October 2020
Arthur School District K-8 Menu

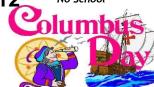**the tines** — refresh. refuel. relax.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Join us for **FREE** Meals both at school & for remote learners — This year, there is such a thing as FREE LUNCH and breakfast! For all students	**Every Tuesday is Taco Tuesday** ↓	**Grab n Go lunch is back on Wednesdays** — **Chocolate Muffin Yogurt & String Cheese**	**1** *Pick 1 Breakfast Item* *Apple Slices, Fruit Punch* A) Popcorn Chicken B) Cheeseburger on Bun *Fruits & Vegetables* Green Beans, Cauliflower, Apple Juice, Diced Pears	**2** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) Pepperoni Pizza B) Hot Dog on Bun *Fruits & Vegetables* Steamed Broccoli, Celery Sticks, Fruit Punch, Diced Peaches
5 *No School*	**6** *Pick 1 Breakfast Item* *Apple Slices, Orange Juice* A) Chicken Nuggets B) Softshell Taco *Fruits & Vegetables* Steamed Carrots, Cucumber Slices, Fruit Punch, Applesauce Cup	**7** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) BBQ Diced Chicken on Bun B) Grab N Go Lunch *Fruits & Vegetables* Baked Beans, Fresh Broccoli, Orange Juice, Fresh Orange	**8** *Pick 1 Breakfast Item* *Fresh Orange, Fruit Punch* A) Popcorn Chicken B) Cheeseburger on Bun *Fruits & Vegetables* Green Beans, Cauliflower, Apple Juice, Diced Pears	**9** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) Cheese Pizza B) Chicken Patty on Bun *Fruits & Vegetables* Steamed Broccoli, Celery Sticks, Fruit Punch, Diced Peaches
12 *No School* — Columbus Day	**13** *Pick 1 Breakfast Item* *Apple Slices, Orange Juice* A) Chicken Nuggets B) Walking Taco w/Dorito Chips *Fruits & Vegetables* Steamed Carrots, Cucumber Slices, Fruit Punch, Applesauce Cup	**14** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) BBQ Rib on Bun B) Grab N Go Lunch *Fruits & Vegetables* Baked Beans, Fresh Broccoli, Orange Juice, Fresh Orange	**15** *Pick 1 Breakfast Item* *Fresh Orange, Fruit Punch* A) Popcorn Chicken B) Cheeseburger on Bun *Fruits & Vegetables* Green Beans, Cauliflower, Apple Juice, Diced Pears	**16** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) Cheese Pizza B) Chicken Patty on Bun *Fruits & Vegetables* Steamed Broccoli, Celery Sticks, Fruit Punch, Diced Peaches
19 *Pick 1 Breakfast Item* *Raisins, Fruit Punch* A) Soft Pretzel & Cheese Sauce B) Chicken Patty on Bun *Fruits & Vegetables* French Fries, Baby Carrots, Apple Juice, Fruit Mix	**20** *Pick 1 Breakfast Item* *Apple Slices, Orange Juice* A) Chicken Nuggets B) Meat & Cheese Nachos *Fruits & Vegetables* Steamed Carrots, Cucumber Slices, Fruit Punch, Applesauce Cup	**21** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) Corndog B) Grab N Go Lunch *Fruits & Vegetables* Baked Beans, Fresh Broccoli, Orange Juice, Fresh Apple Slices	**22** *Pick 1 Breakfast Item* *Apple Slices, Fruit Punch* A) Popcorn Chicken B) Cheeseburger on Bun *Fruits & Vegetables* Green Beans, Cauliflower, Apple Juice, Diced Pears	**23** *No School*
26 *Pick 1 Breakfast Item* *Raisins, Fruit Punch* A) Corndog B) Chicken Patty on Bun *Fruits & Vegetables* Potato Smiles, Baby Carrots, Apple Juice, Fruit Mix	**27** *Pick 1 Breakfast Item* *Apple Slices, Orange Juice* A) Chicken Nuggets B) Walking Taco w/Dorito Chips *Fruits & Vegetables* Steamed Carrots, Cucumber Slices, Fruit Punch, Applesauce	**28** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) BBQ Rib on Bun B) Grab N Go Lunch *Fruits & Vegetables* Baked Beans, Fresh Broccoli, Orange Juice, Fresh Apple Slices	**29** *Pick 1 Breakfast Item* *Apple Slices, Fruit Punch* A) Popcorn Chicken B) Cheeseburger on Bun *Fruits & Vegetables* Green Beans, Cauliflower, Apple Juice, Diced Pears	**30** *Pick 1 Breakfast Item* *Applesauce Cup, Apple Juice* A) Cheese Pizza B) Chicken Patty on Bun *Fruits & Vegetables* Steamed Broccoli, Celery sticks, Fruit Punch, Diced Peaches

Special News...

Breakfast

Offered Daily

Pick 1
Choice of assorted cereal, assorted muffins, Pop tarts, assorted cereal bars, Scooby doo crackers, goldfish crackers, yogurt or string cheese.

Also Offered:
Fruit, 100% fruit juice and 1% White Milk or 1% Chocolate Milk

Lunch

Offered Daily
Fruit, 100% Fruit Juice, Fresh Vegetable, Steamed and 1% White Milk or 1% Chocolate Milk

Wednesday Grab n Go Lunch consists of: Muffin, Yogurt & String Cheese

Menus are subject to change without notice.

Milk or Juice available for $0.40

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