE BALLOTS: will be available May 5th through the Cass County Auditor by calling 241-5601.

EARLY VOTING: Cass County will also have Early Voting available at Northern Cass School on Monday, June 6th from 10:00 AM to 6:00 PM.

BOARD POSITIONS OPEN:

AREA #2 - 3 YEAR TERM (City of Arthur, Arthur Township)

AREA #3 - 3 YEAR TERM (City of Grandin, Elm River Township,

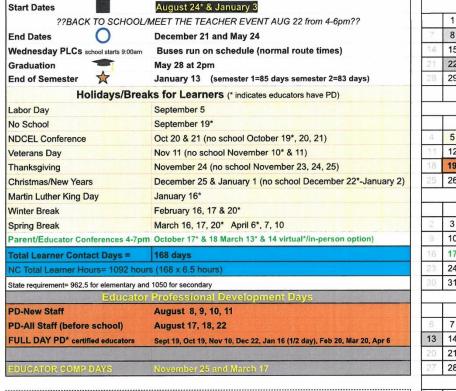
Kelso Township, Kinyon Township Sec.1-18,

Noble Township Sec.1-18)

AREA #7 - 3 YEAR TERM (At Large – rural seat – cannot reside in city of

Arthur, Hunter or Grandin)

Northern Cass School Calendar 2022-2023





August							learner contact days								learner contact day
	1	2	3	4	5	6									
7	8	9	10	11	12	13		4	2	3	4	5	6	7	
14	15	16	17	18	19	20		8	9	10	11	12	13	14	
21	22	23	24	25	26	27		15	16	17	18	19	20	21	
28	29	30	31					22	23	24	25	26	27	28	
							6 days	29	30	31					20 days
		Sep	teml	ber				February							
				1	2	3					1	2	3	4	
4	5	6	7	8	9	10		6	6	7	8	9	10	11	
11	12	13	14	15	16	17		12	13	14	15	16	17	18	
18	19	20	21	22	23	24		10	20	21	22	23	24	25	
25	26	27	28	29	30		20 days	26	27	28					17 days
October							March								
						1					1	2	3	2	
2	3	4	5	6	7	8		5	6	7	8	9	10	11	
9	10	11	12	12	14	15		12	13	14	15	16	17	18	
16	17	18	19	20	21	22		19	20	21	22	23	24	25	
23	24	25	26	27	28	29		26	27	28	29	30	31		20 days
30	31					18 days	April								
November													4		
		1	2	3	4	5		2	3	4	5	6	7	8	
6	7	8	9	10	11	12		0	10	11	12	13	14	15	
13	14	15	16	17	18	19		16	17	18	19	20	21	22	
20	21	22	23	24	25	26	17 days	23	24	25	26	27	28	29	
27	28	29	30					30							17 days
December								May							
				1	2	3			1	2	3	4	5	6	
4	5	6	7	8	9	10		7	8	9	10	11	12	13	
11	12	13	14	15	16	17		14	15	16	17	18	19	20	
18	19	20	21	22	23	24		21	22	23	24	25	26	27	
	26	27	28	29	30	31	15 days	28	29	30	31				18 days

2022 Learner Contact Days 76 days 2023 Learner Contact Days 92 days

