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**this issue**

Superintendent **P.1**

Principal **P.2**

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8TH Grade Legislature **P.7**

SUPERINTENDENT

Greetings to our students, families and staff!

The School District is excited to be serving students onsite again. Please be patient with us as we work out the kinks of providing in person instruction, online instruction, and do our very best to meet all of the guidelines that we must meet.

There are three major requirements for us to operate in person. I would encourage everyone to recognize that these are not local decisions, and no matter what individuals think of them, the Republic School District must comply (if we want to have in person learning in our buildings). The major requirements are: keep physical distancing to 6 feet when possible, everyone wears a face covering, and health screening of students and staff.

At this time, we have reached our capacity in most grade levels to be able to meet these requirements for in person learning. Unfortunately that means moving forward there will be very few options for online learners to return to the building without changes in the requirements or an increase in school staff. We are actively pursuing options to make that possible if needed, but there is no easy answer and there certainly will be no quick solution.

Many of our students have chosen to do a fully online program. This has been a logistical struggle for us so we greatly appreciate everyone being patient. We have made great progress lately but we do realize it was not an ideal start. We are doing the best we can to provide this service for all students that want to take advantage of it.

Our staff has worked extremely hard to prepare the building for in person learning AND provide a quality online option. We look forward to continue working with parents and families to provide the best education possible. I can't thank the staff, students, and community enough for being patient, flexible, and working together.

Sincerely,
Kevin Young
Superintendent



Adapting to Change

As we begin a new school year, students, families, and school staff are doing their best to adapt to the new changes created by COVID-19 restrictions and guidelines. RYAC is experiencing the same situation, and the changes have affected the way we hold our meetings and implement our strategies.

For example, our parent workshop, which is usually held once in the Fall and once in the Spring, will now have its Fall workshop postponed to January at the earliest. Our monthly coalition meetings can only host 10 people in-person, but we are providing remote access through Zoom.

No matter what changes we may face in the future, we will continue to do our best to provide education and opportunities that help youth succeed and remain drug and alcohol free. And we could use your help, so if you are interested in helping or have any questions, please do not hesitate to contact us!

Email:

coordinator@ryacoalition.org

[Facebook.com/RYACoalition](https://www.facebook.com/RYACoalition)

[RYACoalition.org](https://www.RYACoalition.org)

Hello Republic Families,

Welcome to the month of October and the new season of fall! We have had an amazing start to the school year, and we are excited to share with you some of the upcoming events scheduled for students in grades K-12. Students have done a great job wearing masks, social distancing and are very cooperative during health screenings in the morning. We are so happy to have students back in school and appreciate your support with the current health mandates in place. Below are some of the October events, it's going to be a busy month!

Picture day for all students is Wednesday, October 7, 2020. This photo shoot is for individual pictures. For students who are on-line, we have time scheduled for you between 12:00-1:30 (elementary) and 1:30-2:50 (middle/high school) for photos. Please let Amy (elementary) or Judy (middle/high school) in the offices know if you will be coming in for photos on that day. Please either send in the order form with your child indicating the number of photos to be purchased or register on-line at mylifetouch.com. Pictures will be taken in the elementary gym.

Due to COVID, we will be having an on-line book fair this year. Scholastic Book Fairs have reconfigured our fair so that families can order books on-line and the school will earn the same rewards and credits as they have in the past. Because of the success of past book fairs, every student in the elementary school will be *receiving* a free book from Scholastic. More information on the book fair will be sent in the next few weeks. A HUGE thank you to Stephanie Leverett for helping to organize this year's book event, we appreciate her and all of our wonderful volunteers.

We had our Associated Student Body (ASB) elections for high school last week. Congratulations to Trey Cromwell, President; Azalea Mendoza, Vice President; Riley Spurgeon, Treasurer; JilliAnn Lange, Secretary; and Cailey Lott, Publicity officer. Thank you to all of these amazing students and their hard work. You can view their videos on our School's Facebook page.

Elementary ASB elections will begin with packets going out on Wednesday October 14, 2020. The election is for students in third through sixth grade. Students will elect a President, Vice President, Secretary, Treasurer, and a Publicity Officer. Students who choose to run will create posters and campaign at lunch and recess. Candidates can also visit each class and give a short (1-2) minute speech on why they should be elected. Speeches and posters will be reviewed on October 20, speeches given on October 22, and the election/voting will take place on Oct 23. Please contact Dena Fletcher, our ASB secretary for more details. Good Luck All!

Fall sports practice has started. Girls Basketball and Cheerleading began practice on Monday, September 28. This year we will have a modified season for sports. Please stay tuned on updates for boys' basketball, girls' volleyball and other sports for the year. Please make sure your child has all current paper

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Creating a Stable Back-to-School Routine for Children

(Family Features) If there's one thing parents know, it's children thrive on routines. When it seems like everything is changing, routines can create stability.

"When children know what to expect, they don't feel powerless and out of control," said Rashelle Chase from KinderCare Learning Centers' education team. "Children like to plan just as much as adults do. When they know what will happen next, they can set their expectations."

Routines can also help children regulate their emotions - and avoid meltdowns or outbursts - because their days follow a pattern and are predictable. There's typically a sense of comfort in knowing what comes next.

Whether your child's back-to-school routine includes actually going to school or distance learning, consider these tips to help create a sense of stability.

Set a schedule

Talk with your child about his or her school day and how it will be different. Work together to come up with ways you can both ease into the new routine, whether your child is attending school part time, learning at home or going to a childcare center or program. Remember, little things can help create a sense of routine and stability. Even if your child is learning at home and could stay in pajamas all day, something as small as getting dressed in school clothes and brushing teeth before sitting down for lessons can signal it's time to study.

Be flexible

The things that make school fun - whatever that may be for your child - aren't at home. However, there are some things you can do at home, like eat a snack while studying or play with toys, that you cannot do at school that make learning more enjoyable. Be sure to build breaks into your child's day. Knowing there will be something fun after the next lesson can give your child something to look forward to and help him or her settle down to complete the task at hand. Plus, those breaks can be an opportunity for parents to get some work done, too.

Talk with your child and with his or her teachers: Perhaps those 30 minutes of

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BUS SAFETY

Please remember to drive slowly, and to be cautious of the cones that are placed in the school parking lot. Students are in and out of the lot at all times of the day, and it is especially congested during arrival and departure times with buses.



SPORTS

BASKETBALL - GIRLS

HS GYM

COACH DAN GRAHAM

Monday: 5:30-7:00 PM

Wednesday: 3:00-5:00 PM

Friday: 1:30-3:30 PM

CHEER

HS STAGE AREA

COACH SARAH VANSLYKE

Monday: 3:00-5:00 PM

Wednesday: 3:00-5:00 PM

Friday: 1:30-3:30 PM



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Tiger Tails Fruit	2 Pumpkin/Banana Bread Fruit
5 Mini Pancakes Fruit	6 Bagels & Cream Cheese Fruit	7 Soones Fruit	8 Cooks Surprise Fruit	9 Maple Bar Fruit
Teriyaki beef Dippers Veggies Fruit	Tuna Sandwich w/ Soup Veggies Fruit	Mac & Cheese w/ Mini Corndogs Veggies Fruit	Chicken & Gravy over Mashed Potatoes Veggies Fruit	Hot Dog Veggies Fruit
12 NO School	13 Muffin & Yogurt Fruit	14 Mini Cinnis/Mini Bagels Fruit	15 Scrambled eggs, potatoes & a biscuit Fruit	16 Mini Pancakes Fruit
19 Tiger Tails Fruit	20 Pumpkin/Banana Bread Fruit	21 Breakfast Sandwich Fruit	22 French Toast Fruit	23 Glazed Donut Fruit
Country Fried Steak Veggies Fruit	Taco's Veggies Fruit	Chicken Burger Veggies Fruit	Chicken & Rice Veggies Fruit	Mini Corndogs Veggies Fruit
26 Eggs & Biscuit Fruit	27 Bagel w/ cream cheese Fruit	28 Mini Pancakes Fruit	29 Oatmeal Bars Fruit	30 3 Maple Bar Fruit
Teriyaki Dippers Veggies Fruit	Frito Pie Veggies Fruit	Chicken Nuggets Veggies Fruit	Chicken & Waffles Veggies Fruit	Pizza Veggies Fruit

Milk is offered at every meal. Cereal is offered as an option at breakfast.

Breakfast is served from 7:30-8:00 AM

Grab & Go Breakfast is available from 8:00-8:30 AM



2020-2021 School Year

Republic School District Breakfast after the Bell

Research confirms that breakfast is the most important meal of the day for children's health, academic achievement, cognitive development and mental health. Lack of breakfast can be contributed to busy morning schedules, transportation schedules, or just not being hungry first thing in the morning.

How can the cafeteria in your child's school help your child to reach higher levels of achievement in math and reading, concentrate better, be more alert, retain more of what they learn, and participate in class? Provide a balanced breakfast that is at no cost to your students each morning.

Each day Republic School District offers breakfast before school. Each meal contains whole grain items, fresh fruit, and milk. For students that don't make it to school before the bell, Republic Elementary, Republic Middle School, and Republic High School are offering a "Grab and Go" menu after the bell in the morning. All students may eat breakfast for FREE. If your child eats prior to coming to school, they are still eligible to participate in the "Grab and Go" breakfast for FREE and eat the items as a mid-morning snack, which will help them concentrate until lunch.

If you struggle to provide snacks, or find your child struggles to make it from breakfast to lunch, this "Grab and Go" breakfast provides the convenience you need. Grab & Go will be served from 8:00-8:30 AM.

Principal continued from page 2

work and a current physical turned into the office. Your child's coach should contact you soon

All Elementary, Middle and High School students are beginning to dive into curriculum in ELA, Math, SS, Science, Shop, PE, and Music. We have new curriculums in all middle and high school content areas and new high school elective classes: Coding, Robotics, Media and a new Military and Sports History. Dave Heinen has received numerous grants to upgrade his welders and the virtual welders donated will be "live" soon. Please speak with your children daily about what they are working on in class, and what great new facts and knowledge they are learning.

Elementary students had a great week working on projects for the book The Dot by Peter H. Reynolds. Students had great fun wearing their polka dots on Dot Day and coloring paper plates and coffee filters to create the mural in the Multi-Purpose Room. Great fun and learning for all!

Students from Mrs. Torzewski 5th grade class have created a YoYo club. If you child would like to bring a YoYo to school and practice at recess, please know it is ok. We are working on YoYo zones and future competitions are being planned soon. We have ordered yoyo's and are waiting for our shipment to arrive.

STACC students (Students Taking Action for Community Change) are having a Wildfire Hygiene Drive competition Sept 28-Oct 2 for students in grades 7-12. Please support families who have recently been impacted by fires by donating any extra hygiene items; soap, shampoo, toilet paper, etc .The class that brings in the most items for the Drive will get a root beer float party hosted by STACC. Thank you students and Theresa Misner for all of your community support.

Students will be off on October 12, 2020 in recognition of Columbus Day.

All students will be participating in The Great Washington Shake Out (see attached letter) on October 15. This is one of our required safety drills/activities for the year. Teachers will have activities to prepare children for the drill and information on disaster preparedness.

Although we won't have Homecoming this month, ASB students are already planning some spirit week activities to look forward to.

Halloween parties will take place on Friday October, 30. We can't have as many volunteers this year due to COVID. Reminder however, we will have Valentines Day parties in February, and hopefully will have less restrictions than we have now.

Our last big school event for the month will be a Trunk or Treat sponsored by Mr. Cromwell Jr.'s 8th grade Leadership Class. Students can Trunk or Treat on Saturday between the hours of 3:00-4:30. Please have your child wear their favorite costume and visit us in the school parking lot for some Halloween candy.

Please let me know if you have any questions or need additional information on any of the above items. Thank you for your continued support of our amazing school!

We are: Tiger Pride, Republic Strong and most importantly, Success for All!

Most sincerely,

Carolann Gutierrez (Mrs. G)

Carolann Gutierrez (Mrs. G)
Principal
509-207-7376 (office)
509-740-7489
cgutierrez@republicsd.org

October 1, 2020

Carolann
Gutierrez (Mrs. G)

K-12 Principal
Republic Schools
509-740-7489

cgutierrez@republicsd.org

FOR MORE
INFORMATION ON
DISASTER
PREPAREDNESS
VISIT:

www.mil.wa.gov/preparedness

Dear Parent/Guardian,

The Great Washington ShakeOut is the state's largest earthquake and tsunami drill. During this drill, the entire school practices how to **drop, cover, and hold on**. Teaching our students and staff about earthquake safety helps ensure they know what to do to stay safe when the ground shakes.

Washington is earthquake country! Our school cares about your student's safety and we want to ensure that you and your household also know how to stay safe during an earthquake. Disasters can happen at any time and place, even at home, in the middle of the night, or during your commute. Discussing disaster preparedness at home as a family is important. You can be better prepared for disasters in 3 easy steps:

1. Know your hazards

- Learn about the natural hazards in your home area at www.dnr.wa.gov/geologyportal.
- Conduct a home hazard hunt to identify hazards in your home like unsecured furniture, fire hazards, and other potential issues using this [Guide to earthquake hazards in your home](#).
- Help your student learn about hazards through the activities included with this letter and found at <https://mil.wa.gov/shakeout>.

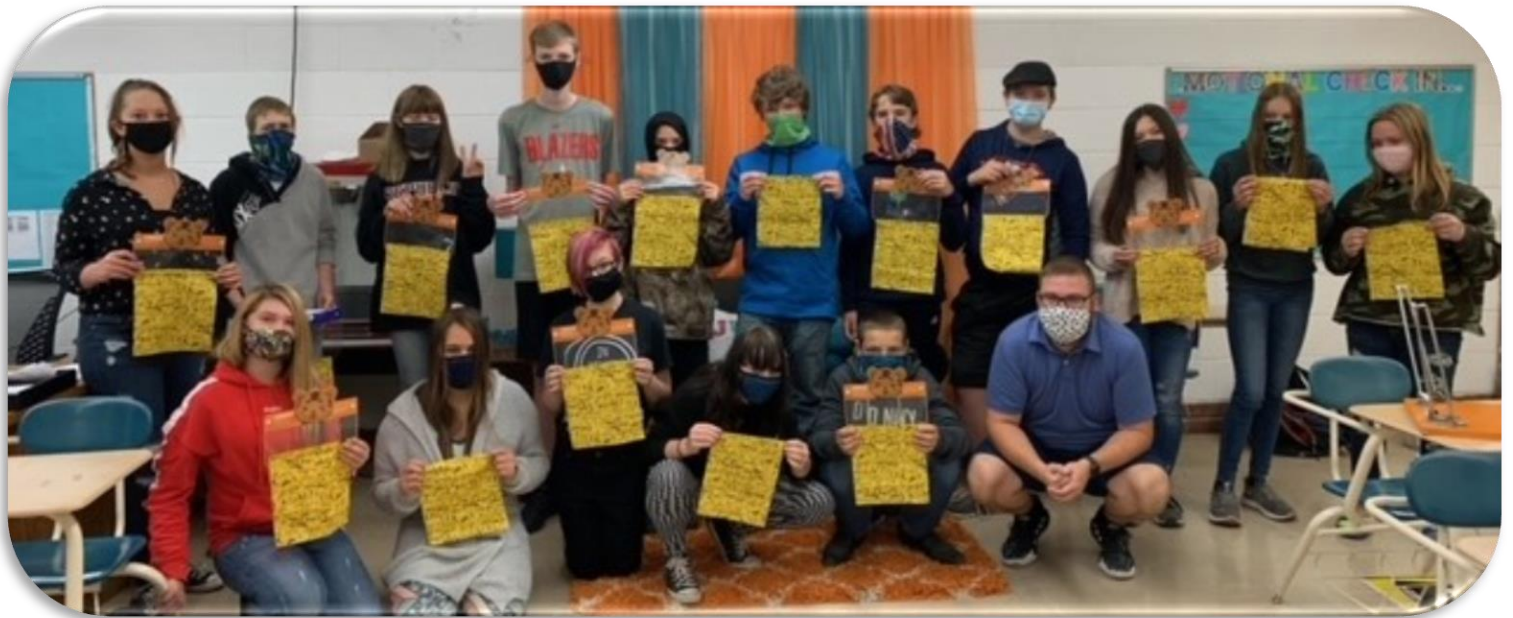
2. Have a plan

- Things to consider are how to pick up your student from school in a disaster, where your meeting place is to reunite with family if you cannot return home, and who your out-of-area contact person is.
- Practice drop, cover, and hold on! A classroom in Alaska executed these protective actions perfectly during their recent earthquake in November 2018. Find the video clip at <http://bit.ly/AlaskaSchool>.

3. Make kits

- Items to include are water, non-perishable food, light source, first aid kit, comfort item, and personal hygiene items.
- Start with small kits in vehicles, at work, and in your student's backpack.
- Continue storing supplies at home with the goal of being 2 weeks ready.

Please continue conversations at home with your student about disaster safety. Thank you for partnering with us to build resiliency in our school and keep our students safe! For more resources, please visit mil.wa.gov/preparedness



Drapes for Face Shields - 8th Grade Legislative

submitted and written by Jacob Lange

With the news of our governor, Jay Inslee, all people who wear face shields in public places must have a drape attached to their shield. In the uplifting news, The Eighth Grade Leadership Foundation has had the Idea of making these drapes for the students of Republic School so there's no need to worry. These drapes are made out of cloth and velcro, and are very easy to make. I would like to thank one of our local shops, Outfitters, owned by Arwen Woolley for donating the supplies we needed. If you wear a face shield and you want a drape, come up to Mr. Cromwell Jr's home room and the 8th grade leadership Foundation will put one on your shield. Thank you for your cooperation in this pandemic.

Front row L-R: Payton Booher, Tearrainy Spurgeon, Annie Taylor, Esther Edwards, Alex McKenzie, Mr. Brett Cromwell. Back row L_R: Keziah Undziakiewicz, Caiden Vickers, Hope Green, Lincoln Short, Timothy Cromwell, Kaydin Lembcke, Thatcher Noble, Jacob Lange, Jade Sigurdson, Evelyn Phillips, Luebecca Brandon-Turner.

Creating a stable, ontinued from page 3

reading don't have to be done midmorning when your child is restless. Instead, maybe your family could do 30 minutes of reading before bed when your child is calmer.

Talk it out

Nearly everyone is experiencing strong emotions right now whether it's in reaction to an abnormal start to the school year or other factors that impact daily life. The difference is adults can contextualize a situation and adjust their reactions. Children haven't yet mastered those skills, so they react based on whatever nugget of information they have.

Home is a safe place for most children, which means they know they can express their feelings freely. That may mean slamming laptops or books down in frustration, yelling or using hurtful words. Your child might be upset because he or she doesn't understand the schoolwork or might be afraid for safety or the safety of loved ones during these uncertain times. Talk with your child about his or her feelings and work together to find healthy ways to express those emotions, like taking three deep breaths or using a physical activity to vent, instead of keeping those feelings pent-up inside.

Difference and change don't have to mean chaos and uncertainty. With a bit of thought and a stable routine, parents can help their children have an enjoyable, productive school year. Find more tips for creating stable routines for children at kindercare.com.

PLEASE CHECK OUT OUR WEBSITE FOR UPCOMING EVENTS!

Check website for updated news and information.

You will find many resources including an up-to-date calendar of school activities and sports events, parent, student, and district information – just to name a few.

Upcoming Events

- **SCHOOL BOARD MEETINGS**
Wednesday, October 28, 2020
Wednesday, November 18, 2020
Wednesday, December 16, 2020
Wednesday, January 27, 2021
- ❖ **New Board Room Location:**
'Old' High School Library
- **Work Session starts at 6:00 PM**
- **Meeting starts at 6:30 PM**



L-R: Trey Cromwell, President; Azalea Mendoza, Vice President; Cailey Lott, Publicity Officer; JilliAnn Lange, Secretary; Riley Spurgeon, Treasurer.

Photo courtesy Dena Fletcher

2020-2021 RHS ASB

REPUBLIC SCHOOL DISTRICT #309 Issue 01 OCTOBER 2020



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Republic WA 99166

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509-775-3173

**REMINDER: NO SCHOOL
MONDAY, OCTOBER 12, 2020**