

OCTOBER | 2020

Columbia K-6th Grade Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 Cocoa Puffs Cereal Bar Juice Milk	29 Banana Bread Applesauce Milk	30 Cereal Juice Milk	1 Chocolate Donuts Banana Milk	2 Cinnamon Roll Craisins Milk
5 Cinnamon Toast Crunch Cereal Bar Juice Milk	6 Double Chocolate Bar Apple Slices Milk	7 Chocolate Pop-Tart Juice Milk	8 Powdered Donuts Banana Milk	9 Whole Grain Muffin Raisins Milk
12 Trix Cereal Bar Juice Milk	13 Cocoa Bread Applesauce Milk	14 Cereal Juice Milk	15 Chocolate Donuts Banana Milk	16 Cinnamon Roll Craisins Milk
19 No School	20 Granola Bar Apple Slices Milk	21 Strawberry Pop-Tart Juice Milk	22 Powdered Donuts Banana Milk	23 Whole Grain Muffin Raisins Milk
26 Cinnamon Toast Crunch Cereal Bar Juice Milk	27 Banana Bread Applesauce Milk	28 Cereal Juice Milk	29 Chocolate Donuts Banana Milk	30 Cinnamon Roll Craisins Milk

Breakfast is provided in the classroom. Breakfast and lunch are currently offered to all students free of charge.



Breakfast is a very important meal!
A good breakfast fuels you up and gets you ready for the day.
In general, kids that eat breakfast have more energy, do better in school, and eat healthier throughout the day.