

OCTOBER 2020

Elementary & Middle School Menu

Breakfast items served daily include hot entrée listed or choice of cereal or pop tart and 100% fruit juice and fruit cup. Milk choices include 1% white and 1% chocolate.

Monday Tuesday Wednesday Thursday Friday



Breakfast 5
Pancake Sausage on Stick
Applesauce Cup

Lunch
Breaded Pork Chop / Hot Roll
Turkey Pepperoni Stuffed Sandwich
Whipped Cream Potatoes
Steamed Broccoli & Cheese
Pineapple

Breakfast 12
Honey Bun
Diced Pears

Lunch
Popcorn Chicken
Hot Dog / Bun
Macaroni & Cheese
Black-eyed Peas
Fresh Carrot Sticks / Fruit Cocktail

Breakfast 19
Chicken & Biscuit
Pineapple

Lunch
Country Fried Steak / Peppered Gravy
Munchable
Oven Ready Okra
Cheesy Scalloped Potatoes
Hot Roll / Diced Pears

Breakfast 26
Cheese Omelet & Muffin
Banana

Lunch
Popcorn Chicken
Hot Dog / Bun
Macaroni & Cheese
Black-eyed Peas
Pears

Breakfast 6
French Toast Sticks w/Syrup
Diced Pears

Lunch
Soft Shell Ground Beef Taco
Grilled Chicken Fajita Wrap
Sweet Golden Corn
Refried Beans
Cheese / Salsa / Sour Cream
Fruit Jell-O

Breakfast 13
Sausage & Biscuit
Pineapple

Lunch
Salisbury Steak / Gravy / Roll
Munchable
Whipped Cream Potatoes
English Peas
Diced Pears

Breakfast 20
Pancake Sausage Sandwich
Fresh Apple Slices

Lunch
Italian Beef Rotini / Garlic Toast
Cheese Pinwheel
Carrot Sticks
Seasoned Green Beans
Baked Apple Crisp

Breakfast 27
Breakfast Pizza
Diced Pears

Lunch
Poppy Seed Chicken / Hot Roll
Hot Ham & Cheese on Bun
Whipped Cream Potatoes
Steamed Broccoli & Cheese
Fruit Cocktail

Breakfast 7
Cheese Omelet & Muffin
Mandarin Oranges

Lunch
Mozzarella Cheese Bites / Marinara
Hot Ham & Cheese on Bun
Sidewinder Fries
Seasoned Green Beans
Peach Slices

Breakfast 14
Mini Cream Cheese Bagel
Fresh Apple Slices

Lunch
Crispy Chicken Sandwich
Corn dog
Seasoned Curly Fries
Baked Beans
Cheese / Pickles / Peaches

Breakfast 21
Mini Pancakes w/Syrup
Mandarin Oranges

Lunch
Breaded Chicken Drumstick / Roll
Hot Ham & Cheese on Bun
Whipped Cream Potatoes
English Peas
Fruit Jell-O

Breakfast 28
Sausage & Biscuit
Pineapple

Lunch
Beef & Cheese Nachos
Grilled Chicken Wrap
Sweet Golden Corn
Pinto Beans
Salsa / Sour Cream / Peaches

Breakfast 1
Chicken & Biscuit
Peaches

Lunch
Polo Loco Chicken / Queso
Beef Burrito
Mexican Fiesta Rice
Pinto Beans
Salsa / Sour Cream
Diced Pears



Breakfast 15
Bacon & Biscuit
Peaches

Lunch
Meatball Sub / Hoagie
Hot Ham & Cheese on Bun
Roasted Rosemary Potatoes
Seasoned Green Beans
Applesauce Cup

Breakfast 22
Breakfast Taco
Diced Pears

Lunch
Grilled Chicken Fajita Wrap
Beef Burrito
Chips & Salsa
Pinto Beans
Queso / Mandarin Oranges

Breakfast 29
French Toast Sticks w/Syrup
Applesauce Cup

Lunch
Philly Chicken & Cheese Hoagie
Munchable
Seasoned Green Beans
Cheesy Scalloped Potatoes
Pineapple

Breakfast 2
Apple Stuffed Breadstick
Juice

Lunch
Stuffed Crust Pizza
Sweet Golden Corn
Baked Potato Rounds
Fresh Apple Slices
Chocolate Chip Cookie



Breakfast 16
Banana Bread
Juice

Lunch
Mini Corndogs
Baked Potato Rounds
Mixed Side Salad / Ranch
Fresh Apple Slices
Rice Krispie Treat

Breakfast 23
Mini Donuts
Juice

Lunch
Pizza Crunchers / Marinara
Sweet Golden Corn
Mixed Side Salad
Applesauce cup
Chocolate chip cookie

Breakfast 30
Mini Cinni
Juice

Lunch
Corn dog
Potato Rounds
Carrot Sticks / Ranch
Apple Slices
Rice Krispie Treat

Digital Learning students may call in daily by 8:30am to request a meal for pick-up. Friday deliveries will continue through October 16th. To secure a Friday meal, parents must complete the Friday Meal Service online link each Thursday by noon. You may request a delivery or pick-up for the Friday meals. For questions regarding meal services, contact your child's school cafeteria manager. This institution is an equal opportunity provider.

