



ELEMENTARY NEWS

Calendar

October 8th

School Board Meeting

October 9th

NO SCHOOL for students

October 11th – 17th

National School Lunch Week

October 18th – 23rd

National School Bus Safety Week

October 22nd

School Board Meeting

October 30th

Elementary Early Release

November 1st

Daylight Savings Time Ends



New Drop Box

We have a new drop box on the exterior of the building. It is to the west of the main entrance. If you have any documents to drop off outside of our normal office hours, please deposit them in the drop box, which we will check the following school day.

School Counseling Corner

Hello Kendall students and families!

My goal as Kendall's School Counselor is to support the well-being of all students and families. The different kind of school year we are having results in some updates to Kendall's School Counseling Program. I am here for you and available for communication as much as possible. I will hold open **office hours** Monday through Thursday, 3-3:30pm. During those times, I can meet with students *individually* and/or families on a first come first serve basis, as well as by appointment at your request if that time doesn't work. You can find the link to my Zoom office by following the Kendall Staff Zoom link page on our school website.

Other ways to reach me include: By cell phone (360) 818-4353, or by leaving a message on my confidential Kendall office number (360) 617-4404, as I am able to access messages while

working from home. You can also email me at jbeckel@mtbaker.wednet.edu

I will also be starting **Lunch Bunch**. This will be a great opportunity for our students to connect and socialize with their peers in other classes and grades. Students can come once, or every week if they choose.

Here is the schedule (we meet in my Zoom Office):

Tuesdays @12pm: *1st through 3rd Grades*

Wednesdays @12pm: *4th through 6th Grades*

(I will be starting kindergarten Lunch Bunch in a few weeks)

In addition, your kids may have seen me in **class meetings**, where I work in coordination with your child(ren)'s classroom teacher to teach students about social/emotional subjects such as: Identifying and dealing with feelings, problem-solving skills, getting along with others and dealing with stress.

Feel free to reach out if you have any questions or want to talk to me.

Please take care and stay well,

Jane Beckel, Kendall School Counselor

PTA News

Kendall PTA is looking for a new garden coordinator.

What is a Garden Coordinator?

Kendall Garden Coordinator is a role within the Kendall PTA that supports food and garden education.

What are the duties of the Garden Coordinator?

The Garden Coordinator is responsible for maintaining the garden space for classroom education to take place, organize garden work parties, manage the garden systems (soil, compost, watering, plants, pests, etc.), work closely with Common Threads educators, and represent the garden at the PTA meetings.

If you are interested or would like more information please contact the Kendall PTA at kendallpta2015@gmail.com

PTA Membership

You can now Join PTA online! Go to

www.memberplanet.com/s/kendallpta/joinkendallpta

to join. All memberships are now \$10 each.

**Kendall Admin
(360) 383-2055**

Principal
Nick Perigo
nperigo@mtbaker.wednet.edu
Assistant Principal
Erica Rasmussen
erasmussen@mtbaker.wednet.edu

Secretaries
Karen Brown
Lindy Jewell
kendalsec@mtbaker.wednet.edu

**Kendall PTA Board
Officers**

Presidents
Cindy Johnson
Christine LoPresti

Vice President
Sasha Lewis

Treasurer
Raylene Colyer

Secretary
Victoria Anderson

We are here to help!

Counselor
Jane Beckel
360-617-4404
jbeckel@mtbaker.wednet.edu

Family Resource Specialist
MaryAnn Welch
360-617-4406
mwelch@mtbaker.wednet.edu

Language Line (Spanish and Russian)
360-383-2065
language@mtbaker.wednet.edu

Weekend Food Backpack

Wild Bird Charity Weekend Food Backpack program is continuing soon with the Reverse the Baker Bus Food program!

The weekend backpack program will provide a bag full of kid-friendly food for your child to take home and eat over the weekend. These bags will contain 2 dinners and snacks (as the Reverse the Bus program is already providing 7 breakfasts and 7 lunches daily).

Once school became remote last year, these bags were placed on the Mount Baker Food buses for families to ask for weekly. We hope to resume this program again in October.

If your Mount Baker student (k-12th grade) would like one of these bags, please contact Maryann Welch, Family Services Coordinator at 360-685-6777 or mwelch@mtbaker.wednet.edu to be added to the list to receive one.

Holiday Assistance

Although it is only October, there are already organizations in our community that are thinking ahead towards the holidays. A variety of community organizations and individual donors have offered to support families in the Mount Baker District this holiday season. If you are interested in

receiving holiday support this year, please fill out a Request for Holiday Assistance form located on the Mount Baker School District Website Homepage (in Spanish, English and Russian).

<https://www.mtbaker.wednet.edu/article/317994?org=mount-baker>

For more information please contact Maryann Welch, Family Services Coordinator at 360-685-6777 or mwelch@mtbaker.wednet.edu

Community Survey

The Whatcom County Health Department and the Mount Baker Community Coalition are collecting feedback from adults (ages 18 and older) who live or work in the Mount Baker School District service area about youth substance use, mental health, and related topics. Your feedback, which can be provided in about 10 minutes, is important in helping prioritize local funding, training opportunities and programming that serve youth and families in the community.

Directions: Click on the English or Spanish version of the survey, enter your responses, and Click 'done' when finished.

ONLINE SURVEY ENGLISH

<https://www.research.net/r/WHMTBAEN2020>

The Mount Baker School District does not discriminate on the basis of race, religion, creed, color, national origin, age, honorably-discharged veteran or military status, sex, sexual orientation, gender expression or identity, marital status, the presence of any sensory, mental or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs or activities and provides equal access to school facilities to the Boy Scouts of America and all other designated youth groups. District programs and activities will be free from sexual harassment. The following employee has been designated to handle questions and complaints of alleged discrimination: Mary Sewright, Superintendent. PO Box 95, Deming WA 98244 (360) 383-2000.

Kendall News Continued...

ONLINE SURVEY SPANISH

<https://es.research.net/r/WHMTBASP2020>

A hardcopy version is available by request to mbcoalition@wfcn.org. These can be printed, scanned and e-mailed to mbcoalition@wfcn.org. We want a broad perspective from the community, so please forward this to others. Thanks in advance for your participation and for sharing your voice!

Gratefully,

Wa'Lynn Sheridan,
Mt. Baker Community Coalition Coordinator
2303 Moore St. Bellingham, WA 98229

Joe Fuller | Program Specialist
Whatcom County Health Department
509 Girard St., Bellingham, WA 98225

Kristi Slette
Executive Director
Whatcom Family and Community Network
(360) 738-1196

Norms Campaign

We launched our first ever *Positive Social Norms Campaign: We Are Baker Strong!*, this Spring/Summer, 2020: The campaign uses data from the 2018 Washington State Healthy Youth Survey (conducted by WA Department of Health) & the 2019 Community Perceptions of Youth Substance Use Survey (conducted by WA HCA/DBHR), to highlight healthy behaviors already happening in community. Messages were selected by youth and parents and tested in focus groups of middle and high school students and adults. Furthermore, messages focus on life choices practiced by the majority of local youth & families. However, the community as a whole can be unaware of facts. Research tells us it is common for communities to have misconceptions about choices their fellow community members are making. Ensuring accurate perception is powerful. It is most powerful to focus on positive

behavior that is “normal” or “most common”, possible solutions & what we can create together.

One assumption in community can be that youth think it is okay for friends to consume alcohol and use substances, yet the HYS shows us that across grades 6, 8, 10 and 12, 82% or more of students actually think it's wrong for someone their age to use. This shows a misunderstanding in community about youth and their relationship with alcohol and substances. The main goals of our campaign are to eliminate these misconceptions and substitute them with the positive facts that inspire individuals to act in healthy ways. To see all of our messages, learn more about why these are important, and/or order a banner/yard sign visit wfcn.org/WeAreBakerStrong.

Between July and November, campaign yard signs and banners will be posted at schools, businesses and on private property. Our hope is this campaign will nurture a community that is more connected, takes pride in one another, and believes in the integrity and capacity of our youth. Our goal aims at a strong, positive culture that enables youth to thrive.

Wondering how to get connected and/or follow our work?

Contact our Coalition Coordinator, Wa'Lynn Sheridan @ mbcoalition@wfcn.org

Follow us or send a message on Facebook: facebook.com/MBCCommunityCoalition

